



Mental Health Urgent Care—Perris

At the Mental Health Urgent Care (MHUC) program in Perris, CA, we are here to help you find relief from distress and assist you in maintaining stability in your life.

We believe recovery starts from within and that our job is to do whatever it takes to help you cope with crisis and gain skills to deal with your challenges more effectively. Our voluntary, 12-chair facility includes a full staff of clinicians, psychiatric prescribers, nursing staff, and peer specialists who are all here to help you on your path.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to resolve your current crisis in ways that support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationship we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

—Patricia Deegan, PhD, founder of CommonGround



CONTACT

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OFFICE HOURS

Open 24-hours, 7 days per week
Length of stay is up to 24 hours



Services at MHUC

The MHUC program offers a variety of services that can help you get the support you need so you can go home within 24 hours or access other appropriate services that meet your needs. Services include:

- Access to psychiatric providers, nurses, social workers, and other clinical staff
- Psychiatric assessment
- Medication evaluation and service
- Development of crisis and recovery plans
- Linkage and referral to community treatment resources including medical services

Accessing CSU Services

- Referrals can come from the county's mobile crisis teams, local hospital emergency departments, emergency treatment services, law enforcement, faith-based organizations, family, and friends
- Walk-ins are welcomed and encouraged

Admission Criteria

- Adults aged 18 and older
- Persons diagnosed with a mental illness who are experiencing a mental health crisis and who may also have a co-occurring substance use disorder
- Residents of Mid-County region: Hemet, San Jacinto, Perris, Lake Elsinore, Temecula, Murrieta, Menifee, Romoland, Wildamar and surrounding unincorporated areas

Our Story

The CSU was created to offer adults suffering mental health crisis a safe, structured place to get effective assessment and support outside of the emergency room environment.

The CSU's support system includes county teams providing crisis assessments and triage in community hospital emergency departments as well in response to requests from law enforcement.

We hope to prevent unnecessary hospitalizations and help people get back to their community with appropriate support within 24 hours or less.