

# Carmen Gonzalez-Lamar

sag-aftra / aea

brown hair | brown eyes | 5'7" | 145lbs

(917) 744-3743 | [carmenlamarcreative@gmail.com](mailto:carmenlamarcreative@gmail.com) | [www.carmenlamar.com](http://www.carmenlamar.com)

## TELEVISION

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The Mysteries of Laura	Co-Star	Michael Schultz, NBC-TV
One Life to Live	Co-Star (several)	Joe Cotugno, ABC-TV
Postcards from Hollywood	Host	Patalia Tate, Biography Channel

## FILM

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The Middle of Ever After* ( <i>Short</i> )	Lead	Kippy Edge, CC7Day Film Festival
Contact ( <i>Short</i> )	Co-Star	Oday Rasheed
20 Minutes of Action ( <i>Documentary</i> )	Principal	Charles Nuckolls
Someday This Pain Will Be Useful to You	Featured	Robert Faenza
The Deafening Silence of a Very Bright Light	Supporting	Mark L. Feinsod

\*Best Actress nomination

## INDUSTRIALS, HOSTING, COMMERCIALS

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Demo reel along with film & television roles may be found on [www.carmenlamar.com](http://www.carmenlamar.com) | [IMDB](https://www.imdb.com) | [YouTube](https://www.youtube.com) | [Broadway World](https://www.broadwayworld.com)

## NY Regional & Off-Off Broadway

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Dina & Alba	Dina	Kevin Albert, In Scena Italian Theatre Festival
The Time of the Cuckoo	Fioria	Pamela Moller Kareman, Schoolhouse Theatre
Laughter on the 23 <sup>rd</sup> Floor	Carol	Pamela Moller Kareman, Schoolhouse Theatre
The Baby Dance	Rachel	Mahayana Landowne, Schoolhouse Theatre
The House of Blue Leaves	Corrina	Pamela Moller Kareman, Schoolhouse Theatre
Maids of Honor	Monica	Brian Vandenbroucke, ATA
Danny and the Deep Blue Sea	Roberta	David J. Perry, The Acting Studio

## CABARET & MUSICAL

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You're Gonna Hear from Me	One-woman show	Mollie O'Mara, Steven Silverstein/Laurie Beechman
Glockcoma	Middle Alexandra	Brian Catton, MITF with Loni Ackerman
Francis Meets Francis	Connie Francis	Leonard Nimoy Thalia Theatre
Rendezvous: <i>Brel, Piaf, &amp; Aznavour</i> *	Group/Soloist	Terry Moyer, The Metropolitan Room
Camelot	Guenevere	Vicki Pennington, Jekyll Island Musical Theatre Fest.
The Kid in Me	One-woman show	Tex Arnold, Danny's Skylight Room

\*Mac award nomination for best review

## TRAINING

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Acting: Fred Kareman (Meisner)	Theatre Education: BA Texas A&M University, MA Hunter University
VO: Wendy Dillon, Jake Daehler	Vocal Coaching: Steven Silverstein, Joyce Hall, Tom Helm
Dance: Luigi Jazz Center, Broadway Dance	

## SPECIAL SKILLS

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TelePrompter, Ear Prompter, Soprano (legit to high Bb; belt to C above middle), Accents (Texas, Southern, generic Hispanic & Italian), swimming, snorkeling, biking, hiking, sprinting, jogging, kayaking, canoeing, yoga, piano, drive standard & automatic