



La Casa PHF

Psychiatric Health Facility

At the La Casa Psychiatric Health Facility, we provide intensive mental health and psychiatric treatment services in a safe, welcoming, and respectful environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support you need on the journey to recovery in a comfortable, structured environment. Our 16-bed facility includes wraparound support from a multidisciplinary staff who constantly engage with those we serve to maintain a safe environment.

Our services emphasize choice-making skills and harm-reduction techniques. Our intent is to ensure that you receive immediate assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Upon arrival, a diverse clinical team will conduct an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners in recovery, and are there for you throughout the journey toward recovery.

Our goal is to be a place that helps you thrive. We want each person to be the leader of their own recovery journey, and to create the life they envision.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

24 hours a day, 7 days a week



Services at La Casa PHF

- Collaborative treatment planning with a recovery focus
- Comprehensive evaluation and risk assessment
- Symptom management skills training
- Crisis planning and prevention
- Supportive counseling (group and individual)
- Medication administration
- Medication education and training
- Independent living skills training
- Discharge planning, including linkage with community supports and services

Accessing Services

- Clients are referred to us through emergency services providers. We accept referrals 24 hours a day, 7 days a week.
- We cannot accept walk-ins.

Admission Criteria

Adults, ages 18 and older, who are diagnosed with a serious mental illness.

Exclusion Criteria

We cannot accept individuals who:

- Have complex medical problems that cannot be treated on an outpatient basis
- Have a primary diagnosis of drug or alcohol abuse, or an eating disorder
- Are on a criminal justice hold

Our Story

Telecare's acute programs provide a safe, therapeutic, secure environment for people experiencing a mental health emergency. Our programs are staffed by multidisciplinary teams that provide assessments and assist with symptom reduction, medication services, and discharge planning, as well as related resources and support development. Along with being licensed by the state, a number of Telecare's inpatient acute facilities are Joint Commission accredited and Medicare-certified.