

# Carmen Lamar

sag-aftra / aea

brown hair | brown eyes | 5'7" | 145lbs

(917) 744-3743 | carmenlamarcreative@gmail.com | www.carmenlamar.com

## TELEVISION

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The Mysteries of Laura	Co-Star	Director, Michael Schultz
One Life to Live	Co-Star (several)	Director, Joe Cotugno, et. al.
Postcards from Hollywood	Lead, Host	The Biography Channel

## FILM

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20 Minutes of Action	Supporting Lead	Director, Charles Nuckolls
Someday This Pain Will Be Useful to You	Featured	Director, Robert Faenza
The Deafening Silence of a Very Bright Light	Supporting	Director, Mark L. Feinsod
Behind Closed Doors	Lead	Columbia University Film

## INDUSTRIALS, HOSTING, COMMERCIALS

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Demo reel along with film & television roles may be found on [www.carmenlamar.com](http://www.carmenlamar.com) | [IMDB](https://www.imdb.com) | [YouTube](https://www.youtube.com)

## NY THEATRE

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Glockcoma	Middle-Aged Alexandra	Brian Catton, MITF with Loni Ackerman
Francis Meets Francis	Connie Francis	Leonard Nimoy Thalia Theatre
Dina & Alba	Dina	Kevin Albert, The Secret Theatre
The Time of the Cuckoo	Fioria	Pamela Moller Kareman, Schoolhouse Theatre
Laughter on the 23 <sup>rd</sup> Floor	Carol	Pamela Moller Kareman, Schoolhouse Theatre
The Baby Dance	Rachel	Mahayana Landowne, Schoolhouse Theatre
The House of Blue Leaves	Corrina	Pamela Moller Kareman, Schoolhouse Theatre
Maids of Honor	Monica	Brian Vandenbroucke, ATA
Danny and the Deep Blue Sea	Roberta	The Acting Studio

## CABARET

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Rendezvous: The Music of Brel, Piaf, & Aznavour*	The Metropolitan Room, Feinstein's
The Kid in Me	Danny's Skylight Room
Success!	The Triad

\*Mac award nomination for best review

## TRAINING

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Acting:	Fred Kareman (Meisner), Drama training at Texas A&M University, One on One, Scott Powers
VO:	Wendy Dillon, Jake Daehler
Singing:	Steven Silverstein, Joyce Hall, Tom Helm, Jack Lee
Dance:	Luigi Jazz Center

## SPECIAL SKILLS

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TelePrompter, Ear Prompter, Soprano (legit to high Bb; belt to C above middle), Accents (Texas, Southern, generic Hispanic & Italian), swimming, snorkeling, biking, hiking, sprinting, jogging, kayaking, canoeing, yoga, piano, drive standard & automatic