

Distracted Driving: Know the Facts



Types of Distraction

Manual

Anything that takes your hands off the wheel

Visual

Taking your eyes off the road

Cognitive

Taking your mind off driving

Texting while driving causes all three

Did You Know?

More than eight people are killed each day in crashes involving a distracted driver and 1,161 are injured. In 2014, one in five crashes with injury involved a distracted driver. (cdc.gov)

Traffic crashes are the #1 cause of death for people ages 16 to 24. (oksafety.org)

A driver is 23 times more likely to crash when texting. (ok.gov)

Approximately 71 percent of teens and young adults say they have sent a text message while driving, and 78 percent of teens say they have read a text message while driving. (NHTSA.gov)

Ninety percent of teens and adults say they'd stop texting while driving – if someone in the car just asked.

Learn More at OklahomaChallenge.org

You Can Help

Take the Oklahoma Challenge Today!

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