### About Telecare

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations. We currently provide services in multiple states and have more than 4,000 employees.

## Hours of Operation

Monday - Friday: 8 a.m. to 5 p.m. 24/7 crisis services available

# **Contact Information**

121 Downey Ave. Modesto, CA 95354 209-341-1824 Main 209-523-1296 Fax

# Telecare Behavioral Health Services Team

Assertive Community Treatment (ACT) Full Service Partnership (FSP)



121 Downey Ave. Modesto, CA 95354



Telecare Corporation | Respect. Recovery. Results. | www.telecarecorp.com



These programs operate under contract with the Stanislaus County Department of Mental Health and are funded by the Mental Health Services Act (MHSA) and Stanislaus County Behavioral Health and Recovery Services (BHRS).

# What to Expect

### Supported Recovery

At Telecare Behavioral Health Services Team (BHST), you have the opportunity to connect with a group of people who are here to be your support team. We believe that recovery is a deeply personal experience and will do whatever it takes to support your journey during your time with us.

Our program is staffed with a multidisciplinary team to assist you. This includes a psychiatrist, nurse, master's prepared clinician, case managers, housing specialists, employment specialists, and family peer support specialists with experience in substance use recovery, housing, employment, and mental health support.

Our services are individualized to meet your needs and hope for recovery. We also partner with and connect you to a variety of community services and resources wherever needed.

When you work with us, you can expect the following:

- **Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.
- Our culture is based on respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can maintain a supportive program setting.
- **Our goal** is to be a place where recovery can thrive, and you feel empowered to create the life you want for yourself.

#### Who is Served

- Residents of Stanislaus County, ages 18+.
- Members may have Medi-Cal or be uninsured/underserved.
- Members served may be transitioning from institutional settings like state hospitals, IMDs, or other locked psychiatric facilities. These individuals may also have a history of multiple psychiatric hospitalizations, incarcerations or arrests, or a co-occurring substance use.



Telecare's mission is to deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

### Services & Supports

- Comprehensive assessment and treatment
- 24/7 crisis intervention and immediate support
- Medication management, support, and education
- Risk-focused assessment and intervention
- Physical health screening, care coordination, and referrals
- Substance use intervention, counseling, and referrals
- Connection to self-help groups and community resources
- A primary focus on peer support and family/significant other involvement, promoting community integration
- Assistance in the development of peer relationships
- Vocational and educational support services
- Housing support
- Benefits and entitlements assistance
- Low member-to-staff approach

#### How to Access Services

Referrals are coordinated by the Stanislaus County Department of Behavioral Health. For more information, visit their website at <u>www.stancounty.com/bhrs/</u>