

# SAINT ELIAS

Greco-Catholic Church and Cemetery

2021





# JANUARY

## JANVIER ІАННУАРІЙ СІЧЕНЬ

ВЪ СЪВѢТѢ ЦРКВИ СВЯТЫХ АПОСТОЛЪ И СВЯТЫХ ОЦЕВЪ  
 Ἐκκλησία τῆς Ἁγίας Ἐκκλησίας τῆς Ἐπιτοῦνης Ἁγίας  
 10193 Heritage Rd. Brampton ON WEB: saintelias.com TEL: 905.459.8888  
 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Why is it necessary to bless water?</b> During the Liturgy, bread and wine are blessed to become the means of true unification with God. At Theophany water is blessed not to be kept for years in a closet, but to be used, so that it might manifest remission of sins, deliverance, salvation, sanctification of soul and body, so that, as the 20th century theologian Alexander Schmemmann wrote, "it might be what all matter was intended to be: the way to the ultimate goal, man's theosis, coming to know God, and uniting with Him."  <b>Prayer Before Consuming Prospophora and Holy Water:</b> O Lord my God, may Your holy gift and Your holy water be unto the enlightenment of my mind, unto the strengthening of my spiritual and physical powers, unto the health of my soul and body, unto the taming of my passions and weaknesses, according to Your limitless mercy, through the prayers of Your Most-pure Mother and of all Your Saints. Amen.</p> 					<p><b>1</b> ⊕ <i>fast-free period</i>  <b>CIRCUMCISION OF OUR LORD &amp; ST. BASIL</b>                  Ὁ ΒΑΡΕΥΣΜΟΣ ἡ ΒΑΣΙΛΙΑ                  Hours/Confession 9:30 AM                  Divine Liturgy 10 AM</p>	<p><b>2</b> <i>fast-free period</i>  <i>Saturday before Theophany</i>                  St. Sylvester, pope of Rome                  [+ St. Seraphim of Sarov]</p>
<p><b>3</b> <i>fast-free period</i>                  30<sup>th</sup> Sunday after Pentecost: Tone V  <i>Sunday before Theophany</i>                  Prophet Malachi                  Martyr Gordius</p>	<p><b>4</b> <i>fast-free period</i>                  Forefeast of Theophany                  Synaxis of the 70 Apostles                  St. Theoctistus of Sicily</p>	<p><b>5</b> <i>Strict fast day: wine &amp; oil allowed</i>                  Eve of Theophany                  ΠΑΚΥΦΕΡΗ ΒΡΟΧΚΛΕΝΗ                  The Royal Hours 8 AM                  Vespers Liturgy 3 PM  <i>with first Blessing of Water</i>                  Vigil (Compline and Matins) 7 PM</p>	<p><b>6</b> ⊕                  THEOPHANY OF OUR LORD JESUS CHRIST                  ΕΓΓΕ ΕΠΟΔΕΛΕΘΗΕ ΙΑΙΑ                  Hours/Confession 9:30 AM                  Liturgy 10 AM  <i>with outdoor Blessing of Water</i></p>	<p><b>7</b> <i>Second Day of Theophany</i>                  Hours/Confession 9:30 AM                  Divine Liturgy 10 AM                  ☩ Synaxis of the Holy Prophet, Forerunner, and Baptist John</p>	<p><b>8</b>                  Afterfeast of the Theophany                  St. John the Chozebite, abbot                  St. Domnica of Constantinople</p>	<p><b>9</b>  <i>Saturday after Theophany</i>                  Martyr Polyeuctus                  Hieromartyr Phillip</p>
<p><b>10</b>                  31<sup>st</sup> Sunday after Pentecost: Tone VI  <i>Sunday after Theophany</i>                  St. Gregory of Nyssa                  St. Dometian of Miletena</p>	<p><b>11</b>                  Afterfeast of Theophany                  + Venerable Theodosius the Great, the Cenobiarch</p>	<p><b>12</b>                  Afterfeast of Theophany                  Martyr Tatiana of Rome</p>	<p><b>13</b>                  Afterfeast of Theophany                  Martyrs Hermylus &amp; Stratonicus</p>	<p><b>14</b>                  ☩ Leavetaking of Theophany                  Fathers slain at Sinai &amp; Raithu                  + St. Nina Enlightner of Georgia</p>	<p><b>15</b>                  ☩ Venerable Paul of Thebes                  St. John the Hut-Dweller</p>	<p><b>16</b>                  Eve of Ven. Anthony                  Vigil (vespers &amp; matins) 7 PM                  ☩ Veneration of the Chains of the Holy Apostle Peter</p>
<p><b>17</b> ⊕                  32<sup>nd</sup> Sunday after Pentecost: Tone VII                  Ven. Anthony the Great                  ΠΡΩΤΟΝΑΓΩ ἉΓΙΩΝΙΑ ΒΕΛΙΚΑΓΩ                  Hours/Confession 9:30 AM                  Divine Liturgy 10 AM</p>	<p><b>18</b>                  ☩ Saints Athanasius and Cyril, archbishops of Alexandria</p>	<p><b>19</b>                  Eve of Ven. Euthymius                  Vigil (vespers &amp; matins) 7 PM                  ☩ Venerable Macarius of Egypt</p>	<p><b>20</b> ⊕ <i>wine &amp; oil allowed</i>                  St. Euthymius the Great                  ΠΡΩΤΟΝΑΓΩ ΕΥΦΥΜΙΑ ΒΕΛΙΚΑΓΩ                  Hours/Confession 9:30 AM                  Divine Liturgy 10 AM</p>	<p><b>21</b>                  St. Maximus the Confessor                  Martyr Neophytus</p>	<p><b>22</b> <i>wine &amp; oil allowed</i>                  Apostle Timothy                  Martyr Anastasius the Persian</p>	<p><b>23</b>                  Hieromartyr Clement of Ancyra                  Martyr Agathangel</p>
<p><b>24</b>                  33<sup>rd</sup> Sunday after Pentecost: Tone VIII                  Venerable Xenia of Rome                  [Blessed Xenia of Petersburg]</p>	<p><b>25</b>                  + St. Gregory the Theologian</p>	<p><b>26</b>                  Venerable Xenophon and Maria</p>	<p><b>27</b> <i>wine &amp; oil allowed</i>                  + Translation of the Relics of St. John Chrysostom</p>	<p><b>28</b>                  ☩ Venerable Ephrem the Syrian                  Venerable Isaac the Syrian</p>	<p><b>29</b>                  Eve of the 3 Holy Hierarchs                  Vigil (vespers &amp; matins) 7 PM                  ☩ Translation of the Relics of Hieromartyr Ignatius of Antioch</p>	<p><b>30</b> ⊕                  The Three Holy Hierarchs:                  Basil, Gregory and John                  ΣΒΑΤΩΝ ΤΡΕΙΣ ΣΒΑΤΩΝ ΤΕΛΕΙ                  Hours/Confession 9:30 AM                  Divine Liturgy 10 AM</p>
<p><b>31</b>                  34<sup>th</sup> Sunday after Pentecost: Tone I                  Forefeast of the Encounter                  ☩ Unmercenarys Cyrus &amp; John</p>	<p><b>Fasting and Ranks of Holy Days:</b>                  Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR                  ⊕ Great Feast - day of religious obligation and rest from labour                  ⊕ Vigil Rank Feast                  ☩ Polyeleos Rank Feast</p>					


**WHAT CAN WE LEARN FROM THE SAINTS?** The Church's yearly commemorations of saints such as St. Anthony (Jan. 17) and St. Euthymius (Jan. 20), provide us with wonderful examples of *asceticism*. Asceticism is a refocusing of our hearts away from "things on the earth" to enable us to develop our relationship to Christ where He is now. Though many of us have important family and career responsibilities, we also have a great deal of free time which we devote to recreation or entertainment of one sort or another. In our society we are increasingly addicted to non-stop music, TV or Internet, with their increasingly godless atmosphere. What time do we have left for prayer? What spirit do we have left for communion with God? Asceticism for us might well involve turning from earthly pursuits, at least in part, to set our minds "on things above". (Col 3:1, 2)

# FEBRUARY

## FÉVRIER ФЕВРУАРИЙ ЛЮТИЙ

СВЯТА ЦЕРКОВЬ СЪВЪРЪШАВА ДЪВЪТЪ АННІНІН РАМΠΤΩΝ ΗΣ ΟΝΤΑΡΤΩ ΚΑΛΑΔΑ  
 10193 Heritage Rd. Brampton ON WEB: saintelias.com TEL: 905.459.8888  
 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>On the Feast of the Encounter (Feb. 2<sup>nd</sup>), we bless candles and contemplate the role of light in the world and in our lives, light that comes from God, light by which we experience and encounter our Creator. "The candles which you light reveal to you the intelligible light..." -St. Symeon the New Theologian</p>	<p><b>1</b></p> <p><i>Eve of the Encounter</i> Vigil (vespers &amp; matins) 7 PM</p> <p>☩ Martyr Tryphon [St. Bridget of Ireland]</p>	<p><b>2</b> ☩</p> <p>ENCOUNTER OF OUR LORD JESUS CHRIST                  ΕΡΓΕΤΗΙΣ ΙΔΑ ΙΩΑ ΧΡΤΑ</p> <p>Hours/Confession 9.30 AM Liturgy 10 AM <i>with Blessing of Candles</i></p>	<p><b>3</b></p> <p><i>Afterfeast of the Encounter</i> ☩ Righteous Simeon the God-receiver &amp; Prophetess Anna</p>	<p><b>4</b></p> <p><i>Afterfeast of the Encounter</i> Venerable Isidore of Pelusium</p>	<p><b>5</b></p> <p><i>Afterfeast of the Encounter</i> Martyr Agatha of Palermo</p>	<p><b>6</b></p> <p><i>Afterfeast of the Encounter</i> Venerable Bucolus of Smyrna</p>
<p><b>7</b></p> <p><i>35<sup>th</sup> Sunday aft. Pentecost: Tone II</i></p> <p><i>Afterfeast of the Encounter</i> Ven. Parthenius of Lampascus</p>	<p><b>8</b></p> <p><i>Afterfeast of the Encounter</i> ☩ Greatmartyr Theodore Strat. Prophet Zechariah</p>	<p><b>9</b></p> <p><i>Leavetaking of the Encounter</i> Martyr Nicephorus</p>	<p><b>10</b></p> <p><i>wine &amp; oil allowed</i></p> <p>Hieromartyr Charalampus [+ St. Anna of Novgorod]</p>	<p><b>11</b></p> <p>Hieromartyr Blaise of Sebaste</p>	<p><b>12</b></p> <p>St. Meletius of Antioch</p>	<p><b>13</b></p> <p>Venerable Martinian</p>
<p><b>14</b></p> <p><i>36<sup>th</sup> Sunday aft. Pentecost: Tone III</i> SUNDAY OF ZACCHAEUS</p> <p>Venerable Auxentius ✦ Rest of Venerable Cyril, Teacher of the Slavs</p>	<p><b>15</b></p> <p>Apostle Onesimus of the 70</p>	<p><b>16</b></p> <p>Martyrs Pamphilus, Porphyrius, and companions</p>	<p><b>17</b></p> <p><i>wine &amp; oil allowed</i></p> <p>☩ Greatmartyr Theodore Tyro</p>	<p><b>18</b></p> <p>St. Leo the Great, pope of Rome</p>	<p><b>19</b></p> <p>Apostles Archippus and Philemon</p>	<p><b>20</b></p> <p>Venerable Leo of Catania</p>
<p><b>21</b></p> <p><i>Beginning of the Triodion; Tone IV</i> SUNDAY OF THE PUBLICAN &amp; PHARISEE</p> <p>Venerable Timothy of Symbola St. Eustathius of Antioch</p>	<p><b>22</b></p> <p><i>fast-free period</i></p> <p><i>Fast-Free Week</i></p> <p>Discovery of relics of the Holy Martyrs at the gate of Eugenius</p>	<p><b>23</b></p> <p><i>fast-free period</i></p> <p>Hieromartyr Polycarp of Smyrna</p>	<p><b>24</b></p> <p><i>fast-free period</i></p> <p>✦ First and second findings of the Head of St. John the Baptist</p>	<p><b>25</b></p> <p><i>fast-free period</i></p> <p>St. Tarasius of Constantinople</p>	<p><b>26</b></p> <p><i>fast-free period</i></p> <p>St. Porphyrius of Gaza</p>	<p><b>27</b></p> <p><i>fast-free period</i></p> <p>Venerable Procopius, Confessor</p>
<p><b>28</b></p> <p><i>Tone V</i> SUNDAY OF THE PRODIGAL SON</p> <p>Venerable Basil the Confessor</p>						

FEBRUARY 21<sup>st</sup>, 2021, marks the beginning of the *Triodion* period of the church year. On the Island of Zakynthos a unique ceremony takes place at the beginning of the Triodion. The book of the Triodion is placed on a stand before the icon of Christ. Before the first hymn from this book is chanted, the volume is presented to the bishop. He venerates it as if it were an icon, followed by all the clergy. Then the book is presented to the chanter who intones the first hymn. The term Triodion (Greek: Τριώδιον, Slavonic: триѡдїа.) refers to the ten weeks leading up to Pascha as well as to the book which contains the hymns, readings, and prayers proper to this season. Triodion literally means "three odes" and refers to the canons at daily Matins which contain three, rather than the usual nine, odes. The Triodion as we have it today was organized by Studite monks in ninth-century Constantinople. They drew chiefly on texts from the Patriarchate of Jerusalem by a number of outstanding hymnographers, including Andrew of Crete, Cosmas of Maiuma, and John of Damascus – some twenty composers in all. In general, the prayers and services of the Triodion may be considered a great catechesis for the faithful, setting forth the entire scope of divine revelation through the reading of several books from the Old Testament and allusions to many others in the Great Canon and other hymns, as well as patristic homilies and chants based on still other sacred texts. This catechesis is not about imparting information but about motivating us to embrace the great task of the season: repentance and the renewal of our life in Christ. This ten-week period is made up of the following components: i, The pre-Fast weeks which ease us into the practices of the Great Fast; ii, The six-week long Great Fast itself; iii, The two-fold feast of Lazarus Saturday and Palm Sunday; and iv, The Great and Holy Week of the Lord's Passion.

- Fasting and Ranks of Holy Days:**
- Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR
- ☩ Great Feast - day of religious obligation and rest from labour
- ✦ Vigil Rank Feast ☩ Doxology Rank Feast
- ✦ Polyeleos Rank Feast ☩ Six Stichera Service

# MARCH

## MARS МАРТЪ БЕРЕЗЕНЬ

ORTHODOX CHURCH OF THE HOLY PROPHET ELIAS

ΓΡΗΓΟΡΙΑΝΗ ΕΚΚΛΗΣΙΑ ΤΗΣ ΕΒΕΝΤΑΛΗΝΗΣ ΕΡΑΜΠΟΥΣΗΣ ΟΝΤΑΡΙΩ ΚΑΝΑΔΑ  
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# 2021

SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MARCH 6<sup>th</sup> 2021 is the first of six yearly <i>Soul Saturdays</i>, or <i>general commemorations of the dead</i>. Please update your family memorial book (located in the narthex) and submit it prior to the service. Once submitted, your family names will be remembered at each Soul Saturday service in 2021.</p>	<p>1</p> <p><i>use up remaining meat products this week</i></p> <p>Venerable Martyr Eudocia</p>	<p>2</p> <p>Hieromartyr Theodotus</p>	<p>3</p> <p>Martyr Eutropius and comp.</p>	<p>4</p> <p>Ven. Gerasimus of the Jordan</p>	<p>5</p> <p>Martyr Conon of Isauria</p>	<p>6</p> <p><i>Saturday before the Last Judgement:</i> ✠ SOUL SATURDAY ✠ Parastasis 10 AM</p> <p>42 MM of Amorium</p>
<p>7</p> <p><i>Tone VI</i> SUNDAY OF THE LAST JUDGEMENT - <i>Meatfare</i> <i>last day of eating meat</i></p> <p>Holy Hieromartyrs of Cherson</p>	<p>8</p> <p><i>eggs &amp; dairy allowed</i></p> <p><i>Cheese Week</i> <i>use up remaining dairy products before the fast begins</i></p> <p>Venerable Theophylactus</p>	<p>9</p> <p><i>eggs &amp; dairy allowed</i></p> <p>✠ <i>Holy 40 Martyrs of Sebaste</i></p>	<p>10</p> <p><i>eggs &amp; dairy allowed</i></p> <p>Martyr Codratus and comp.</p>	<p>11</p> <p><i>eggs &amp; dairy allowed</i></p> <p>St. Sophronius of Jerusalem</p>	<p>12</p> <p><i>eggs &amp; dairy allowed</i></p> <p>Ven. Theophanes the Confessor St. Gregory the Dialogist</p>	<p>13</p> <p><i>eggs &amp; dairy allowed</i></p> <p><i>Saturday before Cheesefare:</i> Saturday of All Ascetic Saints</p> <p>Trans. of relics of St. Nicephorus</p>
<p>14</p> <p><i>eggs &amp; dairy allowed</i></p> <p><i>Tone VII</i> SUNDAY OF FORGIVENESS <i>Cheesefare</i> <i>last day of eating dairy products</i> Forgiveness Vespers 7 PM Venerable Benedict of Nursia</p>	<p>15</p> <p><i>clean week</i></p> <p>We begin <i>Holy and Great Lent</i> Great Compline 7 PM Martyr Agapius and comp.</p>	<p>16</p> <p><i>clean week</i></p> <p>Great Compline 7 PM Martyrs Sabinas &amp; Papis of Egypt</p>	<p>17</p> <p><i>clean week</i></p> <p>Presanctified Liturgy 5 PM Great Compline 7 PM Venerable Alexius Man of God St. Patrick of Armagh</p>	<p>18</p> <p><i>clean week</i></p> <p>Great Compline 7 PM St. Cyril of Jerusalem</p>	<p>19</p> <p><i>clean week</i></p> <p>Presanctified Liturgy 5 PM <i>with blessing of kolivo/kutia</i> Martyrs Chrysanthus and Daria at Rome</p>	<p>20</p> <p><i>wine &amp; oil allowed</i></p> <p><i>First Saturday in Great Lent:</i> Saturday of St. Theodore Tyro</p> <p>Venerable Fathers slain at Saint Sabbas Monastery</p>
<p>21</p> <p><i>fast day: wine &amp; oil allowed</i></p> <p><i>First Sunday of Great Lent; Tone VIII:</i> SUNDAY OF ORTHODOXY <i>Restoration of the Holy Icons</i> Lenten Vespers 7 PM Venerable James, Confessor</p>	<p>22</p> <p>Hieromartyr Basil of Ancyra</p>	<p>23</p> <p>Ven. Martyr Nicon and comp.</p>	<p>24</p> <p><i>Eve of the Annunciation</i> Presanctified Liturgy 5 PM Vigil (Compline and Matins) 7 PM ☪ Forefeast of Annunciation Ven. Zachariah the Recluse</p>	<p>25</p> <p><i>fast day: fish, wine &amp; oil allowed</i></p> <p>ANNUNCIATION OF THE HOLY THEOTOKOS ΕΒΔΟΜΗΜΕΡΗΣ ΕΒΔΩ Hours and Typica 12 PM Vesperal Liturgy 1 PM</p>	<p>26</p> <p>Presanctified Liturgy 5 PM ☪ Leavetaking of Annunciation Synaxis of the Archangel Gabriel</p>	<p>27</p> <p><i>wine &amp; oil allowed</i></p> <p><i>Second Saturday in Great Lent:</i> ✠ SOUL SATURDAY ✠ Parastasis 10 AM</p> <p>Martyr Matrona of Thessalonica</p>
<p>28</p> <p><i>fast day: wine &amp; oil allowed</i></p> <p><i>Second Sunday of Great Lent; Tone I:</i> ST. GREGORY PALAMAS Lenten Vespers 7 PM Venerable Hilarion the New St. Stephen of Triglia</p>	<p>29</p> <p>Ven. Mark of Arethusa &amp; comp.</p>	<p>30</p> <p>Venerable John of the Ladder</p>	<p>31</p> <p>Presanctified Liturgy 5 PM Venerable Hypatius of Gangra</p>	<p><b>FORGIVENESS VESPERS</b> - At the first service of the Great Fast [this year on the evening of March 14], after making our entrance into Lenten worship, we ask forgiveness from each other, performing the rite of mutual forgiveness and reconciliation. And as we approach each other with words of reconciliation, the Paschal hymns are sung, filling the church with the anticipation of Paschal joy. Now, forgiveness stands at the very center of Christian faith and of Christian life because Christianity itself is, above all, the religion of forgiveness. God forgives us, and His forgiveness is in Christ, His Son, Whom He sends to us, so that by sharing in His humanity we may share in His love and be truly reconciled with God. Indeed, Christianity has no other content but love. And it is primarily the renewal of that love, a return to it, a growth in it, that we seek in Great Lent, in fasting and prayer, in the entire spirit and the entire effort of that season. Thus, truly forgiveness is both the beginning of, and the proper condition for the Lenten season. -Protopresbyter Alexander Schmemmann</p>		

### LENTEN WEEKDAY SCHEDULE:

Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR  
 ☪ Great Feast - day of religious obligation and rest from labour  
 ☩ Vigil Rank Feast  
 ☩ Six Stichera Service

MON. - SAT.  
 SUN. MON. TUES. THURS.  
 WED., FRI.  
 MON. - FRI.

DAILY MATINS 7 AM  
 DAILY VESPERS 5 PM  
 PRESANCTIFIED 5 PM  
 COMPLINE 7 PM

# APRIL

## AVRIL АПРІЛІЙ ТРАВЕНЬ

ΕΚΚΛΗΣΙΑ ΤΗΣ ΟΡΘΟΔΟΞΗΣ ΚΑΙ ΚΑΘΑΡΗΣ ΠΙΣΤΕΩΣ  
 ἉΓΙΟΥ ΠΑΤΕΡΟΣ ΤΗΣ ΟΡΘΟΔΟΞΗΣ ΚΑΙ ΚΑΘΑΡΗΣ ΠΙΣΤΕΩΣ  
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# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>"The springtime of the Fast has dawned, The flower of repentance has begun to open. O brethren, let us cleanse ourselves from all impurity and sing to the Giver of Light: Glory be to Thee, who alone lovest mankind!"</i> Lent signifies not winter but spring, not darkness but light, not death but renewed vitality. Certainly it has its somber aspect, with the repeated prostrations at the weekday services, with the dark vestments of the priest, with the hymns sung to a subdued chant, full of compunction. In the Christian Empire of Byzantium theatres were closed and public spectacles forbidden during Lent; and even today weddings are forbidden in the seven weeks of the fast. Yet these elements of austerity should not blind us to the fact that the fast is not a burden, not a punishment, but a gift of God's grace: <i>"Let us accept the grace of the Fast as a gift from God..."</i> -instruction from the Triodion</p>				1	2	3 <small>wine &amp; oil allowed</small>  Third Saturday in Great Lent: ✠ SOUL SATURDAY ✠ Parastasis 10 AM  Ven. Nicetas the Confessor
4 <small>wine &amp; oil allowed</small> Third Sunday of Great Lent; Tone II THE VENERATION OF THE HOLY CROSS Lenten Vespers 7 PM Ven. Joseph the Hymnographer and George of Maleum	5 Martyrs Theodulus and Agathopodes and companions	6 ✠ Repose of St. Methodius, Teacher of the Slavs	7 Presanctified Liturgy 5 PM  Venerable George of Mitylene	8 Apostle Herodion and comp.	9 Presanctified Liturgy 5 PM  Martyr Eupsychius	10 <small>wine &amp; oil allowed</small>  Fourth Saturday in Great Lent: ✠ SOUL SATURDAY ✠ Parastasis 10 AM  Martyr Terrence and comp.
11 <small>wine &amp; oil allowed</small> Fourth Sunday of Great Lent; Tone III VENERABLE FATHER JOHN OF THE LADDER Lenten Vespers 7 PM Hieromartyr Antipas	12 Ven. Basil of Parios, Confessor	13 Hieromartyr Artemon and comp.	14 Presanctified Liturgy 3 PM The Great Penitential Canon of Venerable Andrew of Crete & reading of the life of St. Mary of Egypt 7 PM St. Martin, pope and Confessor	15 <small>wine &amp; oil allowed</small> Thursday of the Great Canon Presanctified Liturgy 5 PM Apostles Aristarchus, Pudens, and Trophimus	16 Presanctified Liturgy 5 PM  Virgin Martyrs Agapia, Irene, and Chionia	17 <small>wine &amp; oil allowed</small> AKATHIST SATURDAY Matins & Akathist 8 AM Hours/Confession 9.30 AM Divine Liturgy 10 AM Venerable Simeon of Persia Venerable Acacius of Melitene
18 <small>wine &amp; oil allowed</small> Fifth Sunday of Great Lent; Tone IV VENERABLE MOTHER MARY OF EGYPT Lenten Vespers 7 PM Venerable John the Decapolite	19 Ven. John of the Ancient Caves	20 Venerable Theodore Trichinas	21 Presanctified Liturgy 5 PM  Hieromartyr Januarius & comp. Martyr Theodore of Pergia	22 Venerable Theodore of Syceum	23 Presanctified Liturgy 5 PM Services for the dead (pannakydi) are not sung until Tuesday of Thomas Week  ✠ Greatmartyr George (service transferred to May 4)	24 <small>caviar, wine &amp; oil allowed</small> LAZARUS SATURDAY ΣΥΒΕΚΩΤΑ ΠΡΩΪΝΑΓΩ ΛΑΖΑΡΩ Matins 8 AM Divine Liturgy 10 AM Vigil of Palm Sunday 7 PM
25 <small>fish, wine &amp; oil allowed</small> ✠ PALM SUNDAY ✠ Entrance of our Lord into Jerusalem Ἡ ΕΙΣΟΔΟΣ ΚΑΙ Hours/Confession 9.30 AM Divine Liturgy 10 AM Daily Vespers 7 PM	26 <small>Great and Holy Week: strict fast</small> GREAT MONDAY Bridegroom Matins 7 AM Presanctified Liturgy 5 PM  Hieromartyr Basil of Amasea ✠ St. Stephen of Perm	27 <small>Great and Holy Week: strict fast</small> GREAT TUESDAY Bridegroom Matins 7 AM Presanctified Liturgy 5 PM  ✠ Hieromartyr Simeon, kinsman	28 <small>Great and Holy Week: strict fast</small> GREAT WEDNESDAY Bridegroom Matins 7 AM Presanctified Liturgy 5 PM  Apostles Jason and Sosipater of the 70 and their companions ✠ St. Cyril of Turov	29 <small>Great and Holy Week: wine and oil allowed</small> GREAT THURSDAY: Commemoration of the Lord's Supper Matins 7 AM Vesperal Liturgy 4 PM (Institution of the Holy Eucharist) 12 Passion Gospels 8 PM (Matins of Holy and Great Friday)	30 <small>Day of strict and obligatory fasting</small> GREAT FRIDAY ΒΕΛΙΚΪΗ ΠΑΤΟΚΪ Royal Hours 10 AM Vespers 6 PM (entombment of the shroud) Jerusalem Matins 8 PM (Matins of Holy and Great Saturday)	Displaced commemorations this month due to Holy Week and Pascha - April 24 <sup>th</sup> : The Holy Martyr Sabbas Stratelates ("the General") April 25 <sup>th</sup> : ✠ The Holy Apostle and Evangelist Mark April 29 <sup>th</sup> : The Nine Holy Martyrs of Cyzicus Venerable Memnon the Wonderworker April 30 <sup>th</sup> : ✠ The Holy Apostle James, Brother of St. John the Theologian.

LENTEN WEEKDAY SCHEDULE:  
 MON. - SAT.  
 SUN. MON. TUES. THURS.  
 WED., FRI.  
 MON. - FRI.

DAILY MATINS 7 AM  
 DAILY VESPERS 5 PM  
 PRESANCTIFIED 5 PM  
 COMPLINE 7 PM

ON GREAT THURSDAY Vespers with the Liturgy of St. Basil is served in commemoration of the MYSTICAL SUPPER. That same evening matins with the 12 PASSION GOSPELS is conducted. This is the primary service for GREAT FRIDAY. On GREAT SATURDAY the PASCHAL VIGIL with 15 Old Testament readings is served as the "First Resurrection" of Adam and the conquering of Death.



# MAY

## МАЙ / МАЙ ТРАВЕНЬ



СВ. СЯТН. СІВУРСНОГЪ ТНЕНОУ ЧРВРОПНЕТЪ СЯС  
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 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM



# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>WE CALL THE FEAST OF CHRIST'S RESURRECTION 'PASCHA'</b> which in Hebrew means 'PASSING-OVER'; for this is the day on which God from the beginning brought the world out of non-existence. On this day He also made the people of Israel pass over the Red Sea and snatched them from the hands of Pharaoh. It was on this day that He came down from heaven and dwelt in the womb of the Virgin. And now He has snatched the whole of humanity from the vaults of Hades and made it pass upwards to heaven and brought it to its ancient dignity of incorruption. But when He descended into Hades he did not raise all, only those who chose to believe in Him. He freed the souls of the Saints since time began who were forcibly held fast by Hades and made them all ascend to heaven. And so we, rejoicing exceedingly, celebrate the Resurrection with splendour, offering an image of the joy in which our nature abounds by God's tender mercy. Likewise, to demonstrate the abolition of the enmity and the union with God and the Angels, <b>we give one another the customary paschal kiss.</b> - from the Synaxarion of the Orthodox Church by Nikephoros Kallistos Xanthopoulos</p>						<p><b>1</b> <i>Great and Holy Week: strict fast</i>  <b>GREAT SATURDAY</b>                  Велика Свѣдѣніа                  Єрусалимська Утрєня 9 AM                  Vespèral Liturgy 4 PM  <i>(The Paschal Vigil with 15 O.T. readings)</i></p>
<p><b>2</b> ✠ <b>PASCHA</b> ✠  <i>The Bright Resurrection of Christ</i>                  Пасха - Великденъ                  Nocturns (removal of shroud) 5.30 AM                  Resurrection Matins 6 AM  <i>(Divine Liturgy and blessing of food)</i>                  Agape Vespers 7 PM</p>	<p><b>3</b> ✠ <b>BRIGHT MONDAY</b> ✠                  Resurrection Matins 9 AM                  Divine Liturgy 10 AM                  ✠ <b>Repose of Venerable Theodosius of the Caves in Kiev</b></p>	<p><b>4</b> ✠ <b>BRIGHT TUESDAY</b> ✠                  Greatmartyr George (transferred) Великомученика Георгія                  Resurrection Matins 9 AM                  Divine Liturgy 10 AM                  Virgin Martyr Pelagia of Tarsus</p>	<p><b>5</b> ✠ <b>BRIGHT WEDNESDAY</b> ✠                  Resurrection Matins 9 AM                  Divine Liturgy 10 AM                  Greatmartyr Irene</p>	<p><b>6</b> ✠ <b>BRIGHT THURSDAY</b> ✠                  Resurrection Matins 9 AM                  Divine Liturgy 10 AM                  Prophet Job the much-suffering</p>	<p><b>7</b> ✠ <b>BRIGHT FRIDAY</b> ✠                  Resurrection Matins 9 AM                  Divine Liturgy 10 AM                  Vigil (vespers &amp; matins) 7 PM                  Appearance of the Cross over Jerusalem in 351 A.D.</p>	<p><b>8</b> ✠                  Holy Apostle and Evangelist John the Theologian Свѣтлоу Іоанна Богослова                  Hours/Confession 9.30 AM                  Divine Liturgy 10 AM</p>
<p><b>9</b>                  2<sup>nd</sup> Sunday of Pascha: Tone I                  THOMAS SUNDAY:                  Antipascha                  ✠ Trans. relics of St. Nicholas Pr. Isaiah</p>	<p><b>10</b>                  Eve of Methodius &amp; Cyril                  Vigil (vespers &amp; matins) 7 PM                  Specific services for the dead (pannakhydi) are resumed.                  ✠ <b>Apostle Simon the Zealot</b></p>	<p><b>11</b> ✠                  Sts. Methodius and Cyril Свѣтлоу Меѳодіа и Кїрїлла                  ✠ Радоница - Прѣводи ✠                  Joyful Prayers for the Departed                  Hours/Confession 9.30 AM                  Divine Liturgy 10 AM</p>	<p><b>12</b> <i>wine &amp; oil allowed</i>                  St. Epiphanius of Cyprus</p>	<p><b>13</b>                  Virgin Martyr Glyceria</p>	<p><b>14</b> <i>wine &amp; oil allowed</i>                  Martyr Isidore of Chios</p>	<p><b>15</b>                  ✠ Ven. Pachomius the Great                  ✠ St. Isaiah of Rostov</p>
<p><b>16</b>                  3<sup>rd</sup> Sunday of Pascha: Tone II                  SUNDAY OF THE MYRRHBEARING WOMEN                  Ven. Theodore the Sanctified</p>	<p><b>17</b>                  Apostle Andronicus and comp.</p>	<p><b>18</b>                  Martyr Theodotus                  Martyrs Peter, Dionysius &amp; comp.</p>	<p><b>19</b> <i>wine &amp; oil allowed</i>                  Hieromartyr Patrick of Prusa &amp; companions</p>	<p><b>20</b>                  Martyr Thallelaeus and comp.</p>	<p><b>21</b> <i>wine &amp; oil allowed</i>                  ✠ <b>Holy Equals-to-the-Apostles Constantine and Helen</b></p>	<p><b>22</b>                  Martyr Basiliscus</p>
<p><b>23</b>                  4<sup>th</sup> Sunday of Pascha: Tone III                  SUNDAY OF THE PARALYTIC                  ✠ Ven. Euphrosynia of Polotsk                  ✠ Trans. of the relics of St. Leontius of Rostov</p>	<p><b>24</b>                  Ven. Simeon of Wonderful mt.                  ✠ Ven. Nicetas the Stylite</p>	<p><b>25</b>                  Eve of Mid-Pentecost                  Vespers 7 PM                  ✠ <b>Third finding of the head of St. John the Forerunner</b></p>	<p><b>26</b> <i>fish, wine &amp; oil allowed</i>                  ✠ <b>MID-PENTECOST</b> ✠                  Matins 8 AM                  Hours/Confession 9.30 AM                  Divine Liturgy 10 AM                  with Blessing of Water                  Apostle Carpus of the 70</p>	<p><b>27</b>                  Hieromartyr Therapontus</p>	<p><b>28</b> <i>wine &amp; oil allowed</i>                  Venerable Nicetas of Chalcedon                  ✠ <b>Rep. Ven. Ignatius of Rostov</b></p>	<p><b>29</b>                  Venerable Theodosia the Virgin</p>
<p><b>30</b>                  5<sup>th</sup> Sunday of Pascha: Tone IV                  SUNDAY OF THE SAMARITAN WOMAN                  Venerable Isaac the Confessor</p>	<p><b>31</b>                  The Holy Apostle Hermas                  Holy Martyr Hermes</p>	<p>Slavs, like many ancient peoples, have a tradition of visiting family graves during the springtime and feasting together with them. In Rus', this custom became known as <i>Radonitsa</i> from the Slavic word "radost", meaning "joy." It may seem strange to call a memorial for the departed "joyful," but the Christian belief that lies behind this joy is the remembrance of Jesus' Resurrection and the joy and hope it brings to all. Because of the importance of Holy Week, and because of the joy of the Resurrection, <i>pannakhydi</i> for the departed are forbidden from Great and Holy Thursday through Thomas Sunday. Therefore, the first opportunity after Pascha to remember the dead is on the Monday and Tuesday of Thomas week, and families traditionally gather for memorial picnics.</p>				

# JUNE

## ЮНІЇНІЙ ЧЕРВЕНЬ

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 ἉΓ. ΣΑΤΗ. ΕΚΚΛΗΣΙΑΣ ΤΗΣ ΤΡΙΝΙΤΟΣ ΚΑΙ ΤΟΥ ἉΓ. ΠΡΟΦΗΤΗ ἸΛΙΑ  
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 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>В</b>ІСЛОЖЕНІЯ СІН ХРІТÈ БЖЕ НАШІЯ,                  БІЖЕ ПРЕМЪДРЫ ЛОВЦЫ ІАВЛЕНІ,                  НИЗПОСЛАВІЯ НІМЯ ДХА СІТАГО, І ЧЪМН                  ОУЛОВЛЕНІ ВЕЛЕНІНЮ, ЧЕЛОВЪКОЛЮБЧЕ                  СЛАВА ТРЕБЪ. <i>тропіарь патрдеятници, гласъ иі</i></p>	1	2	3	4	5	
<p><b>6</b>                  6<sup>th</sup> Sunday of Pascha: Tone V                  SUNDAY OF THE                  MAN BORN BLIND</p> <p>St. Bessarion the Wonderworker                  Venerable Hilarion the New</p>	7	8	9	10	11	
<p><b>13</b>                  7<sup>th</sup> Sunday of Pascha: Tone VI                  THE HOLY FATHERS                  of the First Ecumenical Council</p> <p>Afterfeast of the Ascension                  Martyr Aquilina                  St. Triphillius Leucosia</p>	14	15	16	17	18	
<p><b>20</b> PENTECOST                  The Descent of the All-Holy Spirit;                  ✠ TRINITY SUNDAY ✠                  ТРОИЦА-ВЕДЕНІ СВѢТА</p> <p>Hours/Confession 9.30 AM                  Divine Liturgy 10 AM                  Kneeling Vespers 7 PM</p>	21	22	23	24	25	
<p><b>27</b>                  1<sup>st</sup> Sunday after Pentecost: Tone VIII                  ALL SAINTS DAY</p> <p>Ven. Samson the Hospitable                  ✠ Synaxis of the New-Martyrs                  and Confessors of Ukraine</p>	28	29	30	<p>AT PENTECOST, churches and homes of the faithful are decorated with trees, grass and flowers in relation to the feast. The Old Testament Church also celebrated Pentecost in this way, offering greenery on this day as a beginning to the harvest (Lev.23:10-22; Num. 28:26). It is therefore likely that the room in which the Apostles received the Holy Spirit on this feast was also decorated this way. The thought of the appearance of God as three strangers to Abraham at the Oaks of Mamre could also have influenced this custom. Celebrating the Holy Trinity, ancient Christians on the day of the Holy Trinity spread tree branches and flowers in the temples to see that in this way the</p>		

**Fasting and Ranks of Holy Days:**

- Grey Box - abstention from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR
- ⊕ Great Feast - day of religious obligation and rest from labour
- ⊕ Vigil Rank Feast
- ⊕ Polyeleos Rank Feast
- ⊕ Doxology Rank Feast
- ⊕ Six Stichera Service

decorated temple of God more obviously represents the Oaks of Mamre and the tent of Abraham where once the Triune God had the good will to appear. Now branches and flowers are offered to God as the beginning of the renewing Spring. But at the same time they serve together as a symbol of the Church of Christ, which with the appearance of the grace of the Holy of Spirit flourished in it, according to the expression in the church hymns, like a white lily. It also points out the renewal of the people by the power of the descent of the Holy Spirit, (serving as a symbol of His very grace which we ask for on this day and which, being recognized by true believing souls, smells sweet to them through a great variety of spiritual gifts and holy deeds), and for the future resurrection of our dead brethren for which we especially pray on this day. - S. V. Bulgakov, *Nastolnaya Knizha, Kharkov, 1900*

# JULY

JUILLET ІУЛІЙ ЛИПЕНЬ

ОРТОДOKCКАЯ ЦЕРКОВЬ СВЯТЫХ АПОСТОЛЪ И ПРОВОДНИКЪ СВЯТЫХ АПОСТОЛЪ И ПРОВОДНИКЪ СВЯТЫХ АПОСТОЛЪ  
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 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>On the second Sunday after Pentecost, local churches of the Kievan tradition commemorate all the saints, known and unknown, who have shone forth in their territory. Accordingly, we celebrate the saints who have shone forth in Canada. St. John (Maximovich) (+1966) taught that, in whatever land an Orthodox Christian finds himself, it is his responsibility to venerate and pray to its national and local Saints. Saints of all times and in every country are seen as the fulfilment of God's promise of redemption. Their example encourages us to "lay aside every weight, and the sin which so easily besets us" and "run with patience the race that is set before us" (Hebrews 12:1). The saints of Canada teach us how to live, and what we must expect to endure as Christians.</p>				1  ☩ Unmercenarys Cosmas and Damian at Rome	2  <i>wine &amp; oil allowed</i>  ✦ Placing of the Robe of Our Most Holy Lady at Blachernae [Repose of St. John of Shanghai]	3  Martyr Hyacinth
4 <i>2nd Sunday after Pentecost: Tone I</i> ALL SAINTS OF CANADA <i>(local commemoration)</i>  St. Andrew of Crete Venerable Martha	5  ✦ Venerable Athanasius of Athos ☩ Uncovering of the relics of Venerable Sergius of Radonezh	6  Venerable Sisoies the Great ✦ Uncovering of relics of Holy Princess Juliana Ol'shanska	7  Venerable Thomas of Maleum & Acacius (in "The Ladder")	8  ☩ Greatmartyr Procopius ✦ Theotokos "of Kazan"	9  Hieromartyr Pancratius	10  45 Martyrs of Nicopolis ✦ Venerable Anthony, abbot of the Caves in Kiev
11 <i>3rd Sunday after Pentecost: Tone II</i>  ☩ Greatmartyr Euphemia ✦ Repose of Blessed Olga, Grand Princess of Kiev	12  Martyrs Proclus and Hilary Venerable Michael of Maleon	13  ☩ Synaxis of Archangel Gabriel Venerable Stephen the Sabaite	14  <i>Eve of St. Vladimir</i> Vigil (vespers & matins) 7 PM  ☩ Apostle Aquila	15✦  Equal-to-the-Apostles, Great-Prince Vladimir of Kiev РАВНОАПОЛЪ ВНАЗЪ ВЛАДИМИРА Hours/Confession 9.30 AM Divine Liturgy 10 AM	16  Hieromartyr Athenogenes and his Ten Disciples	17  ☩ Greatmartyr Marina
18 <i>4th Sunday after Pentecost: Tone III</i> THE HOLY FATHERS <i>of the First Six Ecumenical Councils</i>  Martyr Hyacinth of Amastris Martyr Emilian of Silistria	19  <i>Eve of St. Elias</i> Vigil (vespers & matins) 7 PM  Venerable Mother Macrina [✦ Uncovering of the relics of Venerable Seraphim of Sarov]	20✦  Holy Prophet of God ELIAS THE TISHBITE ✦ Patronal Feastday-Праздникъ ✦ ПРРЪКА ІУЛІЙ ФЕВСКІТАНІНА Hours/Confession 9.30 AM Divine Liturgy 10 AM	21  Venerable Simeon, the Fool for Christ and his Companion John Prophet Ezekiel	22  ☩ Myrrhbearer and Equal-to-the-Apostles Mary Magdalene	23  <i>wine &amp; oil allowed</i>  Martyrs Trophimus, Theophilus ✦ Theotokos "of Pochaev"	24  Greatmartyr Christine ✦ Passionbearers Borys & Hlib
25 <i>5th Sunday after Pentecost: Tone IV</i>  ✦ The Dormition of Saint Anna, Mother of the Theotokos	26  Hieromartyr Hermolaus and those with Him	27  ✦ Greatmartyr Panteleimon St. Clement of Ochrid	28  <i>wine &amp; oil allowed</i>  Apostles and Deacons Prochor, Nicanor, Timon and Parmenas ✦ Theotokos "of Smolensk"	29  Martyr Callinicus	30  Apostles Silas and Silvanus and those with Them	31  <i>Eve of the Cross</i> Great Vespers 7 PM  ☩ Forefeast of the Cross Righteous Eudocimus

THE GLORIOUS PROPHET ELIAS (JULY 20<sup>th</sup>) is characterized by his flaming zeal for the glory of God, unconditional obedience to the word of God, the fulfilment in his highest calling, self-renunciation, his pure and undefiled life, and his love for prayer. Aside from holding a special place in the devotions of Arab Christians, in Slavic nations Elias is sometimes referred to as the "Thunderer" for his biblical association with rain and storms. From deep antiquity the people of Rus' revered the God-pleasing Elias. During pre-Christian times in Kiev there was a church of the Prophet Elias (possibly the first church in Kiev), and Saint Olga (July 11) built a church dedicated to him in her native region, at the village of Vibuta. For our ancestors, working of the feast of St. Elias, especially in fields, was considered sinful and dangerous. Let us follow this example not out of fear, but out of joy and reverence for our patronal saint. *Let us assemble in his holy temple...*

### Fasting and Ranks of Holy Days:

Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR  
 ☩ Great Feast - day of religious obligation and rest from labour  
 ✦ Vigil Rank Feast  
 ☩ Doxology Rank Feast  
 ✦ Polyteles Rank Feast  
 ☩ Six Stichera Service



# AUGUST

## ΑΟΥΤ / АВГУСТ / СЕРПЕНЬ






ΕΚΚΛΗΣΙΑ ΤΗΣ ΠΟΛΙΤΕΙΑΣ ΤΗΣ ΠΡΟΦΗΤΕΙΑΣ  
 Ἐκκλησία τῆς Πολιτείας τῆς Προφητείας  
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 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>  Beginning of the Dormition Fast: wine & oil allowed 6 <sup>th</sup> Sunday after Pentecost: Tone V Procession of the Precious and LIFE-GIVING CROSS Προηγχοζαένιε Ἰτνήγχα Δρέβα blessing of water and honey Holy Maccabee Martyrs	2 Dormition Fast ☞ Trans. of Relics of Protomartyr and Archdeacon Stephen	3 Dormition Fast Ven. Isaac, Dalmatus & Faustus of the Dalmatian Monastery	4 Dormition Fast 7 Youths "Sleepers" of Ephesus Venerable-Martyr Eudocia	5 Dormition Fast Eve of the Transfiguration Vigil (vespers & matins) 7 PM ☞ Forefeast of Transfiguration Martyr Eusignius	6  Dormition Fast: fish, wine & oil allowed <b>TRANSFIGURATION OF OUR LORD</b> ΠΡΩΒΕΡΑΖΗΝΗΕ ΓΑΙΑ Hours/Confession 9.30 AM Divine Liturgy 10 AM blessing of grapes and first-fruits	7 Dormition Fast: wine & oil allowed Afterfeast of Transfiguration Venerable-Martyr Dometius
8 Dormition Fast: wine & oil allowed 7 <sup>th</sup> Sunday after Pentecost: Tone VI Afterfeast of Transfiguration Emilian, Confessor of Cyzicus	9 Dormition Fast Afterfeast of Transfiguration + Apostle Matthias	10 Dormition Fast Afterfeast of Transfiguration Martyr & Archdeacon Lawrence	11 Dormition Fast Afterfeast of Transfiguration Martyr Euplus	12 Dormition Fast Afterfeast of Transfiguration Martyrs Photius and Anicetas	13 Dormition Fast: fish, wine & oil allowed Matins with the bringing out of the shroud of the Theotokos: "Praises at the Tomb" 8 PM Leavetaking of Transfiguration Ven. Maximus the Confessor	14 Dormition Fast Eve of the Dormition Vigil (vespers & matins) 7 PM ☞ Forefeast of the Dormition + Transfer of Relics of the Ven. Theodosius of the Caves in Kiev
<b>15</b>  8 <sup>th</sup> Sunday after Pentecost: Tone VII <b>DORMITION OF THE MOST HOLY THEOTOKOS</b> Οἴσπηνιε Πρεσγιά Βίβυ Hours/Confession 9.30 AM Divine Liturgy 10 AM	16 Afterfeast of the Dormition ☞ Icon "Not Made with Hands" Holy Martyr Diomedes	17 Afterfeast of the Dormition Martyr Myron	18 Afterfeast of the Dormition Martyrs Florus and Laurus [Repose of Ven. John of Rila]	19 Afterfeast of the Dormition Martyr Andrew the General Theotokos "Of the Don"	20 Afterfeast of the Dormition Prophet Samuel	21 Afterfeast of the Dormition Apostle Thaddeus Martyr Bassa ☞ Ven. Abramius of Smolensk
22 9 <sup>th</sup> Sunday after Pentecost: Tone VIII Afterfeast of the Dormition Martyr Agathonics & comp.	23 Leavetaking of the Dormition Martyr Luppus Hieromartyr Irenaeus of Lyons	24 Hieromartyr Eutyches Theotokos "of Pidhorets"	25 ☞ Return of the Relics of the Apostle Bartholomew Apostle Titus	26 Martyrs Adrian and Natalia + Theotokos "of Vyshhorod"	27 Venerable Pimen	28 Eve of the Beheading Vigil (vespers & matins) 7 PM Venerable Moses the Black + Synaxis of the Fathers who repose in the Far Caves in Kiev
<b>29</b>  Strict Fast: wine & oil allowed 10 <sup>th</sup> Sunday after Pentecost: Tone I <b>BEHEADING OF ST. JOHN THE FORERUNNER</b> Οἴσβηνέσπηνιε Γάβυ Πρτέχην Hours/Confession 9.30 AM Divine Liturgy 10 AM	30 Sts. Alexander, John, and Paul the New of Constantinople	31 + Placing Cinchure of our Most Holy Lady the Theotokos	 <p><b>THE DORMITION FAST</b> - Beginning August 1 and continuing until August 15, the Church has always observed the <b>Dormition Fast</b>, as established of old, keeping it according to an unwritten tradition. With the Dormition fast, the Church, on the one hand, guides us to spiritual transfiguration, observing the fast as a means to graceful internal circumspection, and on the other hand, motivates us to imitate the Mother of God, who spent all her life in the asceticism of fasting and prayer. This fast is similar to Great Lent in terms of its strictness. The fast is lessened on Saturdays, Sundays, and likewise on the feast of Transfiguration.</p> <p><b>CELEBRATING THE DORMITION</b> - Similarly to Good Friday, a shroud of the Theotokos is brought forth at matins on the day before the feast (served on the night of August 13<sup>th</sup>), with the singing of special dirges. For Slavic peoples, the Mother of God has long been the primary Patroness, Helper, Queen, and Mistress. It was to her that they turned for any need, especially in situations of complete hopelessness. It should be noted that the three Lavra monasteries in Ukraine, the Kiev-Caves, Pochayiv and Svyatohorsk as well as the Univ Lavra and the Lviv Stavropolegial Brotherhood are all dedicated to the Dormition of the Theotokos. Countless shrines and miraculous icons can be found in the cities and countrysides of Ukraine. We observe the feast of the Dormition with church attendance, bringing flowers and herbs to be blessed.</p>			

**Fasting and Ranks of Holy Days:**

Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR

-  Great Feast - day of religious obligation and rest from labour
-  Vigil Rank Feast
-  Polyteles Rank Feast
-  Doxology Rank Feast
-  Six Stichera Service

# SEPTEMBER

## SEPTEMBRE СЕПТЭМВР'Й ВЕРЕСЕНЬ

СВ. ПРАВОСЛАВНА ЦРКВА ПРОВОДИТ СВАТАГО ПРАВОСЛАВНОГО ПЕРШОГО СЕНТЯБРЯ КАНОНАЛ  
 10193 Heritage Rd. Brampton ON WEB: saintelias.com TEL: 905.459.8888  
 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Following the inspiration of the Ecumenical Patriarch, Orthodox Churches have established <b>SEPTEMBER 1<sup>st</sup></b> as a <b>DAY OF PRAYER FOR CREATION</b>. The Catholic Church has joined the Orthodox in this prayerful effort. The Church has always recognized that <b>"The earth is the LORD's and the fullness thereof, the world and those who dwell therein"</b> (1 Corinthians 10:26). God is creator of the world and the Lord of all the universe. <b>We are stewards of God's creation, and as such have a responsibility for the environment.</b></p>			<p>1 <i>wine &amp; oil allowed</i></p> <p>✦ <b>Indiction/Church New Year</b>                      Venerable Symeon the Stylite and his Mother Martha</p>	<p>2</p> <p>Martyr Mamas                      Venerable John the Faster</p>	<p>3</p> <p>Hieromartyr Anthonis                      Venerable Theoctistus</p>	<p>4</p> <p>Hieromartyr Babylas of Antioch                      Prophet Moses the God-seer</p>
<p>5  <i>11<sup>th</sup> Sunday after Pentecost: Tone II</i></p> <p>☞ Prophet Zachariah and the Righteous Elisabeth</p>	<p>6</p> <p>☞ Miracle of the Archangel Michael at Colossae</p>	<p>7</p> <p><i>Eve of the Nativity</i>                      Vigil (vespers &amp; matins) 7 PM</p> <p>☞ Forefeast of the Nativity                      Martyr Sozon</p>	<p>8 ⊕ <i>fish, wine &amp; oil allowed</i></p> <p><b>NATIVITY OF THE MOST HOLY THEOTOKOS</b>  <b>РЪЖТВО ПРЕСЪТЪА БЦЫ</b></p> <p>Hours/Confession 9.30AM                      Divine Liturgy 10 AM</p>	<p>9</p> <p><i>Afterfeast of the Nativity</i>                      ☞ Holy &amp; Righteous Forebears of God Joachim and Anna</p>	<p>10</p> <p><i>Afterfeast of the Nativity</i>                      Martyrs Menodora, Metrodora, Nymphodora</p>	<p>11</p> <p><i>Afterfeast of the Nativity</i>                      Ven. Theodora of Alexandria</p>
<p>12  <i>12<sup>th</sup> Sunday after Pentecost: Tone III</i></p> <p>Leavetaking of the Nativity                      Hieromartyr Autonomus</p>	<p>13</p> <p><i>Eve of the Exaltation</i>                      Vigil (vespers &amp; matins) 7 PM</p> <p>Forefeast of the Exaltation                      ☞ Dedication of the Church of the Resurrection in Jerusalem</p>	<p>14 ⊕ <i>Strict Fast</i></p> <p><b>EXALTATION OF THE PRECIOUS CROSS</b>  <b>ВОЗДВІЖЕНІЄ ЧСНГО ВЪРЪТА</b></p> <p>Hours/Confession 9.30AM                      Divine Liturgy 10 AM</p>	<p>15</p> <p><i>Afterfeast of the Exaltation</i>                      ☞ Holy Greatmartyr Nicetas Theotokos "of Kholm"</p>	<p>16</p> <p><i>Afterfeast of the Exaltation</i>                      ☞ Greatmartyr Euphemia</p>	<p>17</p> <p><i>Afterfeast of the Exaltation</i>                      Martyr Sophia, and her 3 Daughters Faith, Hope, &amp; Love</p>	<p>18</p> <p><i>Afterfeast of the Exaltation</i>                      Venerable Eumenes of Gortyna</p>
<p>19  <i>13<sup>th</sup> Sunday after Pentecost: Tone IV</i></p> <p><i>Afterfeast of the Exaltation</i>                      Martyr Trophimus and comp.                      [+ Passion-bearer Igor of Kiev]</p>	<p>20</p> <p><i>Afterfeast of the Exaltation</i>                      ☞ Greatmartyr Eustathius                      ☞ Grand Prince Michael &amp; his Boyar Theodore of Chernihov</p>	<p>21</p> <p>☞ Leavetaking of the Exaltation                      Apostle Quadratus of Magnesia</p>	<p>22</p> <p>Hieromartyr Phocas of Sinope                      Prophet Jonah</p>	<p>23</p> <p>☞ Conception of the Prophet, Forerunner and Baptist John</p>	<p>24</p> <p>☞ Holy Protomartyr and Equal-to-the-Apostles Thekla</p>	<p>25</p> <p><i>Eve of St. John</i>                      Vigil (vespers &amp; matins) 7 PM</p> <p>Venerable Euphrosyne                      + Repose of Venerable Sergius, abbot of Radonezh</p>
<p>26 ⊕</p> <p><i>14<sup>th</sup> Sunday after Pentecost: Tone V</i>                      Holy Apostle and Evangelist John the Theologian                      СЪНЪА ВЪАНА БЪОСЛАВА</p> <p>Hours/Confession 9.30AM                      Divine Liturgy 10AM</p>	<p>27</p> <p>Martyr Callistratus and 49 others</p>	<p>28</p> <p>✦ Ven. Chariton the Confessor                      ✦ Synaxis of the Fathers who repose in the Near Caves in Kiev</p>	<p>29</p> <p>☞ Venerable Cyriacus the Anchorite</p>	<p>30</p> <p><i>Eve of the Protection</i>                      Vigil (vespers &amp; matins) 7 PM</p> <p>☞ Hieromartyr Gregory of Greater Armenia                      [+ St. Michael, met. of Kiev]</p>	<p><b>ON THE EVE OF THE EXALTATION (Sept. 13<sup>th</sup>)</b> a special rite is performed at the end of Vigil. The cross is ceremoniously lowered and again raised high in the center of the church. This is an image of our bitter fall in Adam and our raising again in Christ from the depths of Hades to the Kingdom of God, and from death to eternal life in God. This rite has deep spiritual value. Since the cross</p>	

**Fasting and Ranks of Holy Days:**

- Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR
- ⊕ Great Feast - day of religious obligation and rest from labour
- ⊕ Vigil Rank Feast
- ✦ Polyteles Rank Feast
- ☞ Doxology Rank Feast
- ☞ Six Stichera Service

of Christ is the instrument and symbol our salvation; it has rightly become the sacred banner of our faith, a sign of the Christian and of Christianity. By participating in this rite and the services of this day, we should see an image of our own salvation, the whole essence of our holy faith, all our past and present destiny and our part in all the future. For those who understand and believe in the sacred action of the elevation of the cross of Christ, it is a perennial source of spiritual consolation, a strong cue to tender prayer, a reverential outpouring of our heart before God. It is the maximum encouragement to acts of piety and Christian love, the subject of divinely ideal reflections and gratitude to God for all eternity. - adapted from S. V. Bulgakov, *Nastolnaya Knzha*, Kharkov, 1900



# ОCTOBER

## ОCTOBRE ОКТΩΒΡΪЙ ЖОВТЕНЬ

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 10193 Heritage Rd. Brampton ON WEB: saintelias.com TEL: 905.459.8888  
 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>IN 911 AD, Constantinople was under military threat. According to the Primary Chronicle (Повѣсть времяныхъ лѣтъ), one of the invading fleets was led by Askold of Kievan-Rus'. During the invasion, the people of Constantinople were praying for God's help in the Blachernae Church. It was during this service that Blessed Andrew the Fool-for-Christ had a vision of the Theotokos entering through the church doors, escorted by saints and angels. After praying fervently with tears, she removed Her veil and held it out over the faithful as She ascended from them. They concluded that Her intercession would protect the city. And so it happened that the feared military menace was averted. A mere 80 years later, the children of these invaders would accept Christianity under Vladimir the Great. The grandchildren of the men who perpetrated this invasions embraced the miracle of their own defeat and began to joyously celebrate it, and we continue to do so every <b>October the 1<sup>st</sup></b>. Today, the Greco-Catholic church of St. Nicholas stands atop the burial mound of Askold in Kyiv.</p>					<p>1 ⊕ <i>fish, wine &amp; oil allowed</i></p> <p><b>PROTECTION OF THE MOST HOLY THEOTOKOS</b>                  ⲠⲂⲐⲈⲐ ⲠⲢⲈⲤⲞⲨⲀ ⲘⲞⲨ</p> <p>Hours/Confession 9.30 AM                  Divine Liturgy 10 AM</p>	<p>2</p> <p>Ⲅ Hieromartyr Cyprian                  Martyr Justina                  Bl. Andrew, Fool for Christ</p>
<p>3</p> <p><i>15<sup>th</sup> Sunday after Pentecost: Tone VI</i></p> <p>Ⲅ Hieromartyr Dionysius the Areopagite</p>	<p>4</p> <p>Hieromartyr Hierotheus                  Ven. Father Francis of Assisi</p>	<p>5</p> <p>Martyr Charitina</p>	<p>6 <i>fish, wine &amp; oil allowed</i></p> <p>⊕ Holy Apostle Thomas</p>	<p>7</p> <p>Ⲅ Holy Martyrs Sergius and Bacchus</p>	<p>8</p> <p>Venerable Mother Pelagia</p>	<p>9</p> <p>⊕ Holy Apostle James, Son of Alphaeus</p>
<p>10</p> <p><i>16<sup>th</sup> Sunday after Pentecost: Tone VII</i></p> <p>Martyrs Eulampius and Eulampia</p>	<p>11</p> <p>Apostle Philip (of the 7 Deacons)                  Ven. Theophanes the Branded</p>	<p>12</p> <p>Martyrs Probus and comp.                  Venerable Cosmas of Maium                  ⊕ St. Martin of Tours</p>	<p>13</p> <p>Martyrs Carpus, Papylas and Agathonicus</p>	<p>14</p> <p>Martyrs Nazarius, Gervasius, Protasius and Celsus                  Ⲅ Ven. Parasceva of Ternovo</p>	<p>15</p> <p>Venerable Euthymius the New                  Hieromartyr Lucian</p>	<p>16</p> <p>Martyr Longinus the Centurion</p>
<p>17</p> <p><i>17<sup>th</sup> Sunday after Pentecost: Tone VIII</i>                  THE HOLY FATHERS                  of the Seventh Ecumenical Council</p> <p>Prophet Hosea                  Ven. Martyr Andrew of Crete</p>	<p>18</p> <p>⊕ Holy Apostle and Evangelist Luke</p>	<p>19</p> <p>Holy Prophet Joel                  Holy Martyr Varus                  Ⲅ Venerable Father John of Rila</p>	<p>20</p> <p>Ⲅ Greatmartyr Artemius</p>	<p>21</p> <p>Ⲅ Venerable Hilarion the Great</p>	<p>22</p> <p>St. Abercius Hieropolis                  7 Youths (Sleepers) of Ephesus                  ⊕ Theotokos "of Kazan"</p>	<p>23</p> <p><i>Saturday before St. Demetrius:</i>                  ✠ SOUL SATURDAY ✠                  Parastasis 10 AM</p> <p>Ⲅ Holy Apostle James, Brother of the Lord</p>
<p>24</p> <p><i>18<sup>th</sup> Sunday after Pentecost: Tone I</i></p> <p>Martyr Aretas and companions                  ⊕ Icon of the Theotokos "Joy of All Who Sorrow"</p>	<p>25</p> <p><i>Eve of St. Demetrius</i>                  Vigil (vespers &amp; matins) 7 PM</p> <p>Martyrs Marcian and Martyrius                  Righteous Tabitha the widow</p>	<p>26 ⊕</p> <p>Holy Greatmartyr Demetrius of Thessalonica                  ⲄⲒⲁⲒⲠⲠⲠ ⲘⲞⲨ ⲘⲞⲨ ⲘⲞⲨ ⲘⲞⲨ ⲘⲞⲨ ⲘⲞⲨ</p> <p>Hours/Confession 9.30 AM                  Divine Liturgy 10 AM</p>	<p>27</p> <p>Martyr Nestor of Thessalonica                  Ven. Nestor the Chronicler</p>	<p>28</p> <p>Martyrs Terentius and Neonila                  Venerable Stephen the Sabaite                  Ⲅ Martyr Parasceva of Iconium                  [⊕ Rep. of Ven. Job of Pochaev]</p>	<p>29</p> <p>Venerable-Martyr Anastasia                  Venerable Abraham of Rostov</p>	<p>30</p> <p>Hieromartyr Zenobius and the martyr Zenobia his sister</p>
<p>31</p> <p><i>19<sup>th</sup> Sunday after Pentecost: Tone II</i></p> <p>Apostles Stachys &amp; comp.                  Martyr Epimachus</p>	<p><b>Fasting and Ranks of Holy Days:</b>                  Grey Box - abstinence from all meat, fish, dairy products, wine, and oil (fried foods), unless otherwise specified. SEE LAST PAGE OF CALENDAR                  ⊕ Great Feast - day of religious obligation and rest from labour                  ⊕ Vigil Rank Feast                  ⊕ Polyeleos Rank Feast</p>					



The Saturday before Saint Demetrius day is the last of six yearly general commemoration of the departed. The practice of commemorating ancestors in the autumn has existed since pre-Christian times, evidence of which can be observed in cultures across Europe and around the world. In recent times, *Demetrius Saturday* has become a day of special remembrance in Ukraine of all those who starved in the **Holodomor/forced famine of 1932-33**, those killed during the **Revolution of Dignity** in 2014, and those who have died as a result of **war & aggression in eastern Ukraine**.

# NOVEMBER

## НОВЕМБРЕНОЇ МІСЯЦІ Листопад

СВ. ПАТ. ЦЕРКВІ ПРОВОКАНІЇ Д. ЄВІТІАНІНЕ РАМПІТΩΝ Η ΖΩΝΗ ΤΑΡΙΩ ΚΑΝΑΔΑ  
 10193 Heritage Rd. Brampton ON WEB: saintelias.com TEL: 905.459.8888  
 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ☪ Unmercenarys Cosmas & Damian of Asia	2 Martyr Acindynus and comp.	3 Martyr Acepsumas and comp. Dedication of the Church of the Great Martyr George in Lydda	4 Venerable Joannicius the Great Hieromartyrs Nicander & Hermas	5 Martyrs Galaction and his wife Episteme	6 ☪ St. Paul the Confessor, archbishop of Constantinople
7 <i>20th Sunday after Pentecost: Tone III</i> SYNAXIS OF THE HOLY UNMERCENARY PHYSICIANS Vigil of the Synaxis 7 PM 33 Martyrs of Militene Venerable Lazarus of Mt. Galesius	8☪ Synaxis of the Holy Archangel Michael Собора Архієрархів Міхаїла Hours/Confession 9.30 AM Divine Liturgy 10 AM	9 Martyrs Onisiphorus & Porphyry Venerable Matrona, abbess	10 Apostles Erastus, Olympus, Rodion, and those with them	11 Martyrs Menas, Victor & Vincent Venerable Theodore the Studite	12 <i>Eve of St. John Chrysostom</i> Vigil (vespers & matins) 7 PM ☪ St. John the Compassionate Venerable Nilus of Sinai ☪ Hieromartyr Josaphat of Polotsk	13☪ Our Holy Father John Chrysostom Святий Іоанна Златоустого Hours/Confession 9.30 AM Divine Liturgy 10 AM
14 <i>21st Sunday after Pentecost: Tone IV</i> ☪ Holy and All-Praiseworthy Apostle Philip	15 We begin the Nativity Fast Martyrs and Confessors Gurias, Samonas, and Abibus of Edessa	16 <i>Nativity Fast: fish, wine &amp; oil allowed</i> ☪ Holy Apostle and Evangelist Matthew	17 <i>Nativity Fast</i> St. Gregory of Neocaesarea	18 <i>Nativity Fast: wine &amp; oil allowed</i> Martyrs Plato and Roman	19 <i>Nativity Fast</i> Prophet Obadiah Martyr Barlaam	20 <i>Nativity Fast: fish, wine &amp; oil allowed</i> <i>Eve of the Entrance</i> Vigil (vespers & matins) 7 PM <i>Forefeast of the Entrance</i> Ven. Gregory of Decapolis St. Proclus of Constantinople
21☪ <i>Nativity Fast: fish, wine &amp; oil allowed</i> ENTRANCE OF THE MOST HOLY THEOTOKOS ΕΧΘΑΧ ΠΡΕΣΤΥΑ ΕΪΥ Hours/Confession 9.30 AM Divine Liturgy 10 AM	22 <i>Nativity Fast</i> <i>Afterfeast of the Entrance</i> Apostle Philemon and comp.	23 <i>Nativity Fast: wine &amp; oil allowed</i> <i>Afterfeast of the Entrance</i> St. Amphilochius of Iconium St. Gregory of Agrigentum	24 <i>Nativity Fast</i> <i>Afterfeast of the Entrance</i> ☪ Greatmartyr Catherine Greatmartyr Mercurius	25 <i>Nativity Fast: wine &amp; oil allowed</i> <i>Leavetaking of the Entrance</i> Hieromartyr Clement, Pope St. Peter, Bishop of Alexandria	26 <i>Nativity Fast</i> Ven. Alypius the Stylite Blessing of the Church of Greatmartyr George in Kiev	27 <i>Nativity Fast: fish, wine &amp; oil allowed</i> Martyr James of Persia Venerable Palladius [☪ "Kursk-Root" Theotokos]
28 <i>Nativity Fast: fish, wine &amp; oil allowed</i> <i>23rd Sunday after Pentecost: Tone VI</i> ☪ Ven.-Martyr Stephen the New Martyr Irenarchus	29 <i>Nativity Fast</i> Martyr Paramon Martyr Philomenus	30 <i>Nativity Fast: fish, wine &amp; oil allowed</i> ☪ Holy and All-Praiseworthy Apostle Andrew the First-Called	ON THE SUNDAY AFTER NOVEMBER 1 we commemorate the <b>Unmercenary Physicians and Healers</b> : those who cared for the sick or aged in the spirit of Christ, without concern for monetary gain. These physicians and other medical workers understood their skills in the spirit of St. Paul's teaching on spiritual gifts that <b>"To each is given a manifestation of the Spirit for the common good"</b> . The Unmercenary Physicians adopted this teaching as the guiding principle of their professional lives to a heroic degree. In an age when health care, as rudimentary as it often was, was exclusively for those who could afford it, the Unmercenary Physicians stood out by their compassionate attention to the sick poor. When Christians were still suspect in the pagan Roman Empire, the Holy Unmercenary led people to see that Christians were living by a higher standard than the leaders of their own culture. The ideal of physicians serving without pay for Christ inspired many in the Church to follow their example.			

### Symbols and Ranks of Holy Days:

- ☪ Great Feast - day of religious obligation and rest from labour
- ☪ Vigil Rank Feast
- ☪ Polyeleos Rank Feast
- No symbol = simple service
- ☪ Doxology Rank Feast
- ☪ Six Stichera Service
- Grey box = day of fasting

**NOVEMBER 8: SYNAXIS OF THE ARCHANGEL MICHAEL AND ALL THE BODILESS POWERS OF HEAVEN.** The angels of God were celebrated from earliest times. In the fourth century, during the time of Sylvester, Pope of Rome, and Alexander, Patriarch of Alexandria, the present Feast of Archangel Michael and all the other heavenly powers was instituted for celebration in the month of November. Why precisely in November? Because November is the ninth month after March, and March is considered to be the month in which the world was created. Also, as the ninth month after March, November was chosen for the nine orders of angels who were created first: Seraphim, Cherubim, Thrones, Dominions, Powers, Authorities, Principalities, Archangels and Angels. (*Synaxarion of the Feast*)



# DECEMBER

## DÉCEMBRE ДЕКЕМВРІЙ ГРУДЕНЬ

СВ. ПРАВОСЛАВНА ЦРКВА НАШЕГО ВРЕМЕНА  
 ἉΓΙΟΤΑΤΗΝ ΟΡΘΟΔΟΞΗΝ ΕΚΚΛΗΣΙΑΝ ΤΗΣ ΝΕΟΧΡΗΣΤΙΑΝΙΚΗΣ ΟΙΚΟΥΜΕΝΗΣ  
 10193 Heritage Rd. Brampton ON WEB: saintelias.com TEL: 905.459.8888  
 SATURDAY VESPERS 7 PM; SUNDAY MATINS 8 AM; DIVINE LITURGY 10 AM

# 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>The Nativity Fast Intensifies</b> - As Christmas draws nearer, the Church commemorates several prophets and ancestors of Christ, focusing us on their role in the coming of the Messiah. During these weeks the Nativity Fast competes for our attention with the secular season of shopping, Christmas parties and gift exchanges. It is possible to attend parties and engage in festivities while avoiding those foods from which we are fasting, it just requires effort! The best gift we can give at this time of year is helping the less fortunate. A heart focused on Christ in the best preparation for celebrating Christmas.</p>						
<p><b>5</b>  <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>24<sup>th</sup> Sunday after Pentecost: <i>Tone VII</i>                      Ven. Sabbas the Sanctified                      ΠΡΟΚΛΑΥ ΣΑΒΒΑΙ (ΩΚΕΑΙΜΕΝΑΥ                      Hours/Confession 9.30 AM                      Divine Liturgy 10 AM                      Vigil of St. Nicholas 7 PM</p>	<p><b>6</b>  <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>St. Nicholas, Wonderworker of Myra and Lycea                      Свѣтаго Николѣа Чудотворца                      Hours/Confession 9.30 AM                      Divine Liturgy 10 AM</p>	<p><b>7</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>We intensify our efforts in the Nativity Fast</p> <p>St. Ambrose of Milan</p>	<p><b>8</b> <i>Nativity Fast</i></p> <p>Venerable Patapius</p>	<p><b>9</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>✦ Conception of the Theotokos by Saint Anna</p>	<p><b>10</b> <i>Nativity Fast</i></p> <p>Martyrs Menas, Hermogenes and Eurgaphus</p>	<p><b>11</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>Venerable Daniel the Stylite</p>
<p><b>12</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>25<sup>th</sup> Sunday after Pentecost: <i>Tone VIII</i>                      Commemoration of THE HOLY FOREFATHERS                      Sunday II before the Nativity</p> <p>✦ Ven. Spiridon of Tremithus</p>	<p><b>13</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>✦ Martyrs Eustratios, Auxentius, Eugenius, Mardarius and Orestes</p>	<p><b>14</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>Martyrs Thyrsus, Leucius Philemon, Apollonius and Callinicus</p>	<p><b>15</b> <i>Nativity Fast</i></p> <p>Hieromartyr Eleutherius                      Venerable Paul of Latra</p>	<p><b>16</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>Prophet Haggai</p>	<p><b>17</b> <i>Nativity Fast</i></p> <p>☩ Prophet Daniel; Three Holy Youths Ananias, Azarias Misael</p>	<p><b>18</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>Saturday before the Nativity                      Martyr Sebastian and comp.</p>
<p><b>19</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>26<sup>th</sup> Sunday after Pentecost: <i>Tone I</i>                      Commemoration of THE HOLY FATHERS                      Sunday before the Nativity</p> <p>Martyr Boniface</p>	<p><b>20</b> <i>Nativity Fast</i></p> <p>☩ Forefeast of the Nativity                      Hieromartyr Ignatius the Godbearer</p>	<p><b>21</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>Forefeast of the Nativity                      Martyr Juliana of Nicomedia                      [✦ Repose of St. Peter of Kiev]</p>	<p><b>22</b> <i>Nativity Fast</i></p> <p>Forefeast of the Nativity                      Greatmartyr Anastasia</p>	<p><b>23</b> <i>Nativity Fast: fish, wine &amp; oil allowed</i></p> <p>Forefeast of the Nativity                      Ten Holy Martyrs of Crete                      St. Nahum of Ochrid</p>	<p><b>24</b> <i>Strict Fast Day see note below</i></p> <p>Christmas Eve                      ΗΛΕΙΣΥΡΕΙΝ ΡΑΚΤΩΑ ΧΡΙΣΤΟΒΑ                      The Roya Hours 8 AM                      Vespertal Liturgy 3 PM                      Vigil (Compline and Matins) 8 PM</p>	<p><b>25</b> </p> <p>NATIVITY OF OUR LORD JESUS CHRIST                      ΡΑΚΤΩ ΙΑΝ ΙΩΑ ΧΡΙΣΤΑ                      Hours/Confession 9.30 AM                      Divine Liturgy 10 AM</p>
<p><b>26</b> <i>fast-free period</i></p> <p>27<sup>th</sup> Sunday after Pentecost: <i>Tone II</i>                      Sunday after the Nativity:                      Holy and Righteous Joseph the Betrothed, David the King, and James the Brother of the Lord                      ☩ Synaxis of the Theotokos</p>	<p><b>27</b> <i>fast-free period</i></p> <p>Third Day of Christmas                      Hours/Confession 9.30 AM                      Divine Liturgy 10 AM                      ☩ Holy Protomartyr &amp; Archdeacon Stephen                      Ven. Theodore "The Branded"</p>	<p><b>28</b> <i>fast-free period</i></p> <p>2000 Martyrs in Nicomedia</p>	<p><b>29</b> <i>fast-free period</i></p> <p>Holy Infants slain in Bethlehem                      Ven. Marcellus of "the sleepless"</p>	<p><b>30</b> <i>fast-free period</i></p> <p>Holy Martyr Anysia                      Hieromartyr Zoticus</p>	<p><b>31</b> <i>fast-free period</i></p> <p>Eve of the Circumcision                      Vigil 7 PM                      ☩ Leavetaking of the Nativity                      Venerable Melania the Roman [St. Peter Mohila, met. of Kiev]</p>	<p>ON THE EVE OF THE NATIVITY (Dec. 24<sup>th</sup>) we keep a strict fast in the following way: No food is eaten before the Vespertal Liturgy (3 PM), those unable to attend this service</p>

are obligated to keep the fast in solidarity until nightfall. From of old there is a pious custom on Christmas Eve of not eating anything until the appearance of stars. Church books instruct that after the Vespertal Liturgy "The faithful prepare a meal cooked with oil. Fish is not eaten, but we drink wine, giving thanks to God." According to Ukrainian custom, it is accepted to prepare a more lavish meal without meat or dairy products, and to eat abundantly [In some places fish is also eaten]. Besides the kutya (boiled wheat and poppy seeds in honey), a decoction of stewed fruit is prepared with dried plums, pears, cherries, apples and other fruit. These dishes express symbolically the birth (the decoction is usually prepared in times of childbirth), and death of the Saviour (the kutiya is cooked for funerals and services for the dead). Though wine is allowed with dinner, it is proper to drink modestly, not being weighed down before returning to church for Great Compline (8PM). -i.r.g.

# FASTING GUIDELINES

Fasting is voluntary, an imposed self-discipline, but it's expected of all who are physically able. To help us, the Church sets minimal rules of fasting, but Tradition teaches us the ideal. Faithful Christians need to take into account their individual circumstances – health, age, physically demanding jobs etc. - when making decisions around fasting. **With the exception of nursing and expectant mothers, small children, the poor, the mentally or physically ill or aged, all are required to keep the minimal fast**, but all are encouraged to strive toward the ideal. Maximum number of days and restrictions are indicated on this calendar:

**GREY BOX – FAST DAY:**     **No Animal Products** - including meat, fish (with spine), eggs, caviar, dairy etc. - unless otherwise specified.  
  **No oil** – this rule implies no fried or richly prepared foods - unless otherwise specified.  
  **No wine** – this includes hard liquor - unless otherwise specified.

Many regular fast days allow fish, wine and oil. Fasting days that have a celebratory nature, such as Lazarus Saturday, Palm Sunday, and the eves of Christmas and Theophany, allow wine and oil, and sometimes caviar or fish, so that even during a fast, consolation and joy might be brought to the hearts and souls of those who fast. These are reminders that even though we fast, we ought to fast with joy. **FASTING MUST BE ACCOMPANIED BY PRAYER AND ALMSGIVING.**

## MINIMUM REQUIRED DAYS OF FASTING

According to the Synod of Bishops of the UGCC, we are required to observe AT LEAST the following:

**ALL FRIDAYS** (with some exceptions as indicated on calendar) - No meat or meat products.

### **GREAT LENT:**

<b>FIRST DAY OF GREAT LENT</b> (Clean Monday – Mar. 15)	- No meat, dairy and eggs, and foods that contain these ingredients
<b>FIRST WEEK OF GREAT LENT</b> ( Mar. 16 - 19)	- No meat or meat products.
<b>MONDAYS, WEDNESDAYS, AND FRIDAYS OF LENT</b>	- No meat or meat products.
<b>HOLY WEEK</b> (April 26 - 31)	- No meat or meat products.
<b>GREAT AND HOLY FRIDAY</b> (April 30)	- No meat, dairy and eggs, and foods that contain these ingredients

### **APOSTLES FAST , DORMITION FAST, NATIVITY FAST:**

**ALL WEDNESDAYS AND FRIDAYS** - No meat or meat products.

### **OTHER ONE-DAY STRICT FASTS:**

EXALTATION OF THE HOLY CROSS (Sept. 14)	- No meat, dairy and eggs, and foods that contain these ingredients
EVE OF THE NATIVITY (Dec. 24)	- No meat, dairy and eggs, and foods that contain these ingredients
EVE OF THEOPHANY (Jan. 5)	- No meat, dairy and eggs, and foods that contain these ingredients
BEHEADING OF JOHN THE BAPTIST (AUG. 29)	- No meat, dairy and eggs, and foods that contain these ingredients

### **FASTING BEFORE COMMUNION and OTHER SACREMENTS**

According to ancient and pious tradition, no food or water is taken from midnight before Divine Liturgy. Fasting before Confession or Holy Unction is beneficial and strongly recommended. The Eucharistic Fast at minimum requires abstinence from food and drink (except water) for one hour prior to Divine Liturgy.

### **PLANNING WEDDING DATES**

It is the practice of St. Elias Church, Brampton, not to perform weddings on Saturdays as this is a day of prayers for the dead and an eve of preparation for Sunday. **DO NOT REQUEST SATURDAY WEDDINGS** . Weddings are not performed during any fasting periods, Bright Week, and days with other festal services. It is parish practice to perform weddings on Sunday afternoon, after having attended Liturgy in the morning and receiving Holy Communion.