



# LEADERSHIP SUMMIT TRAVEL READY

## TRAVEL DAY ATTIRE

During travel, students will wear their name badge and lanyard. (International students will receive their name badge and lanyard once they arrive on program.)

## TIPS WHEN FLYING

### CARRY-ON BAGGAGE:

Per TSA guidelines, the size of your carry-on bag (a backpack is recommended) should be no larger than 22 in. high, x 9 in. deep and 14 in. wide and weigh less than 40 pounds. Some airlines may allow a slightly larger carry-on but may have a more stringent weight restriction. **Please verify restrictions with your airline.** Any liquids must be sealed, fit in a zipped, quart-sized plastic bag and be less than 3.4 ounces each in volume.

### CHECKED BAGGAGE:

Per TSA guidelines, the size of your checked baggage should be no larger than 27 in. high, x 21 in. deep and 14 in. wide and weigh less than 50 pounds. Additional fees may be imposed by the airline if baggage exceeds these requirements. **Check with your airline or travel agent for maximum weight limitations.**

Tips from TSA to make sure your checked baggage makes the flight:

- ✓ Pack shoes, sneakers, and other footwear on top of other contents in your baggage
- ✓ Avoid over-packing your bag so that the screener will be able to easily reseal your bag if it is opened for inspection.
- ✓ Avoid packing drink items in checked baggage.
- ✓ Write your name, program name, and campus address on your baggage tag so that your bag does not end up back home instead of with you on the program.

## PERSONAL BELONGINGS—KEEP IT CLOSE

Pack your valuables, electronics, medication, gifts, journal, and things that cannot be replaced easily in your carry-on bag and keep it with you at all times. Checked baggage is not theft-proof, and occasionally items in checked baggage are lost at airports. It is very important that you label everything of value with your name. We cannot guarantee that lost items will be returned, but you will have a better chance of getting them back if they're labeled.

## WITH YOU AT ALL TIMES

You should keep the following items with you at all times to ensure personal safety during travel

- Emergency contact numbers
- Legible photocopy of your passport  
*(for international students only)*
- Name badge and lanyard
- Credit/debit card
- Cash in small bills
- Cell phone
- Optional: Picture identification *(driver's license, state identification card, or school identification)*



SEE PACKING LIST  
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# LEADERSHIP SUMMIT PACKING LIST

## CLOTHING

- Undergarments and socks (enough for your whole program)
- Casual dress pants and/or capris (3–5 pairs)
- Shorts, skirts, and/or dresses (2–4; approximately mid-thigh or longer)
- Comfortable athletic clothes (1 outfit for teambuilding activity)
- Polos, blouses, Oxford-style dress shirts, plain t-shirts (5–7 or enough for entire program)
- Business outfit and dress shoes for presentation (1)
- Lightweight, breathable, water-repellent jacket with hood (for everyday use)
- Fleece jacket, pullover, sweater, or hoodie (for warmth and layering—optional; check weather forecasts before travel)
- Travel umbrella or raincoat
- Pajamas (modest for room sharing)
- Comfortable walking shoes (unless you're wearing them on your flight!)
- Closed-toe athletic shoes (required for teambuilding activity)
- Flip-flops (for use in the shower or as indicated in the dress guidelines)
- Waterproof shoes (optional for rainy weather)
- Mesh bag (to separate out dirty laundry)

## OPTIONAL ITEMS

- Tablet/laptop and charger
- Motion sickness remedy (if needed)
- Small personal fan
- Other entertainment for flight (book, magazine, puzzle book, small travel games, cards, etc.)
- Snacks (if taking in carry-on, must be non-liquid).  
*Examples include trail mix, granola bars, etc.*

## PERSONAL ITEMS

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-   **For JHU ONLY:** Twin size extra-long sheets / (80 inches in length), pillow case, bath towel (s) and washcloth. JHU will not have stock on-hand.
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- Prescription medications** (in original packaging, with prescription label intact per TSA regulations)
- Refill prescriptions (copy of prescription with doctor's signature in case of loss)
- Soap
- Shampoo and conditioner
- Toothbrush and tooth paste
- Small package of tissues
- Toiletries (deodorant, shaving kit, cosmetics, feminine hygiene products)
- Comb/brush
- Hand sanitizer
- Personal electronics (camera, portable media/music/gaming device plus chargers)
- Cell phone charger
- Sunglasses
- Empty refillable water bottle
- Voltage/current adapter (international students only)
- Sunscreen—SPF 30 or higher (water- and sweat-proof)
- Lip balm—SPF 15 or higher
- Insect repellent (high-percentage DEET recommended)
- Pre-Travel Assignments and a writing instrument for note-taking and journaling



### KEEP IN MIND

- ✓ Average temperatures from 65F to 90F with high humidity
- ✓ 3-5 miles of walking on most days
- ✓ Most dormitory rooms do not have A/C, but fans will be provided