
Malmo Plains Community News

www.malmoplains.com

September 2016

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Malmo resident Stuart Olsen takes his rod for a rumble down Malmo Road.

Spaghetti Dinner Saturday Sept. 17

It's a Malmo tradition! The annual Community Spaghetti Dinner will be held on Saturday, September 17, from 5:00 p.m. to 8:00 p.m. at the Malmo Hall, which is located at 11525 - 48 Avenue. Join us for good food, friends, and fun. Tickets are just \$5 per person or \$20 for a family. Drinks will also be available for purchase. Everyone living in Malmo is invited to the dinner. You do not have to be a community league member to attend. Michener Park is part of Malmo, so everyone living there is invited. And if you are new to Malmo, you are especially welcomed. See you on the 17th!

Outdoor Soccer Results

Congratulations to the Malmo U10 boys team, who won the bronze medal in the Tier 5 city finals. Many thanks to coaches Geoffrey Maina, Rosselyn Mira, and Ryan Reinders and the team manager, Michaelia Olfert, for all their time and support.

The U12 girls had an excellent season, just missing city finals. Thanks to coaches Rod and Owain for making it a memorable year for the girls. And thanks also to all the other people who coached, managed, and helped with the other Malmo teams this spring. Indoor soccer registration is underway. Check emsasouthwest.com for details. The deadline to register is September 10.

Membership Drive

Join the Malmo Community League

The entire month of September is League Membership Drive Month!

Your League membership supports the existence and upkeep of the League's facilities, including the hall (which you can rent), the sand volleyball courts, the Malmo playground, and the hockey and skating rinks. Your membership also supports various community programs, such as children's soccer, the Spaghetti Dinner, the Winter Carnival, and the City's Green Shack. You also will be supporting the civics work of the League, including crime prevention, University relations, government relations, and community engagement.

To join the League you can: (a) buy it at the Spaghetti Dinner, (b) fill out the form on page 3, (c) go to efcl.org/membership, or (d) email Membership Coordinator Justin Townell, and he will come to your door. We hope you join the League.

Organic Food

U of A Green and Gold Garden

The Green and Gold Garden is now open for its eighth season! Located on the U of A South Campus, the two-acre garden is 100% volunteer run. To buy organic veggies (over 50 varieties), herbs, and flowers visit the garden on Tuesdays from 7:00 to 8:30 a.m. and Saturdays from 11:00 a.m. to 1:00 p.m. This season, the garden will have orchard fruits for sale from its newly acquired orchard nearby.

For more information go to:
www.greengoldgarden.com

Seniors' Event

Petrolia Seniors' Group

The Petrolia Seniors' Group invites Malmo seniors to lunch and a presentation on Tues. Sept. 20, from 11:45 a.m. to 2:00 p.m. The speaker will be Dr. Margaret Anne Armour, an Associate Dean at the U of A and a Member of the Order of Canada. Her presentation is entitled "A Bold Vision for the Next 150 Years".

The venue is the Greenfield Community Hall, 3803 - 114 ST. The price is \$15.

To confirm attendance please call Nick at 780-435-1045 or Betty at 780-434-0711.

Music Festival

Blue Quill Party in the Park

The Blue Quill Community League will host its Party in the Park music festival on Saturday, Sept. 10, from 11:00 a.m. to midnight.

This free festival will feature various musical styles on four stages. There will be entertainment for all ages, including a U-18 stage, face painting, bouncy castles, beer gardens, fireworks, and lots more.

For more information go to
<http://musicfestival5.wix.com/partyinthepark16>

Interview with the Green Shack Leaders

By Murray Whitby

The City's Green Shack program provides drop-in activities all summer long for children aged 6 to 12 years. This year, the Malmo Green Shack was staffed by Program Leader Aimee, a second year university student. Helping her was volunteer Leader-in-Training Beth, a Malmo teen.

I stopped by the shack, to see how the summer was going for them. I started by asking Aimee what she liked about being a Program Leader.

"I like working with the kids," said Aimee, "it's so much fun. I like being outside. I like that we give the kids a break from what they normally do, at home and at school. This is my first year as a Program Leader and I really love it. It's great to have a job that you really enjoy doing."

I turned to Beth. "How long have you been a Leader-in-Training?" I asked.

"This is my third summer," she said. "I do between three and eight weeks, a year, depending on my part-time job and my family's vacation plans."

"I love connecting with the kids in the neighborhood," continued Beth. "It gives me a chance to talk with them outside of the Malmo community events. I like that we give the kids a stress-free place to come. I look forward to it, because it's fun for me too. I also like that I am able to work on my leadership skills."

Clearly, the summer was going well for these two leaders. Thank you, Aimee and Beth, for all your work (and play) with the kids in the 'hood.



Green Shack leaders Beth and Aimee.

Happenings at the Malmo Hall this Fall

By Rita Sarrate

Did you know that the Malmo Community Hall is available to all Community League Members to host gatherings with friends and families?

Go to <http://www.malmoplains.com/hall> to check hall amenities, rates and the online calendar to see available booking times. For information or booking requests email me at hall.booking@malmoplains.com.

The fall can also be the perfect chance for you to start participating in one of the regular activities hosted in the hall every week. Check them out!

Blue Chair Tai Chi

If you know the 108 Moy-style set then join us for intermediate Tai Chi. Mondays from 9:00 to 10:30 a.m. in the Malmo hall. For info call Kathy at 780-435-0738.

Bridge Game Mondays

If you like to play the card game of Bridge you are invited to join the game held Mondays from 12:30 to 3:30 p.m. in the Malmo hall. For info call Anne at 780-435-8792.

Hall Happenings

Continued from previous page

Scrapbooking and Crafts

A scrapbooking and Craft Night is held on the second Friday of every month at Malmo Hall, 7:00 p.m. You get a large table and uninterrupted time to work on your projects, such as card making, screen print, painting, needle work, and scrapbooking. Contact Laurie at 780-430-0943 or email her at lamcint@telus.net if you are planning on coming, as it is cancelled some months due to schedules.

Yamuna Body Rolling & Yoga

Monday evenings in the Malmo hall learn Yamuna Body Rolling (YBR). Rolling on the appropriate ball, you to engage each part of the body, working towards alignment, great posture and freedom of movement. Wednesday mornings in the hall there is a class that combines YBR with therapeutic yoga.

All classes are taught by Sally Ogden. For more info contact her at bijaayoga@gmail.com

Drop-in Beach Volleyball

The sand courts are reserved each Wednesday evening for community drop-in beach volleyball.



Facebook Us

The Malmo Plains Community League has a group page on Facebook. There you will find announcements and events from the League, and items of interest from other Malmo group members. We encourage and invite everyone living in Malmo to join the group. To join the group go to www.facebook.com/groups/MalmoPlains. We hope to see you on Facebook.



EFCL News & Events

The Edmonton Federation of Community Leagues (EFCL) connects and represents Edmonton's 157 community leagues.

FC Edmonton Community League Event on Sept. 14

FC Edmonton and the EFCL have partnered to hold a Community League Day, at the Sept. 14 FC Edmonton professional soccer game, at Clarke Stadium. For more information check out the EFCL and the FC Edmonton websites.

Sept. 17 is Community League Day across Edmonton

Community League Day for 2016 takes place Saturday, Sept. 17. It's a city-wide party that celebrates community leagues, their volunteers and the fantastic job they do to help build strong, healthy and connected neighbourhoods.

The list of CLDay events are found on the EFCL website below. Other leagues are doing some cool things that you and your family may enjoy. Come out, celebrate your community league, meet your neighbours, and have some fun!

Here's that website:
<http://www.efcl.org/events-->

2016 – 2017 Membership Form–Malmo Plains Community League

(Complete and drop off in the Malmo Hall mailbox, 11525 - 48 Avenue)

First Name	Last Name	E-mail Address	
Street Address			Telephone Number
Membership <input type="checkbox"/> Individual (\$15) <input type="checkbox"/> Family (\$30)	Payment Method <input type="checkbox"/> Cheque enclosed <input type="checkbox"/> Contact me for payment	Would you like to receive very occasional e-mail updates regarding Malmo Plains Community League news and events? <input type="checkbox"/> Yes <input type="checkbox"/> No	

Classified Ads

Carpentry and Drywall

Anything from fixing doors to patching holes. No project is too small. Call Adam at 587-984-4291.

Cleaning Services

Homes or businesses. Call or text Shamila at 780-243-5507

Dog Walking and Care

Malmö Plains own professional dog walking service has been taking care off dogs in the neighbourhood for nine years. We offer daily walks on- or off-leash. Please check out Edmontonfitdogs.com, or on Facebook Edmonton Fit Dogs.

Additional services are now offered including bathroom breaks, feeding, playing or individual walks / visits. For rates call Janneke at 780 885 2437.

Electrical Work

Master electrician. All types of residential electrical work, including service changes. Please call Rob at 780-433-3837.

Handyman Services

For all your handyman work: Kitchen remodels, flooring install, door install, toilet change-out, closet upgrade, and general repairs. Call Lalith at 780-803-4731 or Lalith_gamage@hotmail.com

Lawn Mowing Service

Call Roman at 780-707-9697.

Personal Accounting Service

Individual tax filing and bookkeeping services. Please call Nancy at 780-807-1231.

Piano Lessons for Children

Beginner piano lessons for children aged 5 to 12 years. Lessons held in the Malmo area. Contact Daria at dariapiano2016@gmail.com or call 780-267-1802 (after 4:30 p.m. on weekdays or all day on weekends).

Classified Ads

Plumbing and Gas Fitting

Call Brett at 780-668-4788.

Pre-Kindergarten Registration

Spaces for children aged 3 or 4 years are still available in the Malmo Pre-Kindergarten, which is located in the Malmo Elementary School. For more information visit www.malmopreschool.com or send an e-mail to the Registrar at registrar@malmopreschool.com

Small Engine Repair

Repairs and maintenance for all your powered lawn, garden and snow equipment. Call Blair at 780-996-2041 or info@earthandturf.ca

Steeped Tea

Need to replenish your tea supply or want a great gift? Need a new, easy fundraiser? Earn 40%! Call Cheryl @ 780-439-1587 for quality loose leaf tea or go to my website: www.mysteepedtea.com/cherylmc.

Travel Agent

Great deals on fall and winter international airfares, exotic adventure travel packages, destination weddings/honeymoons and all inclusive beach vacations. We are a registered and licensed travel agency located right here in Malmo. Call Jay at 780-916-0112 or jay@swantravel.ca.

League Meeting

The regular meeting of the Malmo Plains Community League Executive will be held on Tues. Sept. 13 at 7:00 pm, in the Malmo Hall.

Newsletter Info

Malmo Plains Community News is published by the Malmo Plains Community League and distributed free to all homes in Malmo.

If you have a story idea, photo, or a classified advertisement send it to malmoplainsweb@gmail.com

League Contacts

President Murray Whitby
president@malmoplains.com

Past President Cory Doll
pastpresident@malmoplains.com

Vice President Levi Bjork
vicepresident@malmoplains.com

Secretary Vacant Position
secretary@malmoplains.com

Treasurer Michael Whidden
treasurer@malmoplains.com.

Membership Coordinator and Sustainability Coordinator
Justin Townell
membership@malmoplains.com

Social Coordinator

Amanda Prentice
social@malmoplains.com
780-802-2056

Civics Director Jeff Hutton
civics@malmoplains.com

Soccer Coordinators

Lisa Elliott and Marianne Rankin
soccer@malmoplains.com

Hall Rental Booking Rita Sarrate
hall.booking@malmoplains.com
780-435-1588 (Hall Voicemail)

Facilities Richard Fahrion
facilities@malmoplains.com

IRC Chair Murray Tenove
ircchair@malmoplains.com.

Casino Coordinator John Woods
casino@malmoplains.com
780-432-0904

Program Coordinator
Mavis Andrew
mavis@telusplanet.net

U of A Representative

Mary-Jane Turnell
mturnell@ualberta.ca

Newsletter Editor

Mark Wierzbicki
malmoplainsweb@gmail.com

Newsletter Delivery

Sharon Bucyk lsbucyk@shaw.ca
780-432-0489
