A gap "year" is known as "time off" between stages of life to study abroad, travel or volunteer for a summer, semester or school year. You can use your gap "year" with YFU to gain a greater understanding of another culture. It is the perfect adventure for a young adult ready to make a difference in today’s world.

“I went on exchange between High School and University. An in between year, to discover sides of yourself that you’ve been ignoring and to learn to accept a new culture and respect its ‘other’ ways of doing things, provides an excellent foundation for further exploration within the academic framework. And there’s no better way to get to know another culture than living with a host family.” — Flannery, YFU Gap Year Student to Germany

SPEND YOUR GAP YEAR IN

Argentina | Belgium | Canada | Chile | China | Czech Republic | Ecuador | Estonia
Germany | Hungary | India | Ireland | Latvia | Mexico | Paraguay | Romania
South Africa | Sweden | Switzerland | Thailand | United Kingdom | Uruguay

ALL PROGRAMS INCLUDE

- Placement with a carefully selected host family
- Domestic and international airfare
- Comprehensive insurance
- 24-hour student support
- Regional orientation for participants and parents

APPLICATION DEADLINE

Scholarships: January 7
Year, Fall Semester, Summer: March 15
Spring, Winter: October 1

Programs are subject to change. Please check yfuusa.org for updates.

For additional details and requirements or information on other YFU programs, please visit us on the web at yfuusa.org, email info@yfu.org or call 1.800.TEENAGE.