

Medications to Avoid with Parkinson's Disease

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Because Parkinson's disease is a condition affecting the dopamine-producing nerve cells in the brain, *any medication that diminishes dopamine will worsen Parkinson's symptoms*. The two main categories that are frequent offenders are **anti-nausea** medications and **antipsychotics**.

Types of Medications:	Anti-Nausea	Anti-Psychotics (often used in depression, bi-polar disorder)
These classes of medications can diminish dopamine and possibly make your Parkinson's symptoms worse.		
Generic Names:	prochlorperazine metoclopramide	aripiprazole haloperidol risperidone
Brand Names:	Compro Compazine Reglan	Ambilify Haldol Risperdal
Effective replacements	Ginger Peppermint Zofran	Diet and Lifestyle Modifications

DECREASE YOUR RISK FOR SEROTONIN SYNDROME

This is an **EMERGENCY SITUATION** that involves muscle rigidity and high fevers.

Serotonin Syndrome is caused by an adverse interaction of two certain types of Parkinson's medications with one of the five medications listed below. Check the chart and read the labels of your medications to make sure you're not unknowingly putting yourself at risk.

If you're taking EITHER:		You should Avoid:	Brand Names:
Generic Name: Rasagiline Brand Name: Azilect		Decongestants with pseudoephedrine	Sudafed SudoGest Wal-Phed Suphedrine Rugby
		Decongestants with phenylephrine	Sudafed SudoGest Wal-Phed Neo-Synephrine Suphedrine Mydfrin Vazculep
Generic Name: Selegiline Brand Names: Emsam, Eldepryl, or Zelapar		Cough suppressant with dextromethorpan	Robitussin Zicam Delsym Select Stona Silphen
		Pain medication with meperidine	Demerol
		Antibiotic with ciprofloxacin	Cipro Cetraxal Proquin Ciloxan