



Villa Fairmont MHRC

Mental Health Rehabilitation Center

At Villa Fairmont Mental Health Rehabilitation Center (MHRC), we provide intensive mental health and psychiatric treatment services in a safe, welcoming environment so people can focus on getting better.

We provide a 90-day recovery program within a supportive, structured, and secure inpatient environment designed to help clients prepare to move to the community and/or lower levels of care. Our 97-bed includes a multidisciplinary staff of clinicians, nurses, rehabilitation therapist, residential counselor and peers on-site and on-call 24 hours a day to provide wraparound support.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS). This system emphasizes choice-making skills, harm-reduction techniques and strives to awaken your hopes and dreams. The RCCS emphasizes "no-force first" practices. Staff work with you to build the independence and self-responsibility needed in order to successfully transition you back to lower levels of care.

What to Expect

A recovery plan starts with the individual. Upon arrival, our diverse clinical team provides individualized assessments and works with people every step of the way to support their goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners throughout the recovery journey.

Our goal is to be a tool that helps people thrive no matter the obstacles, so they can be the leaders of their own recovery journeys and personal growth.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

24 hours a day, 7 days a week



Services at Villa Fairmont MHRC

Services include, but are not limited to:

- Collaborative treatment planning with a recovery focus
- Comprehensive evaluation and risk assessment
- Crisis planning and prevention
- Supportive counseling
- Medication administration
- Medication education and training
- Independent living skills training
- Discharge planning including linkage with community services and psychiatric supports
- Therapeutic groups

Becoming a Resident

Clients are referred through an acute psychiatric facility or through Alameda County. Other counties may contact us through their acute psychiatric facilities.

Admission Criteria

- Adult residents of Alameda County, who are 18-65 years of age
- Individuals must be diagnosed with a major mental illness and no primary diagnosis of eating disorder, character disorder, organic mental disorder, or need for detoxification
- Legal status may be 5250, T-Con, LPS Conservatorship, or voluntary
- On a case-by-case basis we will consider clients other legal status (e.g. Murphy Conservatorship)

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

This program is funded through Alameda County and through partnerships with Contra Costa county, Fresno County, San Mateo County, Stanislaus, Shasta County, Marin County, and with Kaiser.