

TOWN RESOURCES

The Board of Health provides:

- Referral services available in and around the community.
- Free Biohazard Sharps Containers to the Police, Fire and School Departments for the safe disposal of discarded needles.
- Residents may bring used needles for disposal in a required sharps container to the Board of Health at Town Hall. Containers can be purchased. Cost: small \$4; large \$8. Cash or checks accepted.

The Police Department provides:

- Anonymous 24/7 self-service Medication Return Kiosk is located in front lobby of the Milton Police Station on Highland Avenue.

This brochure was produced with funding from the Beth Israel Deaconess Hospital-Milton

MILTON SUBSTANCE ABUSE PREVENTION COALITION

The MSAPC website is a rich informational resource for Milton residents about the prevention and treatment of drug, alcohol and mental health disorders. We encourage you to visit us at:

www.milton-coalition.org

Mission Statement

The Milton Substance Abuse Prevention Coalition focuses on preventing and reducing youth substance abuse. Through a committed collaboration of diverse community members and sectors dedicated to a comprehensive and long-term approach, our efforts will foster a healthy, supportive and compassionate town environment.

NEW MEMBERS ALWAYS WELCOME

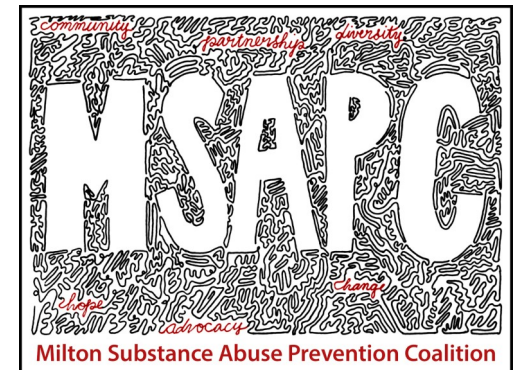


Milton Substance Abuse Prevention Coalition

www.milton-coalition.org

Sponsored by the Milton Board of Health

RESOURCE GUIDE



For more info contact:

Caroline A. Kinsella, B.S.N., R.N.

Health Director

Milton Board of Health

Town Hall 617.898.4886

info@milton-coalition.org

**The Massachusetts Substance Abuse Helpline
1-800-327-5050**

www.helpline-online.com

- * Provides free and confidential information and referrals for alcohol and drug problems for adults and youth.
- * Presents treatment information and prevention services for consumers.

Language interpreters available

Mass. Behavioral Health Access

<https://mabhaccess.com/>

- Online resource that provides up to date information about detox and acute care providers for substance use addiction and other behavioral health needs. Includes locations in MA and types of insurance accepted.
- Fast and easy way for families and health providers to locate openings for services for adults and children.

**The Addiction Recovery Management Service at Mass. General Hospital
617-643- 4699**

www.addictionanswers.com

- * Youth ages 14-26 and their families can be provided services to assist in recovery from substance-related problems.

**Mass Suicide Hotline
1-877-870-4673**

**Catalyst Clinic at Boston Medical Center
617-414-6655**

Provides mental health care, substance use specialty treatment, access to primary care, and social service supports to adolescents and young adults.

Adolescent Substance Abuse Program at Children’s Hospital Boston

617-355-2727

**Gavin Foundation Center for Recovery Services
617-847-1513**

www.gavinfoundation.org

- Holistic approach to addiction treatment, ages 14-22.

**South Shore Mental Health Crisis Line
800-528-4890**

- Help for adults and children

**The Sun Will Rise
781-789-4604**

- Grief support group for family and friends following the death of someone lost to substances or addiction

**Alanon/ Alateen Support Groups
617-696-4600**

www.ma-al-anon-alateen.org
<http://bidmilton.org/events-and-education/on-going-education-programs-and-support-groups/>

- Support groups for relatives and friends who are dealing with alcohol and substance use disorders.
- Meetings available at BID-Milton Hospital

**Alcoholics Anonymous
617-426-9444**

www.aaboston.org

- 12 Step Programs for Individuals with a Substance Use Disorder
- Meeting places/times listed by city/town on website

**Learn to Cope
508-738-5148**

www.learn2cope.org

- A peer-led support network for families dealing with addiction and recovery.

MSAPC’s website has many more resources and information for help

www.milton-coalition.org