

## **DEVOTIONAL QUESTIONS:**

- 1. Before we begin this week's devotional journey, write down a highlight from the past week that you are celebrating.
- 2. When are you most vulnerable to speaking negatively about people and/or circumstances?
- 3. What will you do to guard yourself in these vulnerable moments and use your words to build up, encourage and support others?
- 4. Words towards others is important, but also important are the words you tell yourself. Identify 2-3 ways you will speak kindly and encourage yourself this week.
- 5. How does your Jesus-given identity influence your talking, your tone, and your motivation when sharing with others?

NE	EXT STEPS:
1.	Pastor Lance shared 4 areas where we can grow so that our words are like Jesus. Which one do you relate to the most?
2.	What will you do this week to grow in the area you identified in question 1?
3.	Ephesians 4:29 contrasted "corrupt" words with "edifying" words. In what ways will you use edifying language at work and/or with friends this week?
*S/	MART GOALS:
a.	Specific - Can you state specifically what you are doing?
b.	Measurable - How can we measure this goal so we will know when you have reached it?
c.	Attainable - Is it within your capabilities and does it depend on you?
d.	Relevant - Do you care enough about this goal to make it a priority?
e.	Time Specific - It has a deadline.
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