



August

2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---|-------------------------------|----------|--------|---|
| | | 1 | 2 | 3 | 4 | 5 |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | | | | | LABOR & DELIVERY CLASS 14:00 - 17:00 |
| | | PRENATAL YOGA 19:00 - 20:15 | | | | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | | | | | | ACTIVE BIRTH CLASS 10:00 - 13:00 |
| | | | | | | ACTIVE BIRTH CLASS 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | | | | | POSTPARTUM & BREASTFEEDING 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |
| 27 | 28 | 29 | 30 | 31 | | |
| | | | | | | |
| | | | | | | |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | FATHER CLASS 18:00 - 20:00 | | | |

Please note that if the class doesn't appear on the schedule online - it means that the class is already fully booked. Don't hesitate to contact us if there is no other class suitable for you. The schedule for Prenatal Yoga will be confirmed on 12th August



September

2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---|-----------|----------|--------|---|
| | | | | | 1 | 2 |
| | | | | | | BABY CARE CLASS 10:00 - 13:00 |
| | | | | | | BABY CARE CLASS 14:00 - 17:00 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| CPR & 1st AID CLASS ENGLISH 13:00 - 17:00 | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | LABOR & DELIVERY CLASS 14:00 - 17:00 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | | | | | ACTIVE BIRTH CLASS 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | | | | | POSTPARTUM & BREASTFEEDING 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| CPR & 1st AID CLASS ENGLISH 13:00 - 17:00 | | | | | | |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |

Please note that if the class doesn't appear on the schedule online - it means that the class is already fully booked. Don't hesitate to contact us if there is no other class suitable for you. The schedule for Prenatal Yoga will be confirmed on 12th August



October

2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---|-------------------------------|----------|--------|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | | | | | LABOR & DELIVERY CLASS 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | FATHER CLASS 18:00 - 20:00 | | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| | | | | | | ACTIVE BIRTH CLASS 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| | | | | | | to be confirmed PRENATAL YOGA 11:15 - 12:15 |
| CPR & 1st AID CLASS ENGLISH 13:00 - 17:00 | | | | | | BABY CARE CLASS 14:00 - 17:00 |
| 29 | 30 | 31 | | | | 4 |
| | | | | | | POSTPARTUM & BREASTFEEDING 14:00 - 17:00 |
| | | to be confirmed PRENATAL YOGA 19:00 - 20:15 | | | | |

Please note that if the class doesn't appear on the schedule online - it means that the class is already fully booked. Don't hesitate to contact us if there is no other class suitable for you. The schedule for Prenatal Yoga will be confirmed on 12th August