



DETROIT HOOPS LEAGUE REGULAR SEASON RULES

The Detroit Hoops League is a co-ed neighborhood-based recreational basketball league. The following are the official rules for teams to adhere by:

- 1) To field a team, 5 registered Detroit Hoops League players must be present and ready to play within 5 minutes of scheduled start time. At least one woman & five players total must be actively on the floor and in the game at all times unless there is an injury or foul out, in which case the team can finish the game with less than 5 players total, or without one woman. If any these requirements are not met, the game will result in an automatic forfeit.
- 2) Games consist of two 20-minute running halves, with a halftime break in between. Additionally, each team is awarded two 30-second timeouts per game.
- 3) If the game is within 10 points in the final 2 minutes of a game, the game clock will stop with each dead ball.
- 4) In the event of a tie after 40 minutes of play, a 2-minute overtime with stop clock will follow. Each team will have 1 timeout for the overtime period. If the game is still tied after the conclusion of the first overtime, a shootout will occur. For the shootout, each team will pick 5 players to shoot free throws, alternating between teams. If the each team makes the same number of shots after the first 5 rounds, the shootout will continue as sudden death. Each player on a team must shoot once before any players can repeat shooting.
- 5) Player substitutions are to be made only during dead ball.
- 6) When a team reaches 5 team fouls in any given half, they will be in the bonus. After 7 team fouls in a half, they will be in a double bonus. Team fouls in the 2nd half carry into overtime. If a player accumulates 5 personal fouls, he/she cannot play the rest of the game.

Remember that this is a co-ed recreational basketball; please conduct yourself in a manner that is respectful of yourself and others. In other words, have fun & don't lose your cool!