The Stanislaus County Crisis Stabilization Unit (CSU) is an unlocked crisis unit. It is a safe, welcoming, recovery-focused place for people who are experiencing a mental health crisis and need support to regain stability. The goal of CSU is to help adults experiencing a mental health crisis receive the support they need to return to the community and reduce the risk of hospitalization.

- Open 24 hours a day, 7 days a week
- Length of stay is up to 23 hours
- Serves adults age 18+
- Able to serve four (4) adults at any time
- Individuals are referred through the Community Emergency Response Team (CERT)

Contact
209-558-4600 Main Referral Line

Address
1904 Richland Ave, Building C2
Ceres, CA 95307

The Stanislaus CSU is located on the same campus as the Stanislaus Recovery Center and the Psychiatric Health Facility, co-located with the Community Emergency Response Team (CERT).
About Stanislaus County Crisis Stabilization Unit (CSU)

At the Stanislaus County Crisis Stabilization Unit (CSU), we are here to help you find relief from distress and assist you in maintaining stability in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to help you cope with crisis and gain skills to deal with your challenges more effectively. We have a multidisciplinary team of clinicians, psychiatric prescribers, nursing staff, and peer specialists who are all here to help you on your path.

Stanislaus CSU Services

The CSU offers a variety of services that can help you get the support you need so you can go home within 24 hours or access other appropriate services that meet your needs. Services include:

- Assessment and evaluation
- Support, counseling, and coping skill development
- Medication assessment (as needed)
- Available to order medications (short-term only) based on medication assessment
- Referrals to appropriate services
- Education regarding symptoms and symptom management

What to Expect at the CSU

Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to resolve your current crisis in ways that support your goals and instill hopefulness.

Our Culture is based on respect, recovery, and results. We believe in non-judgement and celebrate individual uniqueness. We care about fostering a supportive program setting of problem-solving and skill development to enable individuals to meet their goals.

Our Staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our Goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey and to create the life you want for yourself.

Accessing CSU Services

If you or a family member needs emergency mental health services, please go to any local medical hospital, emergency room, doctor’s behavioral health center, or the Community Emergency Response Team (CERT) office located at 1904 Richland Ave., Ceres, CA 94507. You can also contact the CERT office by calling 209-558-4600.

You will be evaluated by a CERT staff to determine needs and eligibility for services.

- If the crisis is serious but has the potential to resolve within 24 hours with appropriate support and counseling, CERT may refer for admission to the CSU.
- If the crisis warrants the need for inpatient services, CERT staff will arrange for admission to an inpatient psychiatric facility.