



1 Before You Begin Collection

- Please fill out all sections of the Test Requisition Form provided in your kit.
- Complete Collection Return Envelope
- Rinse your mouth with cold water before you begin collecting your sample and then swallow to remove excess saliva. If the patient cannot perform the rinse, have the patient drink a small glass of water.

2 Collection Instructions

1. Each paper sleeve contains two swabs. A total of four swabs are to be collected.
2. Open a sleeve and remove one swab at a time. Keep the paper sleeve to return swab after collecting.
3. Swallow to remove excess saliva. Using a circular motion, rub the first swab on the inside of one cheek about 20 times, with enough pressure so that the cheek is pushed outward.
4. Gently wave the swab through the air to dry it for three minutes. Then place the first swab back into the sleeve. Remove the second swab from the sleeve and repeat steps using the same cheek side.
5. Using the second set of swabs in the second sleeve, repeat the same process using the other cheek side.
6. Place the two sleeves containing the four dry swabs in the paper Collection Return Envelope.

3 Mailing Instructions

Place completed Test Requisition Form, completed Informed Consent Form, and the envelope containing the swabs into the Test Kit Envelope. Remove adhesive sticker and then place into the FedEx envelope. Be sure to seal. In the United States, call FedEx at 1-800-463-3339 for pick up. Mention you need to schedule a pick-up using a billable stamp. Do not put kits in a FedEx drop box.

Turn Around Time

Please note that most test results take a minimum of **5-6 weeks** to become available after the sample arrives at our facility.