The holidays have always been a really big deal in my family. The six of us “kids” are now middle-aged adults with grown kids of our own, and two of my sisters are already grandmothers. When we were little, my parents created holiday traditions for us, which most of us continued when we began our families.

The day before Thanksgiving was – and still is – a day of comfort to me. I love the spicy aroma of turkey and dressing seasonings, the warmth of the kitchen created by the hot ovens and stoves, and the love of my family all being together.

Christmas, to me, is the epitome of joy. Admittedly, I do find myself quite stressed in December because of all the busyness the month brings, but it is a time of great happiness, nevertheless. I enjoy reflecting on my wonderful childhood memories of Christmas Eve and Christmas morning. Again, I have kept many of my family’s traditions within my own little family, such as the picture taking before our son gets to see and open his gifts. And never do we open gifts on Christmas morning until we have eaten hot cinnamon rolls and had coffee and chocolate milk.

Byron and I happily began these practices when we had our first son. The morning of his fourth Christmas, just after his third birthday, I excitedly thought this was going to be the last Christmas he would sit alone on the stairs having his picture taken before seeing what Santa brought. I had just found out we were expecting our second child, so I imagined what the scene would look like a year later, with a baby brother or sister sitting in his lap. But none of that was to be, because our sweet little Jonathan was stillborn six months later due to a cord accident.

When the holidays rolled around several months after Jonathan’s death, I could not imagine ever having a happy holiday season again. I decided Thanksgiving and Christmas were ruined forever. They would never be the same. Yet, as time allowed us to heal, and we learned to create new traditions to include the memory of our Jonathan, the season eventually did become joyful again. However, about the time we were settled into our new normal of holiday traditions and were truly joyful again, we suffered another loss of a tiny baby just days before Christmas. Again, I wondered if the holidays could ever be the same. Now I had two children who would never be here with us, the reality that our living son would be an only child and forever have his Christmas picture taken alone, and an anniversary of a loss – all while trying to keep the holiday cheer and attempting to stay focused on the true meaning of Christmas.

The true meaning of Christmas – that was the key. Is Christmas really all about decorating our homes, opening gifts and taking pictures on the staircase? No. Certainly, we as a society have made it a crazy, busy time, but it shouldn’t be. It’s hard not to get caught up in what the holidays have become. But I found during my fresh years of grief, if I honed in on celebrating the gift of my Lord and Savior, Jesus, I was filled with immense joy. The holidays once again became a very happy time for me. Yes, we will always recognize the absence of two of our children during this time of year, and I am sure I will always have some private moments of sadness, but I can joyfully tell you there is happiness during the holidays again, and I love Thanksgiving and Christmas! Even if you are not there yet, one year you will be able to say the same. Hang in there; cling to the promise of Psalm 30:5: “…weeping may endure for a night, but JOY will come in the morning.”

♥ Rebekah Mitchell,
Mommy to Jonathan Daniel and Baby Mitchell
M.E.N.D. President/Founder

Nota Español: El artículo de Rebekah Mitchell aparece en cada emisión de nuestro boletín para la audiencia latina. Para ver el artículo de este mes en español, por favor vea la pagina numero 18.
In 1999, I heard the story of how a “friend-of-a-friend’s” baby died, and I thought, a newborn baby, dead? That, to me, was unfathomable. I was a young newlywed, totally naive, selfish and a bit spoiled. I was totally oblivious and unaware of the hardships and sufferings that can occur all around us in our everyday lives. Unfortunately, a few short years later, that “friend-of-a-friend” would help me walk through the valley of the shadow of death with my own newborn.

In 2002, when our first child, Landry, was only 11 months old, we discovered we were unexpectedly pregnant again. Since this was not following my plan (I was on birth control), I was upset by this news, but we thought, “Well, God has another plan for us—clearly.” I became ecstatic, though, once we found out it was another boy, and they would be only 18 months apart. A little part of me had reservations of something not being right, but my doctor patted me on the head and assured me it was just “mommy jitters.”

August 28, 2002, at a little over 34 weeks pregnant with Logan, at one of the “routine” doctor’s visits, my doctor told me I wasn’t measuring correctly and became concerned that “there may be something wrong.” After a level two sonogram by a perinatologist, our fears were confirmed with the words, “I do see something wrong.” My heart stopped beating; David almost fainted, and had to sit down on the floor. The doctor proceeded to explain to us that Logan had skeletal dysplasia. This didn’t sound so bad to me. I kept hearing the word “skeleton” and thought to myself, “Well, that can’t be all that bad.” He told us our son would be a dwarf. Now, my husband is 6’5” and I’m 5’8,” so I thought, “How can we have a dwarf?” Having a Masters degree in special education and being a teacher, I had thought about every possible thing that could go wrong with a pregnancy, but dwarfism never entered my mind. The perinatologist suggested we see his partner the next day for another sonogram. At that appointment, we learned Logan would not only be a dwarf, but would likely not live long past delivery. He said, “Your baby is going to die.” What a blow…I thought after you passed the 12-week mark, all was good. We found out Logan had a lethal form of dwarfism. They told us, after further testing, there was a one percent chance they were wrong, so we held on to that one percent chance with everything we had. We prayed the doctors would somehow be wrong; we prayed our story would be one of those miracle stories; we prayed God would heal Logan; we prayed for what WE wanted—miracle-of-miracles. We went full-term with the pregnancy, holding on to that one percent chance.

While holding on to that one percent, I still had to prepare for the other 99 percent. So there I was, nine months pregnant, walking around a cemetery looking for just the right plot to purchase, so that once he was born, we would have a place to bury my infant son. We had to look for just the right music to play at his funeral, try to find the perfect outfit to dress him and blanket to wrap him in so we could place him in a beautiful casket, and ultimately in the ground. It was completely unfair.

The “friend-of-a-friend” became the rock who pulled us through the time of enormous heartbeat and sadness. I had prayed for Allyson Smith when she and her husband, Shane, suffered the loss of their son, Troy Carlin. As I prayed for her, unable to imagine how a small, innocent baby could die, little did I know my family would soon experience a similar loss. Allyson was a labor and delivery nurse at the hospital where I was due to deliver Logan. She was there, with me, helping me to organize and prepare the perfect “birth plan” for the less-than-perfect situation. She helped me think through everything that would/could happen on that day and helped me to prepare for the birth, death and burial of my second-born son. She was there, not only for me, but for my entire family. She was very involved with First Candle/SIDS Alliance.

So on September 17, 2002, I, a young, totally naïve mother, walked into the operating room to let them deliver my son, knowing that doing so would kill him. Logan was fine as long as he was inside me because he didn’t have to breathe on his
Book Review

Love and Salt—A Spiritual Friendship Shared in Letters
By Amy Andrews and Jessica Mesman Griffith
http://www.loyolapress.com/love-and-salt.htm

This is a memoir of two graduate students in a creative writing class together, bonded by their common interest in writing about God. As their friendship deepens, they decide to write old-fashioned letters to each other during Lent, committing that each correspondence would detail their pilgrimage in finding God and prayer. The letters continue for a couple of years as each young woman enters into her career, marriage and motherhood.

Halfway through the compilation of published private letters, the content of the letters drastically change as Amy experiences the unthinkable: the stillbirth of her first baby girl, Clare.

Though this is not an infant loss-specific book, the raw grief emotions Amy expresses will hit home with those of us who have, like her, experienced the death of a baby. And Jessica’s reactions and feelings about baby Clare’s death exhibit what a true and loyal friend Jessica is to Amy.

♥ Reviewed by Rebekah Mitchell,
Mommy to Jonathan Daniel and Baby Mitchell
M.E.N.D. President/Founder

M.E.N.D. has a complete list of books, Web sites, organizations, and music resources available online at www.mend.org.
If you would like to submit a review of books, music, Web sites or other resources dealing with infant loss, please email them to our newsletter editor Jennifer Harrison at jennifer@mend.org.

Birthday Tributes: M.E.N.D. publishes heavenly birthday tributes in the corresponding newsletter. Tributes must be submitted via the online form at www.mend.org.

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Letters to the Editor should be sent to jennifer@mend.org. All letters submitted to the editor are subject to be published in future issues, both in the print version and online, unless a letter’s author expressly requests that it not be published.
Happy 2nd Birthday, Parker!
Happy 2nd birthday, Parker! Mommy and Daddy miss you so much, but we know you are safe in Jesus’ arms. We love you, precious angel.

Parker Houston Mitchell
Stillborn November 26, 2011, at 39 weeks
Also remembering
Baby Mitchell
Miscarried August 2010
and Baby Mitchell II
Miscarried May 2012
Parents: Kris and Beth Mitchell
Sibling: Kaleb

Happy 6th Birthday, Kenneth!
I miss you so very much, my little bookie bears! There truly aren’t any words to describe the love I have for you and how much you mean to me. This is a very special year because you would have started school for the first time. Even though I do not get to share some of these special times with you, nothing compares to the brief moments we had together. Our time may have been brief, but it was the most unforgettable time of my life, and I will cherish this forever and ever.

Mommy loves you so much and wishes you the best heavenly birthday ever! XOXO!

Kenneth Bernard Weddington Jr.
November 7, 2007
Unknown cause
Parents: Kenneth Weddington and Louisa Garza

Happy 4th Birthday, Trenton!
We miss you and wish you were here on earth to celebrate your special day with your family. Your great-grandma is in heaven now and taking good care of you for us. Your baby brother turned 2, and I know you are always watching over him and protecting him! We love you and keep you close in our hearts and minds.

Love,
Mommy, Liam, Grandma and family

Trenton Kohl Woody
December 3, 2009-May 30, 2010
Hypoplastic left heart syndrome
Mommy: Marissa Martin
Little brother: Liam Ryder

Happy 1st Birthday, Bella!
Happy 1st heavenly birthday, our little angel! We all miss you very much! You are so special to us. You are no longer with us, but we think of you every day. You will always be Mama’s baby girl and Daddy’s little girl.

We love you always,
Mom and Daddy

Isabella Nicole Patton
August 20-November 26, 2012
Natural causes
Parents: Christopher David Patton and Selena Marie Godoy

Happy 1st Birthday, Rebel!
Happy 1st birthday in heaven, sweet Rebel. We miss you every single day and wish we had you here with us. Until we meet in heaven,

Mama and Daddy

Rebel Boone Steelman
December 11, 2012
Cord accident
Also remembering
Baby Steelman
Miscarried October 12, 2011
Parents: Matt and Jenny Steelman

Happy 1st Birthday, Jace!
Happy 1st birthday in heaven, Baby Jace! We love and miss you so much!

Jace Corbin Davis
September 7, 2012
Premature at 24 weeks
Parents: Joshua and Cayla Davis
Sibling: Jordan

Happy 1st Birthday, Gabe!
Happy birthday to our beautiful, sweet little Gabe. You will forever be in our hearts. We love and miss you so much!

Mom and big sister Abby

Gabriel Lee McFatridge
October 20-27, 2012
Necrotizing enterocolitis
Mommy: Jana Mobley
Big sister: Abby
Happy 3rd Birthday, Khloe!
To our sweet Khloe, happy 3rd birthday, Mija! Mommy and Daddy can’t believe it’s been three years since you earned your wings. Not a day goes by that we don’t think of or miss you. We are very grateful God blessed us with a beautiful baby girl and that you chose us to be your parents. You will be in our hearts and missed forever. We love you to the moon and back, Khlo-Bug.

Khloe Peyton Calderon
December 21, 2010
Potter’s syndrome
Parents: Erik and Angie Calderon

Happy 35th Birthday, Elizabeth!
Elizabeth, even though you never saw the light of day. I loved you every day you grew inside of me. Then one day I noticed things just didn’t feel the same. So I went to the doctor, and he said you were no longer alive. That was one of the saddest days of my life, when I realized that we would not get to enjoy raising and nurturing you into the beautiful young woman I knew you would be. Some days I wonder what you might have become, if you were still here. I know you, and your sisters, would have shared many great memories together. I love you!

Elizabeth Nicole Garcia
Miscarried October 18, 1978
Parents: Paul and Jeannie Garcia
Siblings: Monica, Sylvia, Christina and Stephanie

Happy 1st Birthday, Rylan!
Happy 1st birthday, Rylan! Mommy and Daddy carry you in our hearts every day, and we’re celebrating with a chocolate milkshake just for you.

Love,
Mommy and Daddy

Rylan Doucette
November 27, 2012
Ectopic pregnancy
Parents: Aaron and Kristian Doucette

Happy 1st Birthday, Gabrielle!
Happy 1st birthday, my sweet baby girl! You are loved and missed with each passing moment. I will remember our brief time together and celebrate your beautiful spirit.

Love,
Mommy

Gabrielle Simone Brown
November 17, 2012
Cord accident
Mommy: Daphne Brown

Happy 3rd Birthday, Isaiah!
We still miss you, son!
It’s hard to imagine that you are 3 already!
With lots of love,
Mommy, Daddy,
big brother Danny and little sister LuAnna

Isaiah Niekoley
October 28-29, 2010
Trisomy 13, 18 and 21
Parents: George and Esther Niekoley
Siblings: Danny and LuAnna

Happy 5th Birthday, Forsberg Twins!
Happy 5th angelversary, you two! It is crazy how five years have gone by. There is always a yearning for you both here. It is both hard and a blessing being new to Texas. All that I planted in your memory are in Pennsylvania, but I know y’all are watching down here on us no matter where we are. Until I am with all of you again.

Twin Baby Forsberg I
Miscarried October 20, 2008
Twin Baby Forsberg II
November 18, 2008
Ectopic pregnancy
Also remembering
Baby Forsberg IV
Miscarried July 2010
Baby Forsberg V
Miscarried September 2010
Braxton Blake Sebastian Forsberg
Missed miscarriage April 15, 2012
Translocation of chromosomes
Parents: Michael and Sara Forsberg
Siblings: Calvin, Collin and Baby Forsberg (due January 2014)

Happy 2nd Birthday, Travis!
Fly high my baby angel,
Spread your wings and fly;
Take the beauty of your sweet, sweet soul
And share it with the sky.

We miss you, Travis Lee!
Thank you for changing our lives.
We will meet again some day.
Love always and forever,
Daddy, Mommy and Sissies

Travis Lee Boles
October 12-November 27, 2011
Trisomy 18
Parents: Justin Boles and Jill Kotara
Siblings: Avery and Paislee
Happy 4th Birthday, Bryan!
To our baby boy, not a day goes by that we don’t think of you and how our lives would be so different. You would have been 4 years old. At the time we had no clue what was coming and what we were meant to learn. But now, looking back, you gave us some of the greatest gifts, strength being the best!

With love always,
Mommy and Daddy

Bryan Thomas Davis
December 11, 2009
Two-vessel cord
Also remembering
Baby Davis I
March 2009 at 8 weeks
Unknown cause
Tristan Matthew Davis
August 25, 2010
Preterm labor
Baby Davis II
March 2011 at 6 weeks
Ectopic pregnancy
Baby Davis III
January 2012 at 4 weeks
Chemical pregnancy
Baby Davis IV
May 2012 at 4 weeks
Chemical pregnancy
Baby Davis V
September 2012 at 4 weeks
Chemical pregnancy
Baby Davis VI
March 2013 at 4 weeks
IVF Chemical pregnancy
Parents: Brent and Melissa Davis

Happy 4th Birthday, Kavya!
Hi Sis—your two troublemaker siblings here… Happy 4th birthday! We sure miss you; we need a buffer between Mom and Dad so we can get away with more stuff—HA! Anyhow, so we light a candle by your picture every morning and wish you a good morning, just making sure you are on our team for the day. We say good night too, knowing you are watching over all of us. You came into this world to make us all the best we can be and to prepare Mom and Dad for double trouble. Love you tons! See ya! XOXO!

Your two partners in crime
Umma from Mom and Dad, too.

Kavya Marie Kurishingal
December 17-31, 2009
Complications from omphalocele
Parents: Tina and Pravin Kurishingal
Siblings: Little brother Jacob and little sister Kyra (twins)

Happy 4th Birthday, Madilynn!
Sweet Madilynn, we can’t believe it’s been four years since you were born into heaven! We love you so much and still miss you every day. Beautiful girl, I dream about what you would look like now and all of the fun we would have. I bet you have red hair like me with curly little pig tails! Tell your Memaw to throw you a big birthday party in heaven for us! Happy birthday, baby girl!

Love forever,
Mommy and Daddy

Madilynn Isabell Kelley
Stillborn December 3, 2009
Cord accident
Parents: Jeremiah and Cherish Kelley

Happy 2nd Birthday, Owen!
Our dearest Owen, it’s difficult to believe that it’s been two years since we held you in our arms. You will always be our first born, our son, our Peanut. Not a day goes by we do not think of you, and we often receive messages from family/friends so we know we’re not the only ones who miss you so much. You have a little sister, Emma. She looks so much like you. We talk about you to her and will always do so. We love and miss you so much, our beautiful son. Until we meet again.

All our love,
Momma, Daddy and Emma

Owen Henry Cao
Stillborn November 27, 2011
Unknown cause
Parents: Mike and Melissa Cao
Little sister: Emma Lucille
Happy 3\textsuperscript{rd} Birthday, Blake!
To our tiny little blessing, it’s been three years since you were born. Happy 3\textsuperscript{rd} birthday in heaven! There isn’t a day goes by that we don’t think about you and miss you dearly. We wish you were here chasing your little sister and playing with trucks, trains and all the things a little boy loves. We wish we could have watched you grow, but we know we will see you again someday. Until then, we rest assured knowing you are safe at home in the arms of Jesus.
All of our love,
Mommy, Daddy and Sissy

\textit{Blake McCullah}
\textit{December 20, 2010}
\text{Placental abruption/FVL clotting disorder}
\text{Parents: Daniel and Jennifer McCullah}
\text{Little sister: Adalynn}

Happy 10\textsuperscript{th} Birthday, Marissa!
Dear sweet Marissa Joy, it has been ten years since we held you close and saw your beautiful face. We have been so blessed by those 55 minutes in your dad’s arms and the 31 weeks your mom’s womb. We thank God for all the many lessons your short life has taught us and for the many hurting families we have been blessed to come alongside these last ten years.
Until we meet again in Glory,
Mom, Dad, Stephen, Season, Ethan, Marshall, Clay, Gavin, Gage, Parker and Joshua

\textit{Marissa Joy Jordan}
\textit{November 26, 2003}
\text{Thanatophoric dysplasia}
\text{Parents: Sean and Sarah Jordan}
\text{Siblings: Stephen, Ethan, Marshall, Clay, Gavin, Gage, Parker, Joshua, Season}

Happy 8\textsuperscript{th} Birthday, Aaliyah!
Happy 1\textsuperscript{st} Birthday, Messiah!
God knows I miss you both dearly. I know that you are in heaven watching over me and taking care of your brother. I love you very much, Aaliyah, and I wish you were here with me, your sister and brother, but God gave you a better plan to be beside Him. I love you. Take care of your brother for me.

\textit{Aaliyah Yeldell-Taylor}
\textit{August 8, 2005}
\text{Unknown cause}
\text{Messiah Yeldell}
\textit{December 18, 2012}
\text{Ruptured placenta}
\text{Mommy: TiAnna Yeldell}
\text{Siblings: Neveah Yeldell and Marque Garrett}

Happy 1\textsuperscript{st} Birthday, Angel Baby Partee!
Even though I never met you, I loved you from the day I found out. Unconditional emotions is all that came out. You’ll be in our hearts forever, and that is no doubt. I know God is taking care of you in heaven. As he hears my silent pouts, And angels watch over Mommy in this time of doubt, But you’re in my memory while life sorts itself out.
I love you, Angel Baby Partee, and we’ll see you again in heaven.
Love,
Mommy and Daddy

\textit{Angel Baby Partee}
\textit{Miscarried December 15, 2012}
\text{Parents: Charles Partee Jr. and April McCurdy}

Happy 2\textsuperscript{nd} Birthday, Maximus!
Happy heavenly birthday to our sweet boy! We love you so much, Max! Two years old! WOW! We know you are toddling around and babbling all about how wonderful God’s kingdom is and how excited we are for you to show us around when we get to join Jesus and you! We miss you greatly and love you even more! God is good.
Love you love you!
Mom, Dad, Alex, and Abigail
Alex says “Happy birthday, bro”

\textit{Maximus Samples}
\textit{Stillborn December 7, 2011}
\text{Unknown cause}
\text{Parents: Nicholas and Deborah Samples}
\text{Siblings: Alexander and Abigail}

Happy 1\textsuperscript{st} Birthday, Little Peanut!
We miss you, Little Peanut.

\textit{Little Peanut Lopez}
\textit{Miscarried December 2012}
\text{Parents: Victor and Jenny Lopez}
\text{Siblings: Romeo, Jasmine, Alexandra and Savannah}

Happy 1\textsuperscript{st} Birthday, Adriano!
You gave us 72 days of pure perfection that will last a lifetime full of wonderful memories!
Love,
Mommy, Daddy and Sissy

\textit{Adriano McKay}
\textit{November 11, 2012-January 22, 2013}
\text{Complications due to prematurity}
\text{Parents: Andre and Tiffany McKay}
\text{Sister: Tatiana}
Happy 3rd Birthday, Rayleigh!
Happy birthday, baby girl. I can’t believe that you will be 3 this year. I know you were only here for a short time, but you touched many lives with your little visit. Your daddy and I love you very much. I know that we can’t wait to see your face and little hand and wrap you up into our arms again. We love you very much. Happy birthday! I know it will be the best.

Rayleigh Grace Vermilyea
Miscarried November 9, 2010
Parents: Christopher Allan Vermilyea and Samantha Paige Ward

Happy 8th Birthday, Aiden!
Aidan, where have eight years gone? I can remember your sweet smile and beautiful eyes as if I saw you yesterday! While we miss you here, I am grateful to know you are playing in your heavenly home constantly surrounded by peace, joy and love. You are deeply loved and missed by your mommy!

Aidan Vander Cruyssen
October 2-December 3, 2005
PKD
Mommy: Shane Meyer
Little sister: Cameron

Happy 2nd Birthday, Charlotte!
Happy 2nd birthday, sweetheart! We miss you each and every day, but we know you are smiling and laughing in the arms of Jesus. You will always be our precious angel, and we look forward to seeing you again someday.

Love,
Mommy and Daddy

Charlotte Grace Harrison
Unknown cause
Parents: Luke and Amanda Harrison
Sibling: Evan (due January 2014)

Happy 8th Birthday, Hope!
Instead of a card
We send our love
Instead of a gift, a prayer
For the one we thought the world of
And miss beyond compare.
Love from Mama and Daddy

Hope Kirkpatrick
November 5-8, 2005
Amniotic band syndrome
Parents: Kirk and Aly Kirkpatrick
Little Siblings: Ian and Jamie

Happy 5th Birthday, Gabriel!
They say that time heals all wounds,
But we know this isn’t true,
For with every passing day,
The heartache deepens too.

It’s hard to believe that five years have passed,
Since holding you for the first time and the last.

Although we long to hold you again,
We’ll forever hold you in our hearts.
And though your little siblings are now here,
You are where our family starts.

We know that you’re safe in Jesus’ arms,
And in Mema’s arms too,
But our hearts won’t feel complete,
Until we’re holding you, too.

Keep watch for the five balloons your little brother and little sister will be sending up to you on your special day.
We love and miss you more than words can say! XOXOXO

Love,
Mommy, Daddy,
little brother, Isaac, and baby sister, Kinsley

P.S. Thank you for asking Jesus to bless us with a beautiful rainbow on your birthday last year! It was a wonderful reminder that God keeps His promises and that we’ll see you again someday!

Gabriel Laws
December 17, 2008
Hydrops Fetalis, unknown cause
Parents: Joe and Regina Laws
Siblings: Isaac and Kinsley

Happy 3rd Birthday, Samuel!
In memory of our beloved son, Samuel,
The leaves will be falling soon
Our hearts will feel hollow
May our well wishes reach you
We love you today and more tomorrow!

Jesus called the children to Him, and said, “Let the children come to me, and do not hinder them, for the kingdom of God belongs to such as these. I tell you the truth, anyone who will not receive the kingdom of God like a little child will never enter it.” - Luke 18:16-17

Samuel Adan Contreras
Stillborn November 11, 2010
Cord accident
Parents: Mercedes and Alfredo Contreras
Sibling: Isaiah
Happy 10th Birthday, Caleb!

Our precious son, ten years...ten! I am at a loss for words. Thankfully, God’s word isn’t: “The Lord is close to the brokenhearted and saves those who are crushed in spirit.” Psalm 34:18

Missing you for a decade now.

Love,
Mommy, Daddy and Maddie

Caleb Scott Fann
December 1, 2003
PROM
Also remembering
Baby August Fann
Miscarried August 13, 2004
Parents: Jonathan and Heather Fann
Little sister: Madison Grace

Happy 4th Birthday, Baby Girl!

Happy 4th birthday, sweet girl! We cannot believe that four years have already passed since you got your wings. The time has gone by so fast, but you are never forgotten. You are always and forever in our hearts, Baby Girl.

To the moon and back,
Momma, Daddy, Lauren and Avery

Baby Girl McNeil
Miscarried December 31, 2009, at 19 weeks
Unknown cause
Parents: Brendon and Meredith McNeil
Little sisters: Lauren and Avery

Happy 1st Birthday, Baby Miller!

This little one is the fourth grandchild I have lost. Although my heart breaks from never having the joy of knowing these little angels, my heart shatters when I see the pain and suffering my children must endure.

Baby Miller
Miscarried December 17, 2012
Also Remembering:
John-David
Baby I
Baby II
Parents: Phillip and Sheanna Miller
Grandmother: Samantha York-Hamilton

Happy 1st Birthday, Baby C!

Although we never held you, we know Jesus is holding you until we can. We love you, sweet baby!

Baby C Copeland
December 19, 2012
Unknown cause
Parents: James and Abi Copeland
Siblings: Anabelle and Mya

Happy 4th Birthday, Serenity!

Ahh, little girl, how I have missed you. Levi just turned 2, and you are hitting the big 4. I can’t help but wonder what it would be like having the two of you running around together. As I have watched Levi do all of his “firsts,” I can’t help but be a little bit jealous that Jesus gets to watch you do all your “firsts.” But I know where you are there are no first scrapes and owies, no first tears, no hurt feelings, no sadness and no good-byes. One sweet day we will all join you, and then I will hug you for all eternity.

Love you so very much,
Mommy, Daddy and Levi

Serenity Harrison
Miscarried December 9, 2009
Parents: Curtis and Jennifer Harrison
Little brother: Leviticus Aaron

Happy 3rd Birthday, Raekwon!

In remembrance of my baby boy, Mommy will always love you. You are the inspiration behind everything I do for pregnancy and infant loss. I love you forever, I’ll like you for always, as long as I’m living my baby you’ll be.

Raekwon Kemel
Stillborn December 2, 2000
Mommy: Nikisha Perry
Sisters: Victoria and Vivienne

Happy 2nd Birthday, Elliot!

To our sweet Elliot, we thank God every time we think of you. You are truly a treasure to our family. We love and miss you so very much.

Elliot Joseph Wood
Stillborn December 21, 2011
Suspected cord accident
Parents: Ron and Halee Wood
Sibling: Reese

Who could have known the exquisite difference
Your brief life would make upon mine?
Who could have known a tiny baby
Would show me the beauty of a sunrise,
Or the wonder of a rainbow or the pain of a tear?
Who could have known an innocent child
Would take away my fear of death,
And point me in the direction of heaven?
Who could have known that you would succeed
Where so many others have failed?

Written by Dana Gensler, mommy to Lindsay

Retrieved October 15, 2013,
from http://www.erichad.com/lindsay/.
“There is no agony like bearing an untold story inside of you.”
-Maya Angelou

We are often asked “How many children do you have?” or “When are you going to have children (more children)?” We pause to decide if this person is worthy of hearing our “untold story” we bore inside of us, literally; worthy of the pain we endure as we relive each moment and worthy of the trepidation we face as we wonder how this person will react to our story. Will they offer words of comfort or make one of the many painful comments we have heard from others who do not understand? We begin to keep our story close to our hearts, sometimes locked away for no one to hear because the pain we endure in our loss is too great. Even if we share about our babies, we may not speak of the other losses we endured: the loss of innocence that babies die, the loss of our happiness, the loss of a relationship with the other parent, family or friends, sometimes the loss of our faith and sometimes the loss of making it through each day.

*Return to Zero* is about breaking this silence. It is making the voices heard of those that have suffered a loss, the battles they endured and the strength it takes to make it through each day after a loss. *Return to Zero* is based on a true story of a successful couple, played by Paul Adelstein (Aaron Royal) and Minnie Driver (Maggie Royal), who are preparing for the arrival of their first child. Life appears to be picture-perfect, until a few weeks before their due date they receive the devastating news that their baby son has died in the womb and will be stillborn.

Maggie and Aaron attempt to go on about their lives, but as many of us have experienced, they cannot escape their postpartum grief. The loss of this little child forever alters their lives and relationship, to the point that they turn to other ways to handle their grief, through denial, escape, alcohol and even an affair. The movie follows the couple through marital strife, a subsequent pregnancy, and the choices they must make as they move forward from grief into a new normal.

This film will open doors of discussion about pregnancy and infant loss. While we wish these losses never occurred, unfortunately, they do, and those suffering should not suffer in silence. We each have a story to be heard, and it is time for each of us to break the silence.

*To read stories from others breaking the silence, visit http://returntozerothemovie.com/blog/*.  
*To share anything about your experience with the Return to Zero community, just e-mail info@returntozerothemovie.com*

*#StillBreakTheSilence www.returntozerothemovie.com*
We struggled and debated for three years after Lindsay died. Should we keep them the same? Should we add a few? Delete a few? Create some new ones? The idea of hanging Christmas stockings was a tough one - we didn’t hang any the first three years. Our other two children were babies and therefore knew nothing of stockings and the treats they are supposed to hold on Christmas morning. So it was easy for us to ignore them a few years.

That changed the third Christmas when Melissa, then four years old, asked why her friends found stockings on Christmas morning, and she didn’t. So I bought a couple of kits and made them each a personalized stocking. But seeing the two stockings on Christmas morning, and none for Lindsay, was very sad for me. I made a deal with myself that we would never again celebrate Christmas without a stocking for Lindsay, too.

So the next Christmas, I made another personalized stocking. It brought me comfort to think of it hanging in its proper place between Melissa’s and Katie Rose’s. I felt I was finally coming to some sort of peace about Lindsay’s death, and while we had struggled a few years about what we should and shouldn’t do, one thing I was sure of: as long as the things we did in her memory did not hurt ourselves or anyone else, then it is okay for us to do them.

That Christmas, we hung the special ornaments we have collected for our children, set the nativity up in its usual place of honor, and hung the three stockings on the mantel. The house was dark, lit only by candlelight and the twinkling lights of the Christmas tree, a true cedar. We stayed up late on Christmas Eve frantically assembling the bicycles, trikes and dollhouses, filling the stockings, wrapping the last-minute gifts, and then fell into a deep slumber.

The next morning the girls tiptoed into our room and Melissa put a hand on my back and urgently whispered, “Mom, Mom, wake up! I have to show you something.”

Assuming she was going to exclaim over her beautiful, shiny blue bike parked in the living room, I woke Phil to join in the celebration. Together we walked into the living room and my eyes were immediately drawn, not to the bike, but to the three stockings on the mantle.

“Don’t you see, Mom?” Melissa said tearfully, pointing to the three stockings. “Santa forgot to put anything in Lindsay’s stocking!”

And Lindsay’s stocking looked so forlorn and empty hanging there between the other two, which were bulging with prizes and treats and goodies.

“Do you think Santa sneaked in our rooms to see who was here?” she asked.

I was softly weeping now. It was MY fault that Lindsay’s stocking looked so starkly different from the others, not Santa’s. I was the one who bought the treats and filled them, but I did not think about putting anything in the middle stocking. I thought simply having it there was enough.

As I sat down in the rocking chair, hugging a new Winnie-the-Pooh, Phil took the stockings down and handed them to the girls who were by now, sitting on the floor, eagerly waiting for them. I was lost in my thoughts and grief, blaming myself for this incredible blunder, when Melissa, very matter-of-factly dumped the contents of her stocking into my lap and said, “Here, Mom. Lindsay can just have some of mine.” And Katie Rose, who was almost three, gave me an apple and a Cherry Merry Muffin doll. “These are for Lindsay, too,” she said.

If this is your first (second or fifth or tenth) Christmas since your child died, you may be struggling with what you should and shouldn’t do. This is normal. We wonder if others will think we’re just a little too sentimental to include our dead children in family celebrations. Or even worse, that we are merely angling for sympathy.

I am a relatively quiet person, and it is very hard for me to let those around me know what I need, thus began a cycle of misunderstandings. On the Christmas of 1989, when Lindsay should have been seven months old, I KNEW we needed to do certain things in her memory, but for fear of what others might think, I didn’t exactly make it clear that was what I was doing. As time went on, and I got a little braver, some began to question my motives: “We didn’t do it like this last year! Why must we change this year?”

Of course, we who know understand that we sometimes think we are going to be okay with certain things, only to find this is not so. And we discover that it is okay to try new and different rituals every year until we know exactly what we need. Give yourself permission to do that.

As time moves on, we learn more about ourselves and what we should and shouldn’t do at special times of the year. We learn to live with our grief in a different way, and we learn what we need to do in order to find a little comfort and peace.

I thought we only needed Lindsay’s stocking to be hanging with the others, but I discovered we need it to be filled too. I didn’t learn that until the Christmas she should have been 4 ½ years old, and a new tradition was created. This year, her stocking will not hang empty.

By Dana Gensler, Lindsay’s mom

Lindsay Nicole Gensler was born May 23, 1989 and died on May 25, 1989 from Hypoplastic Left Syndrome.

In Loving Memory

**Ellie Barnes**
Stillborn February 6, 2011  
Unknown cause  
Given by parents  
Gentry and Rebecca Barnes

**Baby Bass**  
Miscarried December 26, 2006  
Given by parents Travis and Heather Bass and siblings Rachel and Braden

**Jordan Alexander Booker**  
Stillborn January 11, 2007  
Cord accident/true knot in cord  
Gifts given by  
Mommy Norma Jordan  
Marcia and Dudley Calhoun  
Christopher and Julianne Rompel

**Levi Samuel Bowmer**  
April 19, 2013  
Trisomy 13  
Given by parents Sam and Jenae Bowmer

**Yancel Larvell Maurice Bridges**  
January 16 - June 4, 2009  
Unknown cause  
Mommy: Yanisha Bridges  
Given by grandparents  
Von and Maurice Griggs-Laws

**Riley James Buchanan**  
May 23-June 14, 2010  
Interstitial Pneumonitis/SIDS  
Mommy: Jordan Dupree  
Sister: Adyson Buchanan  
Given by Shirley Sullivan

**Aubree Faith Carmichall**  
August 18, 2011  
Uterine rupture  
Given by parents  
Jeremy and Kelly Carmichall

**Catherine Grace Chapman**  
August 10 - 12, 2012  
Premature/HELLP Syndrome  
Gifts given by  
Mommy Kara Chapman  
Grandmother Nancy Chapman  
Aunt Margaret McAnally

**Jowell Ivan Castro**  
July 12, 2012  
Given by Miriam Garcia

**Samuel Adan Contreras**  
Stillborn November 11, 2010  
Cord accident  
Parents: Alfredo and Mercedes Contreras  
Brother: Isaiah  
Given by the staff of Dr Delphinium Designs and Events

**Abigail Grace Crump**  
July 1, 2003  
Trisomy 18  
Given by parents Gerald and Jaimie Crump and little sisters Cami and Karli

**Aidan Vander Cryssen**  
October 2-December 3, 2005  
PKD  
Given by Mommy Shane Meyer

**Brook Sophia Daily**  
Stillborn March 11, 2010  
Vasa Previa  
Given by parents Jeremy and Lisa Daily and sisters Sarah and Savannah

**Sophie Jane Darnell**  
Stillborn May 28, 2012  
Unknown cause  
Gifts given by  
Parents Tommy and Brea Darnell and big brother Luke  
Grandparents Danny and Helen Lynch  
Nana Tammy Darnell  
Michelle Skrasek  
Lydia Stoner  
Uncle Bryan and Aunt Lisa Lynch “A Lover of Angels”  
Sheryl Wright  
Tracie Vaughn  
Bryan and Michelle Roos  
Lars and Mary Nielsen

**Riley and Parker Davis**  
November 14, 2006  
Prematurity  
Given by parents Rob and Cheryl Davis and little sister Annalise

**Westin Dobbins**  
August 8, 2010  
Incompetent cervix  
Given by parents  
Randy and Cortney Dobbins and siblings Cynlee and Colt

**Princess-Jahzara Emani**  
Stillborn July 26, 2010  
Incompetent cervix  
Gifts given by  
Mommy Jasmine Swain DETREATTA WILLIAMS

**Kyler Paul English**  
Stillborn January 20, 2006  
Cord accident  
Parents: Laurie McPike and Bob English  
Given by Jon and Laurie McPike and brothers Kinser, Kelson and Kayden

**Skyla Olivia Burns Ennis**  
May 21, 2011  
Premature  
Given by Mommy Tarsha Ennis

**Caleb Scott Fann**  
December 1, 2003  
PROM

**Baby August Fann**  
Miscarried August 13, 2004  
Parents: Jonathan and Heather Fann  
Little sister: Madison  
Gifts given by  
Richard and Ginny Haymes  
Lawanka Mallard  
Uncle Michael and Aunt Jaime Fann  
Brian and Michelle Gross

**Jacob Fukasawa**  
Stillborn February 8, 2010  
Given by parents  
Sarah and Yoshi Fukasawa

**Evan Garland**  
March 4, 2008

**Ella Garland**  
April 16, 2008  
Premature  
Given by parents  
Mary and Brett Garland

**C.J. Gold**  
Miscarried August 12, 2008

**Marina Gold**  
Miscarried July 13, 2009  
Parents: Greg and Kathryn Gold  
Big sister: Emily  
Gifts given by:  
Grandma Nellie Gold  
Great-Uncle Lloyd and Great-Aunt Lillian Gentry  
Uncle Greg and Aunt Jen Sitzes
Erika Brianne Grau  
July 9 - August 3, 1997  
Anoxic brain injury due to ruptured uterus (VBAC)  
Parents: Yvette and Ray Grau  
Siblings: Nik and Nataly  
Given by little sister Nataly

Serenity Harrison  
Miscarried December 3, 2009  
Gifts given by  
Parents Curt and Jennifer Harrison and little brother Leviticus Aaron  
Steve and Julie Lindsey

Emily Katherine  
Given by Tara Hollingshed

Alan John Huelsebusch  
Stillborn March 9, 2006, at 24 weeks  
Unknown cause  
Parents: Don and Sandy Huelsebusch  
Siblings: Ashlie, Courtnie and Cayden  
Given by Dean and Kim Niesner

Logan David Iliff  
Stillborn May 5, 2000  
Placental abruption  
Mom: Samantha Iliff  
Sibling: Blake  
Given in memory of  
Jackie Odom (Logan’s Grandmother)  
February 8, 1950 - August 29, 2013  
Gifts given by  
Julie and Roger Sanders  
Heritage Hospice of Texas

JJ Kojich  
February 19-March 9, 1996  
Omphalocele complications  
Given by mommy Linda Kojich and brothers Adam and Alex

Baby Girl Krymkiewicz  
Miscarried June 13, 2008

Emma Krymkiewicz  
May 5, 2009  
Neonatal Hemochromatosis  
Given by parents Hernandez Krymkiewicz and Ana Ayon and sister Isabella

Kavya Marie Kurishingal  
December 17 - 31, 2009  
Complications of omphalocele  
Given by parents  
Tina and Pravin Kurishingal and siblings Kyra and Jacob

Emmaline Ilia Legg  
July 29, 2010  
Full-term placental abruption  
Baby Legg I  
Miscarried 1999  
Baby Legg II  
Miscarried 2009  
Baby Legg III  
Miscarried April 13, 2011  
Parents: Jimmy and Ami Legg  
Siblings: McKinley, Madeline and Maxton  
Given by Ellen Brennan

Nathaniel McIntosh  
May 24, 2012  
Cord accident  
Given by parents  
Jason and Valerie McIntosh and sibling Norah

Myrin Lenay McNeil  
June 19, 2013  
Given by Jolynn Tizeno

Miranda Micaela Medrano  
October 1, 2008  
Prematurity  
T.F. Medrano  
Miscarried March 22, 2013  
Given by parents Jose and Marvelia

Bay Miltenberger, Jr  
Stillborn December 9, 1998  
Preterm labor  
Parents: Bay and Paula Miltenberger  
Siblings: Bryce, Bo, Brady and Brooks  
Given by Women’s Mental Wellness

Gideon Zeller Mitchell  
Stillborn May 17, 2011  
Membranous cord  
Gifts given by  
Parents Todd and Stormy Mitchell and little brother Silas  
Grandparents Earl and Karen Zeller

Jonathan Daniel Mitchell  
Stillborn June 24, 1995  
Cord accident  
Baby Mitchell  
Miscarried December 2001  
Gifts given by  
Parents Byron and Rebekah Mitchell and big brother Byron, Jr.  
Grandparents Dennis and Sue Brewer  
“A Lover of Angels”

Lily Joy Moore  
Miscarried March 2, 2011  
Early pregnancy loss  
Parents: Jeremy and Kathleen Moore  
Big brother: Isaac and Judah  
Given by: Grandfather Ray Neely, Jr.

Max Emmanuel Novik  
May 9-10, 2011  
Anencephaly  
Given by parents Mark and Melinda Novik and sisters Sam (Max’s twin) and Jenna

Carter Patrick Outen  
Stillborn November 6, 2000  
Unknown cause  
Baby Outen I  
Miscarried April 3, 2001  
Baby Outen II  
Miscarried October 5, 2001  
Given by parents Chris and Shannon Outen and little sisters Erin and Charlie

Margot Lily Perry  
Stillborn June 10, 2013  
Unknown cause  
Given by parents Marisa and Brandon Perry

Elena Marie Rusert  
May 23, 2011  
Premature  
Given by parents Tina and Michael Rusert and siblings Liam and Asher

Stefanie Marie Sartin  
August 29, 2007  
Prematurity  
Parents: Steve and Nicole Sartin  
Sister: Serena Rose  
Given by Don and Elaine Hancock

Maximus Samples  
Stillborn December 7, 2011  
Unknown cause  
Given by parents  
Nicholas and Deborah Samples and siblings Alexander and Abigail

Morgan Schear  
Miscarried March 28, 2006  
Given by parents Nobel and Paula Schear and big brother Isaac

Rylan Elizabeth Slate  
October 17-20, 2008  
Unknown cause  
Given by parents Daniel and Kristah Slate and siblings Camden, Everett, Anna Claire and Owen

Mindy and Maggie Smith  
Stillborn November 4, 1997  
TTTS and Polyhydraminos  
Gifts given by  
Parents Scott and Karla Smith and siblings Travis and Julia

Sara Kite
Mercedes Ruth Spigener  
Stillborn September 21, 1995  
Intramembranous insertion of umbilical cord  

Twin Blossoms Spigener  
Miscarried July and August 1996  

Baby Spigener  
Miscarried February 2004  
Parents: Grant and Jana Spigener  
Siblings: Wyatt, Ford, Porter, Calvin and Sadie  
Given by grandparents  
Barry and Sherylyn Spigener

Ethan Kane Spurrier  
Stillborn September 5, 2007  
Cord accident  
Given by parents  
Bruce and Sandra Spurrier  
and siblings Thomas and Jakob

Wesley Stockstill  
Parents: Jonathan and Whitney Stockstill  
Given by Kristin and Victor Vandergriff

Case Foster Thomas  
August 29, 2012  
Placental abruption  
Given by parents  
Cody and Elizabeth Thomas

Alivia Elizabeth Grace Walker  
July 24, 2006  
Incompetent cervix  
Given by parents Robert and Liz Walker  
and siblings Jaxson and Lauryn

Kyle Charles Walton  
November 19, 1998  
Group B strep and lack of proper nourishment from placenta  
Parents: Jason and Kristen Walton  
Siblings: Jessica, Laura and Joshua  
Given by Joshua’s Pest Control

Christian Graham Wells  
Stillborn July 11, 2010  
Unknown cause  
Parents: Glen and Mitzi Wells  
Siblings: Michael and Mya  
Given by G.W. Air Services

Ariel and Angel Wong  
Stillborn June 26, 2013  
TTS  
Given by parents Emyllin and Ari Wong

Adrian Joseph “AJ” Zuckerman  
Stillborn March 30, 2006  
Cord accident  
Parents: Amber and Al Zuckerman  
Brothers: Eli and Alex  
Gifts given by  
Paul Goyne  
Tammy Montgomery  
Michael and Jane Gartenhaus

Gifts of Support  
Second Baptist Church, Springfield, MO  
West Conroe Baptist Church, Conroe, TX  
Will and Lauren Clark  
Mary Carol and Tim Hughes  
Mr. and Mrs. Thomas Rodgers  
Raymond and Lenette Vogt

Happy Birthday in Heaven

I wish you were here today even for just a little while so I could say “Happy Birthday, little pink bundle” and see your beautiful smile.

The only gifts today will be the gifts you left behind; The joy and happiness... precious memories...the best kind.

Today I’ll do my very best to try and find a happy place... struggling to hide my heavy heart and the tears on my face.

I’ll sit quietly and look at your picture thinking of you with love; knowing you’re wonderfully alive in Heaven up above.

May the angels hold you close and sing you a happy song... and I’ll be sending wishes to you today and all year long.


♥ Submitted by Aly Kirkpatrick, Mommy to Hope

Thank you to our Houston Walk to Remember sponsors.
Jason and Varlerie McIntosh  
Miriam Garcia  
Jose and Marvelia Medrano  
Emyllin and Ari Wong  
Shane Meyer  
Kriatah Slate
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Gene and Jerry Jones Family Dallas Cowboys Charities
Staff of Dr Delphinium Designs and Events
Sunny Graham Realty / Jennifer Cathcart
Precious Memories Photography by Crystal
Dr Delphinium Designs and Events
M.E.N.D. — Houston
Meets the 3rd Thursday, 7:30 p.m.
D. Bradley McWilliams YMCA at Cypress Creek, Schindledecker Building
19915 SH 249 Houston, TX 77070
Director: Stormy Mitchell
stormym@mend.org, (281) 374-8528

Subsequent pregnancy group meets as needed on the 3rd Thursday at 7:30 p.m., led by Chiara Ott (chiara@mend.org).

Daddy’s group meets quarterly on the 3rd Thursday at 7:30 p.m., led by Randy Dobbins (cortdavis@aol.com)

M.E.N.D. — Texarkana
Meets 3rd Thursday 7:00 p.m.
CHRISTUS St. Michael Rehab Hospital
2400 St. Michael Drive
Texarkana, TX 75503
Director: Monica Davis
monica@mend.org, (903) 490-1210

M.E.N.D. — Tulsa
Meets the 3rd Tuesday at 7:00 p.m.
Canyon Crossing
1651 E Old North Rd.
Sand Springs, Oklahoma 74063
Director: Lisa Daily
lisa@mend.org, (918) 694-4325 (HEAL)

M.E.N.D. — SW Missouri
Meets the 1st Thursday at 7:00 p.m.
Project H.O.P.E.
1419 S. Enterprise
Springfield, Missouri 65804
Director: Heather Fann
heather@mend.org, (417) 818-0489
Food and Fellowship
Meets the 3rd Tuesday 7:00 p.m.
Hebrews Coffee
1604 E Republic Road
Kathleen@mend.org

M.E.N.D. — Bryan/College Station
Meets the 2nd Tuesday at 7:30 p.m.
Hawthorn Suites
1010 University Drive East
College Station, Texas 77840
Director: Jennie Drude
jennie@mend.org, (979) 220-7851

M.E.N.D. — SW Washington
NW Washington is excited to be opening a second location at Gig Harbor and will have our first meeting on November 26 at 6:30 p.m. at St. Anthony Hospital in the Greenpoint Dining Room. We welcome Joanna Bennett to our team. She has years of experience as a doula, and most recently as a grief doula. She brings invaluable knowledge to our team.

We had a very successful garage sale fundraiser in September and want to thank all those who donated items to sell.

We are busy planning our 3rd Annual Christmas Candlelight Ceremony, which will be on December 14.

Stacy McGhee

M.E.N.D. — Amarillo
Amarillo would like to thank everyone who showed support for BUNCO for BABIES! We appreciate the donations, attendance and prayers! We are gearing up for our next fundraiser: Wrapping for M.E.N.D. It will be Saturday, December 14th. If you have questions, please email or call us a (806) 570-4344 or becky@mend.org

Becky Anderson

M.E.N.D. — Texarkana
Texarkana is looking forward to the 7th Annual Christmas Candlelight Ceremony at Beech Street First Baptist Church, Texarkana, Arkansas, on December 14 at 7 p.m. For more information contact Monica Davis at (903) 490-1210 or register for the event at www.mend.org.

Monica Davis

M.E.N.D. — Wichita Falls
Wichita Falls has been busy this fall. Our trunk show fundraiser was a huge success, and we are so thankful to all of those who supported us. Our group continues to welcome new families every month. Our hearts go out to the grieving families we continue to meet.

Sarah Fukasawa

M.E.N.D. — Hot Springs
Hot Springs is busy planning the final arrangements for our Christmas Candlelight Memorial Service. It will take place on December 14, at 7 p.m. at Center Fork Baptist Church in Hot Springs. A dessert fellowship will follow the ceremony. For more information, call Amy Humphries at (501) 276-5034.

Amy Humphries
**M.E.N.D.**

**Southwest Missouri**

M.E.N.D.—Southwest Missouri continues to be busy providing care for those well into their grief journeys, as well as to healthcare providers working with moms and dads minutes into their walk. Our hospital outreach continues to grow, and we are very grateful the Lord has opened those doors. Our chapter paused for Pregnancy and Infant Loss Awareness month in October with more than 75 attending our 3rd Annual Breakfast and Balloon Release. We released 125 balloons from 19 families for 28 babies in heaven. Thank you to Second Baptist Church for hosting our event this year! We are also anticipating our 4th Annual Christmas Candlelight Ceremony at Second Baptist Church on Monday, December 9, at 7 p.m. Information and reservations will be up soon on www.mend.org. Thanks to my chapter leadership, Heather, Ruth, Kathleen, Kathryn, and Jennifer, for their tireless efforts on these events and throughout the year.

*Heather Fann*

**Houston**

M.E.N.D.—Houston is excited about the upcoming Christmas Candlelight Ceremony on Saturday, December 7, 2013. The ceremony will be held at Spring Baptist Church at 7 p.m. Information and reservations will be up soon on www.mend.org. To receive an invitation or to ask questions, please contact Stormy at stormym@mend.org. Please join us for this intimate evening of remembering the lives of our babies and focusing our hearts on Jesus for this Christmas season.

*Stormy Mitchell*

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**M.E.N.D. Christmas Candlelight Ceremonies**

Please contact your chapter for more details on the events.

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**M.E.N.D. Support Group Meetings in the Dallas Metroplex**

Join us for a time of sharing experiences.

**M.E.N.D. main chapter meetings** are held the 2nd Thursday of every month from 7:30 - 9:00 p.m.

**Daddies group** meets the 2nd Thursday of March, June, Sept. and Dec., from 7:30 - 9:00 p.m.

*A time for dads to meet together and discuss topics relevant to them as fathers. Our moms and dads meet together for introductions before dividing into two groups for discussion.*

**Subsequent pregnancy group** meets the 4th Tuesday from 7:30 - 9:00 p.m.

Led by Liz Walker: liz@mend.org

*For families who are considering becoming pregnant or are currently pregnant after a loss.*

**Food and Fellowship** are held the 4th Thursday of every month at 8:00 p.m. at the Corner Bakery in Southlake Town Center

*A time to relax and meet with other parents in a social setting.*

Contact Brittany Fish: brittney@mend.org

**Infertility group** meets the 3rd Monday at 7:30 p.m.

Contact Cheryl Davis for meeting location and information at Cheryl@mend.org

*For families experiencing infertility after a loss.*

**Parenting After Loss Playgroup**

Meets monthly at various locations in the Dallas / Fort Worth metroplex.

Contact Magen Kaye: Magen@mend.org or call (214) 435-3870

**Mommies AND daddies are both welcome at all M.E.N.D. meetings.**

**Unless otherwise noted, all support group meetings are held at:**

- Wells Fargo Bank 800 W. Airport Freeway
  Irving, TX 75062
  (Located in the Crystals Pizza parking lot, between MacArthur and O’Connor)
  Meetings will be in the bank board room, located on the first floor.
  For more information, call (972) 506-9000.

Jessica Davenport, of Jacksonville, Texas, along with big brother Payton, joyfully announces the arrival of Avery Grace, born July 25, measuring 5 lb., 2.6 oz., and 18 1/2 inches long. Avery’s family lovingly remembers Jacob Austin, stillborn February 10, 2012, PPROM.


Brandi and Changa Cannon, of Tulsa, Oklahoma, along with big brother Roman, joyfully announce the arrival of Ian Joseph, born September 17, measuring 6 lb., 15 oz., and 20 inches long. The Cannons lovingly remember Samara Nicole, born at rest April 18, 2012, cord accident.


Scott and Lorraine Epperson, of Tulare, California, along with big brother Benjamin, joyfully announce the arrival of Micah David, born August 22, measuring 8 lb., 15 oz., and 20.75 inches long. The Eppersons lovingly remember Samuel, miscarried October 10, 2003, and Timothy, miscarried September 12, 2012.

Byron and yo felizmente comenzó estas prácticas cuando tuvimos nuestro primer hijo. La mañana de su cuarta Navidad, que fue justo después de su tercer cumpleaños, emocionado pensé que esto iba a ser la última Navidad se sentaba solo en las escaleras con su foto antes de ver lo que trae Santa. Sólo había encontrado que estábamos esperando a nuestro segundo hijo, así que me imaginé lo que la escena parecería un año más tarde con un hermanito o hermanita sentado con él. Pero nada de eso iba a ser, porque nuestro dulce pequeño Jonathan era mortinatos 6 meses más tarde debido a un accidente de cordón.

Cuando las vacaciones rodaron alrededor de varios meses después de la muerte de Jonathan, no podía imaginar tener una Navidad feliz otra vez. Decidí acción de Gracias y Navidad se arruinaron para siempre. Ellos nunca sería la misma. Sin embargo, tiempo permitió a sanar y las vacaciones fueron una vez más alegres y nuevas tradiciones fueron creadas para incluir la memoria de nuestro Jonathan. El tiempo nos colocaron en nuestro nuevo normal de las tradiciones navideñas y volvieron a ser verdaderamente feliz, hemos sufrido otra pérdida de un bebé pequeño apenas unos días antes de Navidad. Otra vez, me preguntaba si las vacaciones nunca podrían ser la misma. Ahora tengo dos hijos que nunca estaría aquí con nosotros, la realidad de que nuestro hijo vivo sería
“Heart of the Leader” continued from page 2

own. His lungs had not developed due to the small rib cage, and once he was delivered, they told me he would die from lack of oxygen and he would essentially suffocate to death. This was probably one of the most difficult days of my life up to that point. Logan was born just as they said. He was a dwarf, with lungs too small to inflate properly. It was devastating. My husband David saw Logan’s precious eyes opening, looking up at him as if to say, “Daddy, please help me… I am hurting…” To this day, my husband cannot talk about that moment without tears coming to his eyes. He said, “Daddies are supposed to be able to fix things, but I couldn’t fix this.”

David and I held Logan for about 10-15 minutes before inviting the rest of our family and friends into our room to meet our precious boy before he would be gone forever. He died about an hour later.

An amazing picture was taken about the time Logan died. Many people look at this picture, and even professional photographers cannot say for sure what happened in the picture. But one sweet, older gentleman told me, “Brittney, I think that’s happening in this picture is exactly what you think is happening.” He went on to explain. “It looks as if the heavens opened for that split second to show Logan exactly where he needed to go.” None of us saw the amazing moment of light, but the camera did. If anyone can give me a scientific explanation of it, I don’t want to hear it. My explanation is that God knew how angry and unsure I was later to become, and He let the photo happen so I would know for sure HE had Logan in His arms and would keep him for me until we could be together again. The Good News is, because of Jesus and His sacrifice and my trust in Him, I absolutely WILL see Logan again one day. “In His great mercy, He has given us new birth into a living hope...Kept in Heaven for you.” 1 Peter 1:3-4

Back in 1999, when I first heard of Allyson’s story, I had no idea what was to come or what the Lord had planned for my life, but I am forever grateful for Allyson’s willingness to put aside her own heartache and reach out to me and my family when we were in such desperate need of mercy. Because she was there for me, she showed me, in the most profound and heartfelt way, the meaning of 2 Corinthians 1:4 “…that we can comfort those in any trouble with the comfort we ourselves have received from God...” (Our M.E.N.D. mission statement). She demonstrated to me the significance of that verse, and she showed me how I, too, could pass that comfort on to others.

I have now been involved with M.E.N.D. for over 11 years, serving in multiple ways. I have been on the advisory board and then the board of directors since 2005. I’ve served on committees for the Walk to Remember and Christmas Ceremonies, and I also lead Food and Fellowship in the DFW Chapter. Being involved in this kind of support group was not in my plan for my life, and I’ll never understand this side of heaven the “whys” of what happened, but being with this group of families has been a blessing I never could have dreamt for my life. I’m forever grateful for the ministry God set upon Rebekah’s heart:

♥ Rebekah Mitchell, President and Founder
Mamá de Jonathan Daniel y Mitchell bebé Mitchell

Matt Paasch and son, Malachai, sending messages to Paasch babies in heaven

Thank you to our SW MO Balloon Release Sponsors:
Heather Bass, Kathryn Gold, Jennifer Harrison, Beverly Jones, Kathleen Moore, Ray Neely, Michelle Cramer & On Angels Wings Photography,
Cunningham/Farrar Adult Bible Fellowship and Second Baptist Church

Isaac Moore writing to sister, Lily
“... that we can comfort those in any trouble with the comfort we ourselves have received from God” (2 Corinthians 1:4)

M.E.N.D. Fundraisers

As a non-profit organization, M.E.N.D. is funded solely by private donations and fundraisers. Any assistance you can give us by participating in any or all of these fundraisers is greatly appreciated.

- **Kroger grocery stores** donate a percentage of all purchases of those shoppers in Texas and Louisiana who have their Kroger Plus Card linked to M.E.N.D. To link your card, go to www.krogercommunityrewards.com and set up an account if you do not already have one. Once you receive the email after setting up your account, click on “My Account,” then go to “Edit Kroger Community Rewards” and input your Kroger Plus card number. You’ll see a screen with your information in boxes, at the bottom right, there is a box that says Community Rewards. Click that, then enter the M.E.N.D. number, which is 80513. Once that’s entered, you’ll confirm that M.E.N.D. is your charity of choice. This link will be good until the 2013-2014 program expires. You must link your card each year to M.E.N.D.

- **Tom Thumb** also has a program in Texas that can benefit M.E.N.D. If you have a Tom Thumb Reward Card, please contact Rebekah (rebekah@mend.org) to obtain the Customer Letter. You must only present this letter one time to link your card to M.E.N.D. Reward cards can also be used at Randalls and Simon David stores.

- **Glenn Martin** is looking for families willing to grant space for small gumball machines in order to raise funds for M.E.N.D. If you have a retail business or connections to a high traffic location in the Grapevine, Southlake, or metroplex area, Glenn will place, stock, and service the equipment and give M.E.N.D. 35 percent of the proceeds. Glenn can be contacted at (817) 874-5366 or glmartin@att.net.

- M.E.N.D. can now earn funds through **i.think inc.**, an online marketing research firm. You can help by signing up as a survey panel member and designating us as the recipient of your fee. Just go to the Web site at http://www.ithink-inc.com and choose “Sign up to become an i.think inc. panel member.” Fill out the sign-up survey. Under the “Funds for Charity” section, select M.E.N.D. from the list of names.

- IBM employees may now make charitable donations to M.E.N.D. through automatic payroll deductions. Choose Charity Code 0M562 from the IBM Employee/Retiree Approved Charity List.

- **GoodSearch.com** is a search engine that donates half its revenue, about a penny per search, to the charities its users designate. Powered by Yahoo!, it is used like any other search engine. To earn money for M.E.N.D. using Goodsearch.com, go to www.goodsearch.com and designate M.E.N.D. as your charity of choice.

- **Ebay** has a charitable giving program that can benefit M.E.N.D. If you sell items on Ebay and would like to designate a percentage of your revenue to M.E.N.D., visit www.missionfish.org to find out how.

- **Igive.com** will donate a penny a search and a portion of each purchase made through their website to M.E.N.D. Sign up today! M.E.N.D.’s cause number is 52025.