



## What to Bring to Dance Camp

### *Clothing*

Campers should wear clothing and shoes appropriate to dance. For girls, any type of leotard and tights is preferred with ballet or jazz shoes. For boys, a plain white t-shirt and shorts is preferred with ballet or jazz shoes. Campers coming to Musical Theatre Camp may choose to wear sports pants and T-shirts, if they prefer. If your camper does not have dance shoes, the studio has a supply of used shoes from which your child may be able to borrow a pair. If you need to borrow shoes, please notify the studio before your child's first day of camp so that we may be prepared to assist your child as efficiently as possible. Your child will also need a spare change of clothing to be left at the studio for the week. (Optional for campers 9 years and older.)

### *Food*

All campers, with the exception of Tot campers, should bring their lunch, including at least one drink, in an insulated lunch box. We do not have the ability to refrigerate lunch boxes. Campers may request to have their lunch warmed in our microwave. All campers, including Tots, will have at least one break a day when they are allowed to have a snack. Please send nutritious snacks to help the campers maintain their energy. Extra beverages and water bottles are also advisable.

### *Items needed for Rest Time and Arts & Crafts*

Campers staying all day should bring a sleeping bag and small pillow, if desired, to use during rest time. (Optional for campers 9 years and older.) Younger children may also bring a small comfort toy, if they wish. Campers should also bring an old shirt, smock or apron to cover their dance clothes during messy crafts and during the pizza party before the Friday evening performance.

### **Reminder:**

If your child must receive medication while at camp, the medication must be left at the front desk with a signed note giving specific directions for administration.