The Anterior Repositioning Splint is an appliance, used on the top teeth, that has a sloping ramp to encourage the mandible forward in the hope of recapturing an anteriorly displaced disc. The acrylic ramp rests lingual to the lower anteriors, with buccal and incisal indices on the lower cusp tips.

This splint brings the mandible into a protrusive position. The splint is most commonly used at night as it keeps the mandible forward during sleep. Without the splint, the mandible would tend to relax and drop backwards.

**Construction requirements**

- Upper and lower impressions
- Bite registration in a protrusive position

**Rationale**

- To maintain or stabilise jaw position
- Reduce a TMJ click
- Decompress the TMJ disc

**Other names**

- Anti-Retrusion Appliance
- Pull Forward Splint
- Farrar Splint
- ARS