Blue Hills Community Health Alliance CHNA 20

September 2017 Newsletter

Greetings!

JOIN US FOR THE CHNA 20 FALL GENERAL MEETING

Friday, October 6th, 2017 | 9:30 - 11:30AM South Shore YMCA | 79 Coddington St, Quincy

Behavioral Health:

Addressing Stigma, Trauma, and Cultural Competency

Presentation, Panel Discussion and RFA Release

<u>Keynote Speaker</u> **Michael W. Morrissey**, Norfolk District Attorney

<u>Panelists</u>

Sue Chandler, Executive Director, DOVE
Daurice Cox, CEO, Bay State Community Services
Antony Sheehan, President/CEO, South Shore Mental Health

Click here to RSVP to the Fall General Meeting

CHNA 20 GRANTEE HIGHLIGHTS

During the 2016/2017 CHNA 20 Community Grant cycle, 10 distinct projects were funded. Upcoming newsletters will highlight the work of each project. This month we feature the *Path to Healthy Living in Randolph*, a program of the Randolph Board of Health and the *Multilingual Access and Navigation Capacity Project*, a program of Quincy Asian Resources, Inc. Both projects focused on reducing health inequities in the community by increasing agency capacity to serve populations and improving client access to services.

The Path to Healthy Living in Randolph project focuses on providing cultural and linguistic assistance to Vietnamese and Haitian Randolph residents with diabetes. The goal of the project is to increase self-management skills and reduce hospital stays. The project is an expansion of the Community Health Worker program established in Randolph in 2015. Community Health Workers assess and refer patients identified at risk from BID Milton Hospital to resources that promote wellness and decrease chronic disease. Decreases in hospital stays and visits were reported by 30 percent of the patients identified and treated through the program. The Randolph BoH will have an opportunity to build on the successes of this project with additional funding from the CHNA 20 Partnership Grant program.

Quincy Asian Resources, Inc. (QARI) expanded the capacity and impact of their Multilingual Access and Navigation services by hiring a new AmeriCorps New American Integration Program (NAIP) member. With additional capacity, QARI was able to offer partner organizations on-site training for staff, allowing staff to come into direct contact with experts on several subject areas so they could in turn provide better services to clients. Topics included improving access to healthcare, access to housing, and access to healthy food. The project served 686 clients over the grant period.

QARI has successfully hired two more NAIP members for FY18 in order to continue expanding this important work to connect clients with resources and reduce health disparities in the Asian

community

orring.

For more information about these funded projects, please visit our website www.chna20.org and click on the News and Updates page.

New CHNA 7 and CHNA 20 Collaboration Advisory Committee Update

Funding from Steward Norwood Hospital provides CHNAs 7 and 20 an opportunity to collaborate on a new program to address prevention and treatment of chronic disease with a focus on behavioral health in youth and overall wellness.

A multi-sector joint Advisory Committee, made-up of community partners from the Steward Norwood Hospital, CHNA 7 and CHNA 20 catchment areas, has been created to guide the process of allocating project funds to the community. The Advisory Committee will begin to meet on September 26th at Norwood Hospital. Meetings will include development of a new Request for Application (RFA)

Release of the new granting opportunity is anticipated mid-November.

More information will be available later this fall.

CHNA Collaboration Advisory Committee Members

Dawn Alcott, Medfield High School/Board of Health
Joanne Barrows, Norfolk Sheriff's Office
Sara Becker, Sharon Substance Prevention Resource Coalition
Marykate Bergen, Hockomock Area YMCA
Ken Berkowitz, Canton Police Department
Lisa Braude, BID Milton Hospital Integrated Care
Denise Carbone, Norfolk DA's Office, Crime Prevention Unit
Jill Driscoll, Norwood Public Schools
Maria Gonzalez, Health Care For All

Kim Kelley, Norwood Hospital

Margaret Lutz, Norwood Hospital
Kerri McCarthy, Norwood Senior Center
Leandra McLean, Walpole Health Department
Sheila Miller, Sharon Public Health Department
Sigalle Reiss, Norwood Health Department
Edna Smith, CHNA 7 MetroWest

Welcome CHNA 20 Community Health Specialist Ashley Stockwell

Some of you have already had the pleasure of meeting Ashley, our newest CHNA 20 staff member. Ashley has strong experience in prevention, health promotion and planning.

Most recently Ashley worked as a Public Health Prevention Specialist for Worcester Department of Public Health. She managed day-to-day operations for the Academic Health Collaborative and engaged diverse stakeholders to design, implement and evaluate student/faculty public health projects. Prior to her work in Worcester, Ashley was a Community Outreach Specialist with the Prevention and Wellness Trust Fund (PWTF). In this capacity she worked closely with several CHNA 20 community partners to lead smoke-free housing efforts in the region.

In her new role as CHNA 20 Community Health Specialist,

Ashley will manage day-to-day operations of the coalition and collaborate with the CHNA 20 Steering Committee, project consultants and community partner agencies to ensure proper implementation of coalition activities and programs.

Ashley holds an MPH from Boston University and BA from Brown University.

She lives in Quincy, MA.

Ashley will also be at our upcoming Fall General Meeting on October 6 in Quincy. A

good way for you to welcome her aboard!

COMMUNITY ANNOUNCEMENTS

7th Annual Prevention of Underage Drinking and Substance Use Conference

Tuesday, September 26th, 2017
Lombardo's | 6 Billings St, Randolph, MA 02368
Registration from 7:30-8 AM
Program runs from 8 AM-2 PM, networking lunch included



This is a free program sponsored by South Shore Health System's Youth Health Connection program with generous funding from the Plymouth County District Attorney's Office

Content to include:

- Community education and prevention strategies, with a focus on marijuana
- Through Our Eyes-Youth Lens Panel
- Marijuana Use in Adolescents: an Overview of Concerns
- Teen breakout session presented by Dover Youth 2 Youth
- Evidence-based panel presentation
- and more!

To reserve seats, complete the registration form at:

http://files.constantcontact.com/0035e09e101/ac28401a-e360-4227-905c-46973fb16836.pdf and send to Jean_Kelly@sshosp.org, fax 781-792-4206 or call 781-624-7423

101-024-1423.

Mental Health First Aid (MHFA) Training

A collaboration of CHNA 20 and the Plymouth County Suicide Prevention Coalition

Thursday, November 2nd, 2017 Free Full-day Training 8 AM- 4 PM

Registration and Location Coming Soon

For more information contact Kym Williams kwilliams@baystatecs.org



Massachusetts Public Health Association's (MPHA) 2017 Annual Meeting & Expo

Wednesday, November 29th, 2017 | 8:30am DCU Center | 50 Foster St. Worcester, MA





Can Health Care Treat Inequity?

Organizing for a Health System that Tackles Social Determinants

"This high-profile networking and educational event will bring together more than 350 public health professionals, students and activists from across the state for a lively and insightful dialogue about how we can seize the opportunity to create a health care system that promotes healthier communities.

The meeting will feature a panel of national and state leaders who are leading the way in shaping health care transformation by focusing specifically on the social determinants of health. With massive changes to health care delivery and financing taking place right now in Massachusetts and nationally, we will explore together how the public health community can influence our health system to meaningfully address non-medical barriers to health in Massachusetts."

Confirmed Speakers:

- Monica Bharel, Massachusetts Department of Public Health
- Thea James, Boston Medical Center
- James Hester, Population Health Systems
- John E. McDonough, Harvard T.H. Chan School of Public Health
- Nancy E. Norman, Massachusetts Behavioral Health Partnership

Register Now!

Positive Community Norms Training

Optimizing Community Health through Transformational Leadership

Easton Wings of Hope and Stoughton OASIS are pleased to present Dr. Jeff Linkenbach, Ed.D, Director and Chief Research Scientist of the Montana Institute for a two-day seminar on the Science of the Positive and Positive Community

Norms.

OCTOBER 16 AND 17 2 day exclusive event Easton, MA

This program is for parents, community leaders, elected officials, public safety, clergy, teachers, civic organizations, coaches and everyone that affects community change.

Science of the Positive

Positive Community Norms was developed to help communities achieve measurable transformation while helping individuals and organizations improve their leadership potential. Dr. Linkenbach and the Montana Institute have helped many communities change the conversation around substance abuse and other critical topics resulting in measurable changes.

Dr. Linkenbach's clients include: The Office of National Drug Control Policy, Centers for Disease Control, American Medical Association, and many other State and Federal agencies.

Monday and Tuesday October 16 and 17 9am-4pm Holy Cross Parish Center 225 Purchase Street, Easton

Click for More Information and registration

COMMUNITY RESOURCES

Randolph Health and Wellness Resource Manuals

Created by the Randolph Board of Health, the Health and Wellness Resource Manuals include contact information and descriptions for organizations that address the following:

Substance Use | Mental Health | Children and Family Services | Dental Care | Hospitals and Community Health Centers | Nutrition/Fitness | Primary Care Providers | Vision/Eye Care | Randolph MA Town Departments | Immigrant Services

Manuals are available in <u>English</u>, <u>Haitian</u>, and <u>Vietnamese</u>, and are available on the resources page of the CHNA 20 website.

Vaping: Not Just another Harmless Fad

Did you know that vaping by teens has increased in Massachusetts? Almost 24% of high-school students in Massachusetts report using e-cigarettes. These products are sweet, cheap, and easy to get, and youth are getting hooked at alarming rates. For more about how to prevent teens from becoming hooked on nicotine, visit <u>GetOutraged.org</u>.

Larissa Swenson, Program Coordinator Greater Boston Tobacco Free Community Partnership Iswenson@baystatecs.org

A Free Dental Screening Clinic for Senior Citizens

Held in Walpole

Saturday, October 21st from 8:45 a.m. to 1:00 p.m.
Walpole Council on Aging,
135 School Street in Walpole.

To schedule your free appointment at the screening, call the Walpole Council on Aging at (508) 668-3330.

Appointments are open to any older adult, age 60 or over, from any town.

TAKE ACTION

Funding for Community Health Centers at Risk Your Voice is Important

This month, health center funding is at stake.

It is critical that every health center board member, employee, patient, and supporter take action and GET LOUD.

We must demand Congress take action this month to fix the health center funding cliff and protect the vital services they provide to 27 million patients.

This week, call both of your Senators and your Representative in Congress, demanding action on the cliff. Make the health center voice impossible to ignore.

Call your Members of Congress at 1-(866) 456-3949. Click here for a script. The next national call-in day is Monday, September 25.

Ask your Representative to co-sponsor HR 3770, the CHIME Act, extending health center funding for 5 years.

Thank your Senators who signed the Blunt-Stabenow letter and ask them to take additional action to fix the Health Center Funding Cliff

For more Information click here

Thank You to Our Funders!









We believe the path to sustainable change for the health of our communities lies in multi-sector, collaborative, interdisciplinary efforts that address the roots of health disparities. Serving the towns of Braintree, Canton, Cohasset, Hingham, Hull, Milton, Norwell, Norwood, Quincy, Randolph, Scituate, Sharon, and Weymouth.

Some readers see this part of your email after the subject line in the inbox. Write something brief and catchy, compelling them to open the email.

Blue Hills Community Health Network Alliance (CHNA 20) | chna20@baystatecs.org | www.chna20.org