



Lagos CRT

Crisis Residential Treatment

At the Lagos Crisis Residential Treatment (CRT) program, we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our 16-bed facility includes a full team of nurses, a psychiatrist, peer specialists, and recovery specialists providing support 24 hours a day.

Our services emphasize choice-making skills and harm-reduction techniques. Staff work with you within your cultural dynamic in building independence and self-responsibility in order to nurture your recovery and successfully transition you home or to less restrictive community settings.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationship we develop so we can maintain a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

Services are available 24/7



Services at Lagos CRT

Services at Lagos CRT include, but are not limited to:

- Behavioral health needs screening
- Individual and group therapy
- Motivational Interviewing
- Symptom reduction counseling
- Support and educational services for participants and family members
- 24/7 on-call staff response as needed
- Community integration support
- Skill-building and wellness classes
- Linkage to community resources, such as medical and mental health care, substance use services, housing and vocational resources, MediCal and food stamp assistance, and referral to primary care

Becoming a Resident

Referrals are coordinated by the Riverside University Health System-Behavioral Health (RUHS-BH) Assessment and Consultation Team, or other designees.

Admission Criteria

- Residents of Riverside County, ages 18-59.
- Persons diagnosed with a mental illness who are experiencing a mental health crisis, and who may have a co-occurring substance use disorder.

Peer-Based Services

Telecare firmly believes that people with lived experience of serious mental illness serve as a powerful resource for modeling and facilitating recovery. At Lagos, peer support positions are included on all shifts and make up 50% or more of the full-time employee headcount.

Peer support staff have insights into the experience of stigma, are living examples of consumer empowerment, and have a unique ability to support residents to feel less alone.