THE NEW ME WORKSHEET
IDENTIFYING YOUR PERSONAL CULTURE

1. What is something you did this year that you will remember for the rest of your life?

2. What is something you accomplished this year that makes you proud?

3. If you could change one thing that happened this year, what would it be?

4. What was the nicest thing someone did for you this year?

5. What new skill did you learn this year?

6. What is something that was hard for you at the start of the year, but is easy now?

7. In what area do you feel you made your biggest improvements?

8. What person in your exchange experience has made the biggest impact on your life this year? Why?

9. What is something you taught someone this year?