MHUCC at Long Beach
Mental Health Urgent Care Center

6060 Paramount Blvd.
Long Beach, CA 90805
562-790-1860 main
562-790-1867 fax
SUPPORTED RECOVERY

When people are experiencing mental health crises and need help, they can come to the Mental Health Urgent Care Center at Long Beach (MHUCC). MHUCC is a voluntary program and not a hospital. As a consumer-focused program, its goals are to provide immediate relief to people in distress and to help them maintain stability in their lives. MHUCC is designed to help people avoid involuntary hospitalization, psych ER visits, and incarceration.

Operated by Telecare Corporation, under contract with the Los Angeles Department of Mental Health, the MHUCC is a family and provider-friendly program. It is not an emergency room or private hospital.

ABOUT THE PROGRAM

- Helps people cope with crisis while avoiding unnecessary psychiatric hospitalization.
- Assists people to gain skills to manage their conditions and crises more effectively.
- Engages with follow-up care and community supports.

RECOVERY MODEL

Telecare has created a recovery-centered experience for people served. Programs and staff strive to create an environment where a person can choose to recover. By connecting to each individual’s core self and trusting it to guide the way, it is possible to awaken the desire to embark on the recovery journey.
STAFFING

MHUCC hosts a multidisciplinary team of clinicians, psychiatry, and nursing staff.

SERVICES INCLUDE (BUT ARE NOT LIMITED TO)

- Access to psychiatrists, nurses, social workers, and other clinical staff
- Medication evaluation and services
- Development of service/recovery plan
- Linkage and referral to services including assistance with obtaining entitlements, community housing, community treatment resources, and referral to appropriate medical services

WHO IS SERVED

- Adult residents of Long Beach, California or surrounding areas, ages 18+.
- Persons diagnosed with serious mental illness who are experiencing a mental health crisis, and who may have a co-occurring substance abuse disorder.
- We do not admit individuals who are having a medical emergency or are a danger to themselves or others. These individuals are better served in a hospital emergency department.

REFERRALS

- For more information about referring an individual, please call 562-790-1860.
ABOUT TELECARE
Telecare is a family and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations. We currently provide services in California, Texas, Oregon, North Carolina, Nebraska, Washington as well as other states, and have more than 2,600 employees.

TELECARE’S MISSION
Telecare’s mission is to deliver and manage excellent services and systems of care for persons with serious mental illness.

OUR STATEMENT OF PURPOSE
We exist to help people with mental impairments realize their full potential.

CONTACT INFORMATION
562-790-1860
562-790-1867 fax

HOURS
Monday - Friday: 8 a.m. - 7 p.m.