LUNCH 2016/2017

Penn Hall School

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 Pork Sausage in a Bun Quorn Hot Dog Oven Baked Diced Potatoes, Garden Peas, Sweetcorn Iced Apple Sponge	Roast Turkey Cheese & Potato Pie with Baked Beans Mashed Potatoes, Sliced Carrots, Cabbage Strawberry/Chocolate Mousse Cake	Spaghetti Bolognaise Vegetarian Meatballs in Tomato & Basil Sauce Whole Wheat Pasta, Green Beans, Cauliflower Jam Tart	Roast Chicken Jacket Potato, Cheese & Beans Creamed Potatoes, Sliced Carrots, Cabbage Jumble Jelly with Seasonal Fruit & Ice Cream	Battered Fish Meat Free Sausage Roll Chips, Peas, Coleslaw Chocolate & Vanilla Cookie
WEEK 2 Gluten-Free Bubble Coated Fish Jacket Potato, Cheese & Beans Oven Baked Diced Potatoes, Baton Carrots, Sweetcorn Boston Brownie	Chicken Casserole Macaroni Cheese Mashed Potatoes, Cauliflower, Garden Peas Ice Fruit Sponge	Ham & Pineapple Pizza Vegetarian Bolognaise Potato Wedges, Whole Wheat Pasta, Sliced Carrots, Green Beans Crispy Cornflake Cake	Roast Turkey Homemade Cheese & Leek Slice Mashed & Dry Roast Potatoes, Broccoli, Roast Parsnips Shortbread	All Day Breakfast Brunch Vegetarian Breakfast Brunch Hash Brown Bites, Baked Beans, Sweetcorn Belgian Waffle with Berries & Ice Cream
WEEK 3 Salmon Pasta Parcels in Homemade Tomato Sauce Stuffed Crust Cheese & Tomato Pizza Creamed Potatoes, Garden Peas, Cauliflower Chocolate Sponge with Chocolate Sauce	Roast Pork Meat Free Pasty Roast Potatoes, Cabbage, Sliced Carrots American Style Pancake with Seasonal Fruit & Ice Cream	Great British Beef Grill in a Bun Country Bake in a Bun Oven Baked Fries, Baked Beans, Sweetcorn Alien Crunch	Roast Chicken Vegetarian Meatballs in Gravy Creamed Potatoes/Noodles, Broccoli, Baton Carrots Fruity Mousse Sundae	Fish fingers with Parsley or Tomato Sauce, Homemade Cheese & Onion Whirl Potato Wedges, Peas & Sweetcorn Cheesecake

Available daily – Water, Semi-skimmed Milk, Seasonal Fruit Salad, Crudités, Bags of Raisins, Custard, Gravy & Bread

Please note we use seasonal fruits and vegetables where possible

Week 1 – 5/09, 26/09, 17/10, 14/11, 5/12, 9/01, 30/01, 27/02, 20/3, 24/4, 15/05, 12/06, 3/07, 24/07

Week 2 – 12/09, 3/10, 31/10, 21/11, 12/12, 16/01, 6/02, 6/03, 27/3, 1/05, 22/05, 19/06, 10/07,

Week 3 – 19/09, 10/10, 7/11, 28/11, 2/01, 23/01, 13/02, 13/03, 3/04, 8/05, 5/06, 26/06, 17/07

School Information:

Dinner Money is £2.15 per day = £10.75 per week