Ideal for younger patients, particularly post-orthodontic patients who require retainers, the device is thin and offers high comfort for the patient.

Many people clench and/or grind their teeth at night whilst asleep without realising. This is due to a tensing of the jaw muscles, putting the upper and lower teeth under immense pressure. Not only does this cause damage to your teeth, it is often the cause of headaches, migraines, and jaw and neck pain.

**Construction requirements**

- Upper and lower impressions (silicone-based material is recommended)
- Fully protrusive and retrusive bite records

The Dual Arch Sliders are ideal for cases that can severely create wear facets in the SCi discluding element. They are also used when the incisal edges are uneven, where a smooth gliding surface is created.

**Rationale**

- To reduce muscle hyperactivity
- Severe bruxism
- Post-orthodontic treatment
- Disordered function of the TMJ and muscle
- Can be used for full-time wear in chronic pain management.