

# NEWSLETTER

Welcome! Our worship service begins at 10AM

**Nov 6th - "The Fine Line Between Knowing our Inherent Worth and Narcissim" - Led by Rev. Mark Glovin** One of the fault lines in society and in many UU churches is the balance between the individual and the group. There is a somewhat justifiable growing backlash to the idea of the primacy of the individual, which has been fruitful ground in our faith. This service will examine that backlash and offer a defense of our first principle.

**Nov 13th - "The Practice of Freedom" - Led by Rev. Mark Glovin** This service will continue our examination of the balance between individual and group identity. We'll look at the the discipline and responsibilities of freedom, in our liberal religion. We'll see how we may limit ourselves and what we are called to do together.

**Nov 20th - "The UUR Challenge" - Led by Rev. Mark Glovin** During this special service, we'll hear back from the people who took the UUR challenge back in February. Interestingly, people who took the challenge found the process as instructive and as important as the product of their deliberations. We'll hear about their plans or hear what happened with their \$100, and we'll see that we're stronger together than we are as individuals.

**Nov 27th - "Is There A God ?" - Led by Marshall Cary**



## UUR Contacts

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*We are a Welcoming Congregation*

## REV. MARK GLOVIN

The word sabbatical, from the 16th century, Late Latin, by way of the Greek word referring to the Jewish concept of the Sabbath. That's a busy way to begin talking about a word that connotes rest or renewal. Unitarian Universalist Congregations offer this leave as an important part of the working relationship between the church and their minister. A sabbatical offers an extended time for study, reflection, rest, and deep engagement, all ingredients for effective ministry. Just as importantly, members of the congregation will have opportunities to lead and learn in new ways while experiencing a wide variety of UU worship on Sundays.

Ministers don't go on sabbatical because they are tired or approaching burnout. Rather, we go on sabbatical so that we won't become too tired, or burned out. We go on sabbatical so that we can replenish the well we draw from, in order to deeply and truly answer this call to ministry you have honored us with.

Most of you know, that I have a deep and abiding trust in capital L Life, in its unfolding. I am comfortable leaning back into the stream of life, letting the simple twists of fate lead me in the present moment. So, I am not surprised at the exquisite timing of my approaching sabbatical, which arrives as I enter a new stage in my life and as we prepare to deepen into the next expression of our shared ministry.

To put it simply, just as I finish this phase of my ministry, I have this remarkable opportunity to gain knowledge where I have a need, to stretch beyond my comfort zones, to reconnect with the deepest parts of myself, to explore the leading edges of ministry that excite me. The timing of this sabbatical is perfect not because I am tired, though I will value a chance to rest; but rather, because I feel the need to feed the fire, to read, to write something other than sermons, to delve deeply into music and artistic expression, to embody my call in new ways, to gather ideas and inspiration.

The great Unitarian minister A. Powell Davies has said "Life is just an opportunity to grow a soul" and I am so grateful to you all for this opportunity to grow mine in new ways.

When the UUR board approved my sabbatical last year, it seemed that there was ample time to plan and prepare. Well, January is now right around the corner, so I want to give you an update on our planning. The worship calendar is almost filled, with just a few open winter dates remaining. We have recruited a pastoral care leadership team to manage that important ministry in my absence. You'll hear more over these next two months from Reba and the sabbatical committee and the more detail among us about how church will work during sabbatical.

I am also in the process of drafting questions I want the board to reflect on deeply during the 5 sabbatical months. I'll also ask the board to draft a few questions for me during that same time. I want there to be a tangible sense that we are still moving forward, still working together, even though we'll be apart for those months.

I believe the blessings and opportunities here are mutual: For me, it is to renew and recharge and expand my gifts for ministry, apart from the congregation. For you all, it is to renew and recharge your gifts as a congregation, and to see who you are, differentiated from your minister. My wish for you all is that you'll see my sabbatical as an opportunity for your own growth too.

## BOARD PRESIDENT'S NOTE

On the farm these days it feels like we're moving at light speed, trying to complete everything before the arrival of both Bill's next knee surgery and winter. There are 12,000 garlic cloves to plant and mulch, the final long bed of carrots to dig up, the last of the onions to sort and distribute, and more. As UUR Board President, I've recently been feeling a similar sense of responsibility and action at church. Mark's five-month sabbatical will begin in January and there is the Social Justice Initiative to get underway, a holiday fair and biennial auction to pull off with flying colors, and the exciting daily work of the church to continue.

For those of you who haven't heard about Mark's upcoming sabbatical (January-May 2017), in the coming weeks you will hear much more: what it is, why we do it, and the details of how things will run during his absence. A Sabbatical Team (Roger Moody, Amy Libby, Lucie Bauer, Pinny Beebe-Center, Mark Glovin and I) will ensure that communication with the congregation is extensive. A Pastoral Care Team will attend to the emotional needs of the church community. Our amazing and competent church staff will make sure that the day-to-day life of the church continues smoothly. The Worship Committee will fill the Sunday pulpit with inspiring ministers and speakers. The Caring Network will continue to organize meals, rides, visits and more. And our community will deepen in shared ministry and support while Mark has time to rest, reflect, and reset. We know that Mark's return in June will be here before we know it, and in the meantime our beloved community will thrive and continue to be a joyous place.

Now I'll put on my auction hat... the auction on Saturday, December 3rd is the UUR's single largest fund-raiser, as well as the funnest night of the year! Amazing food, live music, decorations by Amy Libby, a silent and live auction... how could you miss it?! But it takes all of us to make it happen, so grab a donation form hanging in the church foyer (or at [www.tinyurl.com/uurauction2016](http://www.tinyurl.com/uurauction2016)) and get brainstorming! Before that event arrives, though, a creative and dedicated group of church members has been working for months to create our first ever UUR Holiday Craft Fair. Come on Saturday morning, November 19th to see the magic they've been brewing!

Finally, mark your calendar and remember to come to church on Sunday, November 6th. At our post-service Congregational Meeting that day we'll hear about the different paths our Social Justice Initiative could take, and each member will be able to cast their vote to choose the issue we will delve into as a community. Come sharpen up your voting skills before the big day!

So many exciting and important things going on in our church community these days. I hope that every one of us finds the role that feels right in making this wonderful place tick. It takes us all to make it so special. Thank you.

Reba

## HAPPENINGS IN RELIGIOUS EXPLORATION...

### **Best Practices in behavior - a covenant for Everyone**

Please take a moment to read the [Behavior Tips](#) and [Behavior Covenant](#) (click on the words or ask for a copy). These were developed by the Religious Exploration Committee to ensure that we all have a safe space at 345 Broadway and at any of our gatherings. Even us “big people” need reminders about how we behave in a community. Slowing down as we move through the church building; picking up a used cup or turning off lights; reporting something that is broken to the church office; using respectful language; letting a person know if your feelings have been hurt by something that was spoken - these are lifelong lessons, and we all need reminding – no matter what our age. Let’s take care of each other by using these best practices in behavior and helping everyone stay in covenant. If you have any questions, please talk to Lindsay Powers, Susan Oliver, Melissa Holt or Carney Doucette.

**Tonian Tea & Recital** – Just a reminder that we are having tea with the Tonian Circle women on Saturday, November 5 at 3:00 p.m. If you haven’t told Carney that you are coming, please email her at [dre@uurockland.org](mailto:dre@uurockland.org).

**Faith in Action for our church: On Sunday, November 13**, all children will be making and baking pet treats for the upcoming Craft Fair. We need adult helpers, so if you like to bake, please talk to Carney Doucette about helping that Sunday morning.

### **Holiday Shop on Saturday, December 17**

Look for our yellow & red basket in late November in the lobby. Each year, we hold a Holiday Shop for our children where they can shop for gently used items for the family. Adult “elves” help them shop and wrap their gifts for the family while parents enjoy some hot chocolate and conversation upstairs. So please bring in your items starting November 20<sup>th</sup>.

# CHURCH EVENTS - MARK YOUR CALENDARS!

Saturday, November 5th – Fall Cleanup 8:30am

Saturday, November 5th – Tonian Tea and Recital 3pm

Sunday, November 6<sup>th</sup> - Congregational Meeting for our Social Justice Initiative (after service)

Wednesday, November 16<sup>th</sup> – UUR Book Bunch meets at church 12:30pm

Saturday, November 19<sup>th</sup> - UUR Holiday Craft Fair! 9am-3pm

Saturday, December 3<sup>rd</sup> – The Greening of the Sanctuary 11am

Saturday, December 3<sup>rd</sup> – UUR Auction

Look forward to a festive evening full of great music, delicious food, and beautiful decorations, as well as treasures to bid on at the silent and live auctions.

Now all we need is you! Your skills, your talents, your wisdom, your treasures, your generosity and, most importantly, your presence at our church's biggest party of the year! Donation forms are available in the church foyer and online at [www.tinyurl.com/uurauction2016](http://www.tinyurl.com/uurauction2016) or *print out the donation form included in this newsletter* Need ideas? Past auction donations include homemade cakes and pies, babysitting, home-cooked meals, gift certificates to area stores and restaurants, window-washing, artwork, art classes, antiques, a hosted dinner party, a weekend stay in a vacation home, carpentry work... and much, much more! Invite your friends and family to attend and look forward to a festive evening together. Childcare will be available. Questions? Contact Reba at 712.7382 or [uurauction@gmail.com](mailto:uurauction@gmail.com)

Wednesday, December 14<sup>th</sup> – UUR Book Bunch meets at Hayden's 11:30am

Saturday, December 24<sup>th</sup> – Christmas Eve Service

Sunday, December 25<sup>th</sup> – Christmas Day Service

Saturday, December 31<sup>st</sup> – New Years Eve Party

Sunday, January 1<sup>st</sup> – Rev. Mark Glovin sabbatical begins through June 2017

# Fall Clean-up Top to Bottom

## Saturday, November 5

### 8:30 a.m. to 12:30 p.m.

We need to get our building and grounds set for winter and cleaned. All ages needed. Bring gloves and a rake. Cider, tea, coffee & donuts will provide some fuel. Bring a sandwich or snack for refueling. Even if you can only come for a couple of hours, please come!



Contact Carney Doucette, [carneydoucette@gmail.com](mailto:carneydoucette@gmail.com) or 975-9994 if you have questions. Bring gloves, rakes and other tools you'll need for the job! Some tasks can be done on your time. See tasks listed below. Thanks for helping to be a steward of our church.

*Help keep our sacred space clean & safe!*



### **Holiday Fair - Saturday November 19<sup>th</sup>, 9AM-3PM**

Thanks to you, we have many wonderful donated gift items to sell at the Holiday Fair church fundraiser! We are still accepting your lovingly created homemade items; they can be left in the tote in the lobby. Please, do not drop off any items the day of the Holiday Fair. In these final weeks leading up to the Holiday Fair, we still have many ways that you can help make this event a total success.

#### **Bake Sale**

There will be a **Bake Sale** and we need your wonderful sweet or savory creations (e.g. baked sweets, snack mixes, savory baked goods, etc.) to tempt shoppers with. If you're able to make a food item, it needs to be dropped off at the church on **Friday November 18<sup>th</sup> between 10AM and noon**, and you can sign-up on the easel in the lobby.

#### **Luncheon Food Items**

A luncheon will be available for purchase during the Holiday Fair, for this we are looking for folks to make large pots of **Chili, Vegan Squash Soup, or Fish Chowder, and bread**. **Look for the sign-up in the lobby.**

#### **Volunteers**

The day before the Holiday Fair and the day of will be busy days involving set-up, pricing, serving food, assisting shoppers, and cleaning up, a great way to be part of this fundraiser if crafting isn't your thing! **There is a sign-up sheet for these specific tasks, including dates and time, located in the lobby.**

#### **Pie Makers**

Did you volunteer to make a pie for Thanksgiving? Pie "vouchers" for your pies will be sold at the Holiday Fair, and the actual pie will be picked up on **Wednesday November 23<sup>rd</sup>**. You should receive a reminder with the specifics on drop-off times, and what pies you committed to. If you did not receive a reminder, or you still want to volunteer your pie-making prowess, please contact Becky Meinersmann: 226-0966.

**Thank you all for everything you've done to make the Holiday Fair happen!**

**UU (You You!) Rockland Goods and Services Auction**  
**Saturday, December 3, 2016**  
**Donation Form**

The 7th Biennial UU Goods and Services Auction is coming up and we are seeking you! Your skills, your talents, your wisdom, your treasures, your labor! Questions about donations? Contact Reba at [uurauction@gmail.com](mailto:uurauction@gmail.com) or 712-7382.

If you prefer, you may fill out this form online at [www.tinyurl.com/uurauction2016](http://www.tinyurl.com/uurauction2016)

Your name:

Phone number:

Email address:

1. Services or goods offered (description):

- Value:
- Minimum Bid (if necessary):
- I will offer it \_\_\_ time(s) (if applicable).
- Time frame \_\_\_\_\_ (if applicable).
- For # \_\_\_\_\_ of people (if applicable).

2. Services wanted (that you might be interested in bidding on):

3. I/we \_\_\_ (# of people) will attend the auction.

We will need childcare (circle one):            yes            no

4. I would like to:

- Help the week or day before the auction
- Help the day of the auction
- Help during the auction
- Provide festive finger food or drink for the evening:
  - I will bring (if know already):

***Please leave this form in the office or give to Reba. Thank you!***

# NEWS FROM THE OFFICE...

## NEWSLETTER DEADLINE

For the **December issue** is:  
**Mon, 21st** Submissions may be  
sent to [mail@uurockland.org](mailto:mail@uurockland.org)

**Nov 2016**  
**Hospitality TEAMS**

**Nov 6 - Chickadees**

**Nov 13 - Loons**

**Nov 20 - Herons**

**Nov 27 - Eagles**

## UUR Book Bunch

Our meeting in **November** will be the **16th at the Church's Robbins Room at 12:30pm.**

The Yankee Swap/Pot Luck Luncheon will be at **11:30 on December 14th** at the home of  
Hayden Williamson, 13 Duck Pond Road (Quarry Hill), Camden, ME 04843.

Please bring a book to swap and some food.

## AIO loves us!

We delivered a big load of food to AIO. It was enthusiastically received.

What is most appreciated? Condiments of all kinds. Chef Boyardee sorts of meal in a can. Soups, especially chicken and rice, chicken noodle, mushroom, and tomatoe. Staples are always welcome too.

**Another project looking for donations: The Oceanside East High School "emergency closet"**, located in the office of the school nurse, Ilmi Carter, is ready for restock. I've carried over some gift cards for Hannaford, and shopped for some of these items, suggested by the Guidance secretary, Sue Snow, in consultation with Ilmi. "The kids have been coming in sporadically for [AIO's weekend] back packs. The needs seem to be for things that they don't need to do much to: Canned pasta, baked beans, peanut butter and crackers. Boxed cereal or cereal cups would be good too." The staff have ziploc baggies for handfuls of crackers if you buy a boxfull -- and if you wish to rid your home of excess Halloween candy by-and-by, send it along, as that also can be portioned out for these kids. Who knew they liked baked beans? There'll be a tote next to the AIO baskets. There's a good deal of overlap between AIO's needs and those of couch-surfing teens, of course. And there's the "One Less Worry" tote for feminine hygiene supplies (which are made up into kits for a typical woman or girl's cycle, and given out at AIO, and the high schools). All of this expresses our desire for care and support to our neighbors. Cathy Baker

## Do you shop at Staples?

Many members of our UUR family shop at Staples and collect a few "Staples Reward Points" each month. But if you're like me, they seldom amount to enough to really save me much money. Then I found out that I can use the Staples Rewards Number for UUR. My points are added to those of many other members and help the church save money on much needed office supplies. **Staples Rewards Number for the UUR: 4005343100**

**The UUR Recycles Ink Cartridges and gets reward for that too!**

If you want to you can drop cartridges at Staples  
and use our number and we get credit there as well.

# TONIANS

TONIANS MEET WED. NOV. 9th, to HEAR ABOUT MASONS ON A MISSION -- ALL WELCOME  
OCT. 12th MEETING's guest was KATHRYN AVERY on "YOUR COUNTDOWN TO RETIREMENT"

The Tonian Circle, our church's women's group, will meet Nov. 9th at noon, for a program designed to help us recover from the recent unpleasantness, an endless presidential campaign culminating in Voting Day, Nov. 8th. We decided the best thing for our spirits would be to focus on the problems of people we aren't related to, who can only wish for a political system that allows dissent, or a national economy which valued them and their heritage. So we've asked Lorrie Kniesner to tell us about her trip last March to the highlands of Guatemala with the volunteer army that is Masons On a Mission (M.O.M.). This group was founded here over 20 years ago, by master mason Patrick Manley, and the masons and helpers travel across a large volcanic cauldron / lake to climb into the mountains and train Guatemalans how to build safe masonry heaters and cookstoves. The masons buy materials there in Guatemala, and raise money to keep the project going year round. This is one of several important ways we are connected to this region, in addition to the Temple family's regular trips to and support for Safe Passage Guatemala, and Carney Doucette's recent trip there to study Spanish. Next summer, a service group of youth from 5 UU churches, including ours, will travel to work for Safe Passage. So, come and see Lorrie's photos, and hear about Masons On a Mission. All are welcome, men as well as women of our community. Bring a bag lunch and come at noon to visit if you like, or at 12:45 for the program. Hot beverages and often dessert are provided. Hostesses that day are Norma Athearn, Sue Wieluns, Negar Paydar Smith and Susan Solman.

To return to our Oct. meeting, on the 12th: The foliage here was at its peak, just after Columbus Day, and despite dire prognostications about the effect of the drought on the intensity of the colors, it was just gorgeous. We had a wonderful time that Wed. afternoon at church, with a good crowd (19, counting our guests, Kathryn and Chris Avery), lovely settings, pumpkins large and small everywhere, dessert likewise. Stevie Kumble, Eleanor Richardson and Phyllis Parsons were our hostesses, with several varieties of dessert to go with coffee, tea and fresh cider. I would say we were all seasonally adjusted by the time we got outside of all that. I attempted to plow through our business agenda, since Susan St. John had appeared with the worst case of poison ivy we've seen in recent years, and asked to be excused for the day. We determined that next meeting, Nov. 9th, the day after the elections, we would need recovery time, and perhaps something positive and outside our trammled ways for a bit. Lorrie Kniesner agreed to give a reprise of the presentation on Masons On a Mission she did in Sept. with Pat Manley. Lorrie plans to join the project for another trip this coming March, and I hope we can support her.

Also coming right up: the Tonian Tea and Recital: Sat., Nov. 5th, from 3pm to 4:30. Carney has been recruiting among our RE families. The list of hostesses: Audrey Moody, Jean Matlack, Penny Dunning, Norma Athearn, Margaret Boyajian (on loan from Dem. Hdqtrs.) and Phyllis Parsons. And me. Volunteering for the Tea involves tea cup set-up, teas real and herbal, and finger foods, of any description you can rustle. More volunteers will be welcome, and attendees as well.

## TONIANS CONTINUED

I reviewed an ever-growing list of projects, starting with the food baskets for AIO, cash donations for Soup Kitchen which also can go to AIO, the tote for One Less Worry, and also one for the Emergency Closet at Oceanside East High School, for which Tonians gave serious cash (\$225) last Christmas for gift cards to the supermarket, sandwich and coffee shops. This was valuable assistance for kids who are homeless, couch-surfing or just not sure where their next meal will come from. Most people seem to prefer donating as asked, I concluded, but suggestions are welcome on how to do this efficiently.

Speaking of Christmas, Stevie Kumble, bless her, has offered to make reservations for us for our Christmas Lunch Out, on either Dec. 7th or 14th, at the OffShore Restaurant in Rockport. That, we can definitely discuss in Nov. Many Tonians paid dues at our Oct. meeting, for the year 2016-17, and perhaps Treasurer Audrey Moody will have an update on that in Nov. as well. President Susan St. John will be away at the Nov. 9th meeting, visiting her daughter Alexis on the West Coast, but in her absence, Sue Crane has agreed to wield a teaspoon against a cup to gavel us to order, and tackle the day's agenda. Thank you, Sue.

About our speaker at the Oct. meeting! Eleanor Richardson introduced her neighbor, Kathryn Severns Avery, who described the journey she and her husband Chris made before, during and after their retirements from long careers, and which has resulted in a book, "Your Countdown to Retirement", and soon, a workbook to go with the book groups' discussion series. Kathryn gave an excellent description of the institution of retirement, which basically did not exist prior to the introduction of Social Security, and then, the post-World War II Baby Boom. The over-65 yr. old age cohort has grown past anyone's reckoning, to represent 25% of our population. The Boomers (those born from 1946 to 1964) are the first generation to face from 10 to 20 or 30 years out of the work force. And even those who look forward to stopping work are likely to feel a loss of identity, in going from being a VIP to an FIP, Formerly Important Person.

Kathryn noted that some effects of the Age Wave, or Silver Tsunami, have been delayed, because Baby Boomers are working later in their lives than previous generations (to 72 - 74, on average). Some of this is by choice, as this group has skill sets and institutional knowledge that is valuable, but much is dire necessity. Pensions have disappeared, and most people approaching retirement age have insufficient savings to retire on. Kathryn documented some of the sociological impacts of these rapid changes in demography, including a sharp rise in the divorce rate for people over 65, and increases in drug and alcohol use, and suicide. She outlined the values of bridge employment, to the worker and to employers who will be coping with an employee deficit (they already are in Maine). She recommends starting on research about your options well before retirement, and emphasizes the ABC's -- the Attitudes and Beliefs about Change that can help or hinder us in adapting. Some of us had a chance to buy her book; to look into the topics further, go to [AgeWave.com](http://AgeWave.com), or send an inquiry to [yctr2016@gmail.com](mailto:yctr2016@gmail.com). Sincere thanks to Kathryn Avery for a stimulating presentation, and to Eleanor for recruiting her. We were thrilled to hear that the Averys will be staying here on Mechanic St. this winter, instead of returning to Denver, CO as usual!

So, on to the elections, and I hope to see you all (in town) out for our meeting on Nov. 9th!

- Cathy Baker, Secretary