

Saturday: 10AM-Arrival
10:45-11:45 R&R Activities
(choices will be announced)

12:00 Lunch
1:30 to 3:00 R&R Activities
3:15 to 4:45 Optional Activities
5:30PM Supper
6:30PM Evening paddle, games & campfire
Bring your favorite songs, musical instruments & any talent you'd like to share.

Sunday:

7:00 a.m. - 9:45 a.m. Early morning paddling
8:30 Breakfast
10:00 All-church worship led by Mark
11:00 Potluck brunch
12-2:00 R&R activities
2:00-4:00 Take a hike, play a game, and remember to lend a hand in the final clean up before we depart.

BLUEBERRY COVE CAMP

22 Blueberry Cove Road, St. George, ME 04860.

Tel: 1-207-372-6353

Directions: From Thomaston at the Knox Mansion (Montpelier), take US Route 1 South, towards St. George/Tenants Harbor. Follow Rt. 131 through the town of Tenants Harbor. Continue to follow Rt. 131 toward Port Clyde (The road veers to the left).

Take a left turn onto Harts Neck Road, a short way after the ball field (10.7 miles from Rt. 1). Blueberry Cove Camp is located at 22 Blueberry Cove Road. The driveway is on the left about 0.5 miles down Harts Neck Rd.

Everyone is invited to our

10TH ANNUAL ALL CHURCH RETREAT

*This year's theme:
"R&R- Refresh & Recharge"*



JUNE 3 & 4 2017

REGISTRATION FOR RETREAT June 3 & 4, 2017

Name(s): _____

Phone/email: _____

No fee for children four and under, but they should register.

_____ Saturday day ONLY, \$6 (suggested donation) per person plus sign up to bring a food item per person for lunch or supper (sign up is in lobby of church)

_____ Saturday + Overnight: sleep in a **cabin**, wake up to a delicious hot breakfast, \$28/per person

_____ Saturday + Overnight: bring your **tent** to sleep in, wake up to a delicious hot breakfast, \$18/per person

_____ Sunday ONLY 9AM to 4PM, (come to worship & bring a potluck brunch item - we will do an offering during worship as usual, suggested donation \$6.00 for day use)

Cost: \$ _____

x number of people registered _____

= Total Cost: _____

Checks should be made out to: "First Universalist Church"

Please write "Retreat" on the memo line.

Please send check & registration form to:

First Universalist Church, 345 Broadway, Rockland 04841

Attn: Sarah-Church Retreat

_____ I can help with transportation.

_____ I need transportation, please call me.

_____ I would like to offer an activity, or help with the retreat.

10TH ANNUAL UUR RETREAT

Come gather round the fireplace, explore tidal pools, play, sing, talk, dance, canoe, relax, share..... Rain or shine, there will be something to do. Or relax and read a book, lay in the sunshine or kick a ball around. This is a wonderful opportunity to deepen your connections with our beloved community in a sacred outdoor setting. Don't let finances prevent you from coming; talk to the coordinator.

FOOD: We will provide our own food and cook for each other. Please sign up to bring a food item for lunch or supper on Saturday; the sign up sheet is in the church lobby. Everyone who is able will sign up to help out in the kitchen once. If you are arriving Sunday, please bring a potluck brunch contribution

ACTIVITIES: We will be offering activities on Saturday and Sunday. Some will be created on the spot as the mood dictates. Others will be planned. Many will be offered that relate to our theme, *R&R - Refresh & Recharge*. You can do as much or as little as you like! There will be kid/family activities, creative activities, and discussion and contemplative activities. QUESTIONS? IDEAS? Contact Carney Doucette at 594-8750 or dre@uurockland.org.

Bring a portable comfortable chair to relax in and water shoes to explore the ocean. Bring your kayak/canoe - some are available at camp (Tides this year, restrict boating to late afternoon/evening & early morning) If you're staying Saturday night, you'll want to bring a sleeping bag, pillow, warm clothing, towel, toiletries, and a flashlight. Remember to bring a tick repellent like Naturapel. Sorry, no pets.

Cut along line and deliver to the UU Church as directed.