The anterior repositioning splint is an appliance used on the top teeth and has a sloping ramp to encourage the mandible (bottom jaw) to come forward, in the hope of recapturing an anteriorly displaced disc.

The acrylic ramp rests lingual to the lower anteriors, with buccal and incisal indices of the lower cusp tips.

This splint brings the mandible into a protrusive (forward) position. The splint is most commonly used at night as it keeps the mandible forward during sleep. Without the splint, the mandible would tend to relax and drop backwards.

**Rationale**
- To maintain or stabilise a jaw position
- Reduce a TMJ click
- Decompress the TMJ disc

**Construction requirements**
- Upper and lower impressions
- Bite registration in a protrusive position

**Further information**
The Anterior Repositioning Splint is also known as: Anti-Retrusion Appliance, Pull Forward Splint, Farrar Splint, or ARS.