OUTREACH GUIDELINES DURING COVID-19

**DO NOT**
- Do outreach if you have symptoms or are a COVID-19 contact
- Go into people's homes

**KEEP**
- Social distance: 2 meters / 6.5 feet
- Keep chats to under 10 minutes
- Wash hands before & after every interaction or use hand sanitizer
- Wipe down supplies before handing them out
- Change gloves/mask after each visit
- Load supplies outside; people can bring them in
- Shower when you get home
- Wash any clothes you wore

**WHENEVER POSSIBLE**
- Offer more supplies to limit the number of interactions including naloxone

**SHARE INFORMATION**
- On new developments & guidelines
- On basic health & safety info

**BROUGHT TO YOU BY:**
- MHRN
- Ka Ni Kanichihk Inc.
- SUNSHINE HOUSE

**SCREENING TOOL:**
- sharedhealthmb.ca/covid19
- gov.mb.ca/covid19

**HEALTHLINKS:**
- 204-788-8200 / 1-888-315-9257