

## **SHARING**

Hymns (What we're praising God for):

Lessons (What God is teaching us):

Requests (What we're asking God to do):

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## **REFLECTION QUESTIONS**

Read the passage (Exodus 15:22-27) and answer the following questions:

1. What stands out most and why?
  2. What does the passage reveal to us about God?
  3. What does the passage reveal to us about ourselves?
  4. What are the immediate application points?
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## **DEEPER DISCUSSION**

1. Are you a grumbler? Why do you think it's hard to be grateful sometimes?
2. When things don't go as expected/planned in your life, what is your first response? Why?
3. Share about a time in your life where God used a season or circumstance of bitterness to bring about His purposes and ultimately unforeseen blessing in your life?
4. How can we change our perspective from grumbling, fear and discontentment to that of gratitude and contentment?
5. How do our experiences with bitterness help grow our confidence in God as our Healer?
6. Pastor Matt used the class snake from his childhood as an analogy for how quickly our minds can be reset. Why do you think we are so quick to forget God's faithfulness, just like the children of Israel? What can we do about that?