inside self

| | Q1: Who are you? | |
|---|---|--|
| Understand your true and authentic self, and discover your core values. | 1. 2. 3. | |
| | Q2: What makes you stand out? | |
| Identify your interests, talents, and passions, and learn how they connect you to others. | 1. 2. 3. | |
| | Q3 : What are you good at? | |
| Know your strengths and weaknesses, so you can present tangible skills to an employer. List your strengths. | Attributes 1. 2. 3. Software Skills 1. 2. 3. | Design Skills 1. 2. 3. Experiences 1. 2. 3. |
| | Q4 : Where are you going? | |
| Visualize your life's dream, and plan how to get there. | Vision | Mission 1. 2. 3. |

values

| Acceptance | Dynamism | Ingenuity | Results |
|----------------|--------------------|-----------------|-----------------|
| Accomplishment | Efficiency | Innovation | Risk-aversion |
| Action | Empathy | Insightful | Risk-taking |
| Achievement | Energy | Intelligence | Sacrifice |
| Adventure | Enthusiasm | Intuition | |
| | | | Safety |
| Altruism | Entrepreneurship | Joy | Security |
| Ambition | Equality | Leadership | Self-awareness |
| Appearance | Excellence | Legacy | Selflessness |
| Authenticity | Excitement | Listening | Sensuality |
| Autonomy | Expertise | Love | Service |
| Balance | Expressiveness | Logic | Sharing |
| Beauty | Fairness | Loyalty | Simplicity |
| Belonging | Faith | Mastery | Spirituality |
| Calmness | Family | Obedience | Spontaneity |
| Capability | Fidelity | Openness | Stability |
| Carefulness | Financial security | Order | Status |
| Caring | Fitness | Patience | Strength |
| Challenge | Focus | Patriotism | Structure |
| Commitment | Freedom | Peace | Success |
| Community | Friendships | Perfection | Support-giving |
| Compassion | Fun | Perseverance | Teamwork |
| Competence | Generosity | Positivity | Thoughtfulness |
| Consistency | Goodness | Power | Timeliness |
| Control | Grace | Practicality | Tradition |
| Cooperation | Growth | Preparedness | Tolerance |
| Courage | Happiness | Principles | Trustworthiness |
| Creativity | Hard Work | Professionalism | Understanding |
| Credibility | Harmony | Purpose | Uniqueness |
| Curiosity | Health | Quality | Unity |
| Decisiveness | Helpfulness | Recognition | Usefulness |
| Dependability | Honesty | Reliability | Vision |
| Determination | Humility | Religion | Vitality |
| Discipline | Imagination | Resourcefulness | Volunteering |
| Discretion | Inclusiveness | Responsibility | Wisdom |
| Diversity | Independence | Respect | Work |
| - | • | • | |

strengths and weaknesses

| Attril | outes | Desigr | n Skills |
|-----------|------------|-----------|------------|
| Strengths | Weaknesses | Strengths | Weaknesses |
| Softwa | re Skills | Exper | iences |
| Strengths | Weaknesses | Strengths | Weaknesses |

outside self

What words come to mind when you think of me?

List up to 12 qualities or characteristics that best describe my values, behavior, and personal style.

| What am I good at? | | |
|--|--------------|------------|
| What skills am I good at (strengths) and which ones do I lack (weaknesses)? List up to 3 words/phrases for each. | Strengths 1. | Weaknesses |
| TOT EGGT. | 2. | 2. |
| | 3. | 3. |
| | | |

What animal best describes me, and why?

Animals come in a variety of types and temperaments. What kind of animal would I be?

What color best describes me, and why?

Colors have meaning. What color(s) best represent me?

PERSONAL BRAND SELF-ASSESSMENT ANALYSIS

inside self + outside self

| COMMOI | NALITIES |
|--------|----------|
| | |
| | |
| | |
| DIFFER | RENCES |
| You | Others |
| | |
| | |
| | |
| INSIC | GHTS |
| | |
| | |
| | |



| | TARGET AUDIENCE (Where you want to work) |
|----|--|
| | Field of interest: |
| | Type of company: |
| | Company location: |
| | Company size: |
| | Type of job: |
| | VALUE PROPOSITION (What you can offer the target audience) |
| 1. | |
| 2. | |
| 3. | |
| 4. | |
| 5. | |
| | BRAND STATEMENT (What your brand stands for) |
| | |
| | |
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| | |
| | |
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| | BRAND PROMISE (Your unique differentiating proposition) |
| | |
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| | |
| | BRAND CHARACTERISTICS (Qualities that best describe you) |
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