



Before You Begin Collections

- Send stool samples **Monday through Wednesday ONLY**. Extra shipping charges will apply for Saturday deliveries (Friday shipments), which may compromise the sample due to the lab being closed over the weekend. We must receive the sample vial within 7 days of the first collection.
- Please check your vials for expiration dates. If it has expired, call Customer Service for a replacement vial.
- Do not allow urine or water to touch the sample as it will contaminate it.
- Avoid contact of the skin and eyes with the fluid in the vial. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.
- If you are unable to produce a stool sample, only the following recommended laxatives can be used:
 - Oral phosphate soda laxatives such as Fleet
 - Magnesium citrate
 - Psyllium fiber
 - Enemas may be given using distilled water only
 Give laxatives 24 hours before any sample collection. Do not use any suppositories or mineral oil.
- Fill out the Test Requisition Form (TRF) completely. Please PRINT clearly. For US patients a physician authorization is required.
- If you have any questions, please call Customer Service at 913-341-8949 or email CustomerService@GPL4U.com

Testing Requirements and Guidelines

Vial Type	Minimum Sample Requirement	During Collection	After Collection
Yellow Top (1)	5 mL stool (to fill line)	Collect sample in collection tray. Place sample into vial using spoon attached to lid. Take multiple samples from different areas of specimen.	Shake sample vigorously for about 30 seconds. Store at room temperature.

Vials will have fixative agents in them. Do not pour out liquid. If it spills please contact Customer Service for another kit.

Preparing and Shipping the Specimen

- Print the patient's full name, time, and collection date on the vial. You do not have to provide an ID number.
- Place the yellow-topped vial into the biohazard zip-lock bag. Place the absorbent packing sheet in the biohazard zip-lock bag with the vial and seal. Leave at room temperature.
- Fold and place the completed Test Requisition Form into the outside pocket of the biohazard zip-lock bag
- containing the vial. Place the biohazard zip-lock bag with vial into the cardboard box. Close and seal the box.
- Place the box in the FedEx Clinical Pak. Please take note of the shipping/tracking number if you would like to track the package.
- Seal the FedEx Clinical Pak.
- Call FedEx at 1-800-463-3339 for pickup. Mention you have a prepaid bag for overnight delivery.

Turn Around Time

Please note that most test results take a minimum of **two weeks** to become available after the sample arrives at our facility.