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# Malmo Plains Community News

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[www.malmoplains.com](http://www.malmoplains.com)

September 2017

[www.facebook.com/groups/MalmoPlains/](http://www.facebook.com/groups/MalmoPlains/)



**A view of the recently-completed Edgeway apartment complex in Malmo.**

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## Community Spaghetti Supper Saturday, September 30, Malmo Hall

You are invited to the Malmo Community Spaghetti Supper, to be held on Saturday, September. 30, from 5:00 to 8:00 pm, at the Malmo Hall.

Bring the whole family and join friends and neighbors for nice Italian meal. Admission is just \$5 per person or \$20 for a family. Wine and beer will also be available for purchase.

The Spaghetti Supper is a Malmo tradition. You do not have to be a community league member to attend. If you live in Michener Park, Galbraith House, The Edgeway, or the Californian Lansdowne the spaghetti supper is a great way to connect with your community. And if you are new to Malmo, you are especially welcomed. We hope to see you on the 30th!

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## Check-out the Malmo Facebook Group

The Malmo Community League hosts a vibrant group page on Facebook. Join the group and keep up-to-date with current happenings in the neighborhood where you live. With over 170 members, there is always something of interest, be it community league events, lost and found property and pets, discussions of civic issues, free stuff, and much more. Here's the URL: [www.facebook.com/groups/MalmoPlains/](http://www.facebook.com/groups/MalmoPlains/)

Anyone with an interest in the Malmo Plains neighborhood is welcome to join and contribute to the Malmo community Facebook group.

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## Community League Day is Sept. 16

The Edmonton Federation of Community Leagues' community league day is Sat. Sept. 16. It's a city-wide party that celebrates community leagues, their volunteers, and the fantastic job they do to help build strong, healthy and connected neighbourhoods.

For more information, go to the Federation's website at [www.efcl.org](http://www.efcl.org).

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### What's Inside . . .

- Social coordinator's update
- How to join the Malmo league
- New League executives
- Local classified ads
- And lots more

# Good Times Were Had by All

By Amanda Prentice, Social Coordinator

On July 29 and 30 we had the Movie Night, Camp out in the Park, and Pancake Breakfast event. Fun was had by all those that attended. I can't wait until next year's event! I want to send out a HUGE "thank you" to all the volunteers who made the event possible.

The annual spaghetti supper will be held Saturday September 30. It's a great way to spend a Saturday evening.

Keep an eye out for more fun events. Possibilities include a craft event in November and a Christmas movie night! We'll make sure these events get publicised on the Malmo website and Facebook group page. I hope to see you all there.

Below are some pictures from the pancake breakfast.



# U of Alberta News

## Green and Gold Garden Now Open

The Green and Gold Garden is a volunteer-run garden that sells its produce to the public. Located on the U of A South Campus, the garden sells organic vegetables, orchard fruits, and a wide selection of herbs and flowers.

The garden is open for business Tuesdays from 7:00 to 8:30 and Saturdays from 11:00 am to 1:00 pm. The proceeds from sales at the garden go to the Tubahumurize project for women in Rwanda.

For more information and to see what's in season and for sale, go to the garden website at [www.greengoldgarden.com](http://www.greengoldgarden.com).

## U of A to Honour Alumnus Lalitha Taylor

Malmo resident Lalitha Taylor will receive the University of Alberta's Alumni Horizon Award, for her national and international contributions to the dietitian profession.

University of Alberta President David H. Turpin will present Ms. Taylor with the award on Monday, Sept. 25, 2017, at the Northern Alberta Jubilee Auditorium

The Alumni Horizon Award recognizes the outstanding career achievements and contributions of recent graduates their community .

Lalitha Taylor is a national spokesperson for the nearly 6,000 members of Dietitians of Canada. She contributes regularly to radio, print and media events. She is passionate about strengthening the health of communities through nutritional education and shares her knowledge at daycares, schools, churches and community organizations.

The University of Alberta invites all community members attend the alumni awards event on the 25th.

## EFCL Civic Leadership Program

The Edmonton Federation of Community Leagues (EFCL) offers programs that promote community league participation and support diversity and inclusion.

The EFCL Civic Leadership Project is designed for women who want to contribute to their communities and, specifically, be involved in their local community league.

This free workshop is open to women 18+, who want to understand community league board roles and responsibilities while owning the inherent leadership qualities they all have. The two-day workshop focuses on leadership development and board awareness. Participants will build their capacity to access volunteer opportunities in community leagues and in the greater Edmonton volunteer sector.

The first workshop runs from Sept. 23 to 24. Additional workshops are planned for November and for January 2018.

For more information on the Civic Leadership Project program e-mail Kyra at [kyra.brown@efcl.org](mailto:kyra.brown@efcl.org).

## New League Executive Board Members

**By Murray Whitby, President, Malmo Plains Community League**

I am thrilled to report that over the summer the following Malmo community members have joined the League's Executive Board:

- Ms. Cherie Fuchs, Civics Director
- Mr. Chris Ouellette, Infrastructure Redevelopment Committee Chair
- Mr. Rhett Taylor, Membership Director
- Ms. Jenna Whitby, Newsletter Editor

Many thanks to Jeffrey Hutton, Murray Tenove, and Justin Townell for their years of service to the League in the civics, infrastructure, and membership roles respectively. Justin will continue in his other role on the Executive Board, that being the Sustainability Coordinator.

Please join me in welcoming the new members to the Executive Board .

## Join the Malmo Community League

The Malmo Plains Community League is a non-profit, volunteer-run organization, serving the people of the Malmo neighborhood.

The League provides sports and recreation, community engagement, and civic opportunities for people living in the Malmo Plains neighborhood.

For less than \$3 per month, you can help ensure the Malmo community league continues to exist long into the future. League memberships are on sale now for the 2017 / 2018 league year.

To join the Malmo Community League go to the EFCL website and follow the instructions there. Here is the URL: <http://efcl.org/membership>

You can also join the League by completing the form below and dropping it into the mailbox at the Malmo Hall. Memberships will also be sold at Spaghetti Supper, on Sept. 30.

If you have any questions about how to become a League member, please e-mail the Membership Coordinator, Rhett Taylor, at address below: [membership@malmoplains.com](mailto:membership@malmoplains.com)



### 2017 – 2018 Membership Form–Malmo Plains Community League

(Please complete and drop off in the Malmo Community Hall mailbox, 11525 - 48 Avenue)

First Name	Last Name	E-mail Address	
Street Address			Telephone Number
<b>Membership</b> <input type="checkbox"/> Individual (\$15) <input type="checkbox"/> Family (\$30)	<b>Payment Method</b> <input type="checkbox"/> Cheque enclosed <input type="checkbox"/> Contact me for payment	Are you currently a member of the Malmo group on Facebook? <input type="checkbox"/> Yes <input type="checkbox"/> No	



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## Classified Ads

### Bridge Club

Join fellow card players Mondays in the Malmo Hall, from 12:30 to 4:00 pm. Call Ann at 780-435-8792 for more information.

### Carpentry and Drywall

Anything from fixing doors to patching holes. No project is too small. Call Adam at 587-984-4291.

### Cleaning Services

Homes or businesses. Call or text Shamila at 780-243-5507.

### Dog Walking and Care

Malmö Plains own professional dog walking service has been taking care off dogs in the neighbourhood for nine years. We offer daily walks on- or off-leash. For rates call Janneke at 780 885 2437.

### Electrical Work

Master electrician. All types of residential electrical work, including service changes. Please call Rob at 780-433-3837.

### Handyman Services

For all your handyman work. Call Lalith at 780-803-4731 or Lalith\_gamage@hotmail.com.

### Landscaping Construction

Landscaping construction services, including Bobcat work, grading, topsoil, sod, paving stone & retaining walls, trees & shrubs, post hole augering, dump hauling. Call Blair @ 780-996-2041 or email me at info@earthandturf.ca.

### Personal Accounting Service

Individual tax filing and bookkeeping services. Please call Nancy at 780-807-1231.

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## Classified Ads

### Piano Lessons for Children

Beginner piano lessons for children aged 5 to 12 years. Lessons held in the Malmo area. Contact Daria at dariapiano2016@gmail.com or call 780-267-1802.

### Plumbing and Gas Fitting

Call Brett at 780-668-4788.

### Steeped Tea

Need to replenish your tea supply or want a great gift? Need a new, easy fundraiser? Earn 40%! Call Cheryl @ 780-439-1587 for quality loose leaf tea or go to my website: www.mysteepedtea.com/cherylmc.


### Travel Agent

Great deals on fall and winter travel. We are a licensed travel agency located in Malmo. Call Jay at 780-916-0112 or jay@swantravel.ca.

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## About Us

Malmo Plains Community League has been operating since 1965. The purpose of the League is to enhance the quality of life of people living in the Malmo Plains neighborhood by providing facilities and opportunities for sports, recreation, social, and community activities.

The League is operated entirely by volunteers. If you would like more information, or to get involved, contact any of the League executives, listed to the right. 

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## Newsletter Info

The Malmo community league publishes this newsletter ten times per year and distributes it free to residences in Malmo. Your stories and photos are welcomed; please e-mail them to the Newsletter Editor. Due to space limitations, not everything submitted can be published.

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## League Contacts

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