



# Bean & Grain

BAKERY | BAGELS | PATISSERIE | CAFE

DICKSON

M E N U



**BREAKFAST** ALL DAY**Eggs on Toast** GFO V — 13

Eggs how you like them on housemade sourdough

**Classic Eggs Benedict** GFO V — 17

2 poached eggs on house made sourdough served w wilted spinach, ham **or** smoked salmon **or** asparagus & freshly made hollandaise sauce

**Bean & Grain Breakfast** GFO VO — 22

2 eggs (any style), grilled chorizo, bacon, tomato, mushrooms, wilted spinach & hashbrown served on housemade sourdough

**Paleo Breakfast** GF VO — 22

2 poached eggs, wilted spinach, avocado, mushrooms, tomato, hashbrown & bacon

**Pancakes** V — 16

w mixed berries, nutella sauce & pistachios

**Burnt Fig Muesli** V — 12

Toasted oats, fig, almonds, coconut, greek yoghurt, berries & banana

**Asparagus & Eggs** GF V — 15

Grilled asparagus, poached eggs, beetroot quinoa, olive oil & mixed spices

**Corn Fritters** V — 16

w sour cream, avocado & housemade tomato relish

**Hash Brown Stack** — 12

w bacon, avocado, sour cream & sweet chilli sauce

**Toasted Bagel, Toast or Fruit Toast** GFO V — 7

w your choice of spreads:

jam, marmalade, vegemite, peanut butter, honey

OR

flavoured cream cheeses:

plain, berry, basil pesto, sundried tomato

**Extras (each)** — 3

Eggs, bacon, spinach, chorizo, mushrooms, tomatoes, avocado, hashbrowns (2)

+ 2 extras for \$5

+ 3 extras for \$7

Gluten free toast add \$1

**LIGHT MEALS** ALL DAY**Egg & Bacon Roll** GFO — 7

Fried egg & bacon served on a brioche bun

**Ham & Cheese Croissant** — 7**Ham, Cheese & Tomato Toastie** GFO VO — 7

Served on housemade sourdough

**Breakfast BLT** GFO — 12

Bacon, lettuce, tomato, fried egg & tomato relish served on a brioche bun

+ avocado \$3

**Breakfast Wrap** — 11.50

Scrambled egg, bacon, baby spinach, cheese & tomato chutney

**Chicken Melt** GFO — 11

Chicken breast, tomato, avocado & cheese served on housemade sourdough

+ salad & fries \$4

**Nacho Fries** — 10.50

Shoe string fries, chipotle salsa, sour cream, avocado & bacon

**Bowl of Fries** — 6

**LUNCH** FROM MIDDAY**Aussie Burger — 16**

Beef patty, bacon, fried, beetroot, tomato & lettuce served on a brioche bun w shoestring fries

**Pork Burger** GFO — 16

Sticky pulled pork, apple slaw & mayo served on a brioche bun w shoestring fries

**Chicken Burger** GFO — 16

Chicken, lettuce, avocado, tasty cheese & ranch dressing served on a brioche bun w shoestring fries

**Chicken & Cous Cous Salad** VO — 15

Israeli cous cous, chicken breast, confit cherry tomatoes, baby spinach & tzatziki

**Mushroom Risotto** GF V — 16

Mushrooms, spinach, truffle oil & parmesan

**Linguini Formaggio** — 15

Linguini, smoked ricotta, tomato, spinach & chicken

**Chicken Gumbo** — 17

Chicken breast, capsicum, corn, creole spice & rice

**COFFEE & TEA** ALL DAY**Coffee** — SM 3.50 / LG 4.50

Cappuccino, flat white, latte, short black, long black, piccolo, macchiato, ristretto, mocha, chai latte

+ decaf .50¢

+ almond milk/soy milk/lactose free .50¢

+ extra coffee shot .50¢

+ flavour shot .50¢

choose from: caramel, hazelnut, vanilla

**Tea** — 4.50

English breakfast, earl grey, lemongrass & ginger, chai, peppermint, green tea

**Hot chocolate** — SM 3.50 / LG 4.50**Italian hot chocolate (winter)** — 4**DRINKS** ALL DAY**MADE TO ORDER****Freshly squeezed juice** — 7

Apple, carrot, celery, lemon, orange, pineapple  
+ mint  
+ ginger

**Milkshakes** — 6

Caramel, chocolate, strawberry, vanilla  
+ check our blackboard for weekly specials

**Frappes & smoothies** — 7.50

Check our blackboard for weekly specials

**Iced drinks** — 7

Iced chocolate, iced coffee, iced mocha

**FROM THE FRIDGE****Juices** — 4

Wild One — Made in Australia with Australian fruit  
Apple, apple & blackcurrant, orange, pineapple

**Organics** — 4.80

Apple juice, cola, ginger beer

**Iced Tea** — 4.50

Green, lemon, peach, pear & honey

**Flavoured sparkling mineral water** — 4.50

Blood orange; lemon, lime & bitters; lime breeze; passionfruit delight

**Sparkling mineral water** 330ml — 3.50**Soft drinks** 390ml — 3.80

Coca-cola, Coke Zero, Diet Coke, Fanta, Lift



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