EVO OPTIMISING PERFORMANCE

SIZING GUIDE

HOW TO MEASURE
To measure your clothing size, please follow these simple measurements. If you like a form-fitted garment that tightly follows the contours of the body, select the size column you fall in. If you prefer a more relaxed garment, go for a size or two larger.

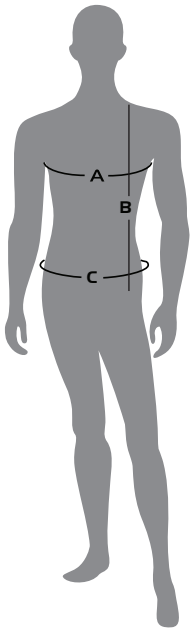
MEASURE POINTS

CHEST
Run a tape measure around the fullest area of your chest.

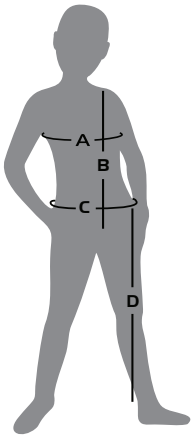
LENGTH
Measure from highest point of your shoulder to your desired length.

HIPS
Measure around the fullest part of your hips.

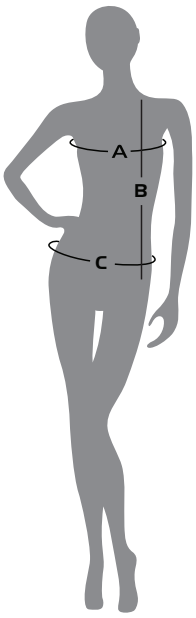
OUT-SEAM
Measure from your waist to desired length.



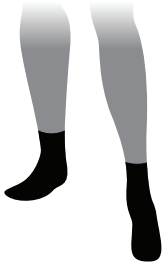
MEN'S/UNISEX SIZES	A- CHEST	B - LENGTH	C - HIPS
2XS	86 - 91cm **34 - 36"**	63cm **25"**	84 - 89cm **33 - 35"**
XS	91 - 96cm **36 - 38"**	65cm **25.5"**	89 - 94cm **35 - 37"**
S	96 - 101cm **38 - 40"**	67cm **26.5"**	94 - 99cm **37 - 39"**
M	101 - 106cm **40 - 42"**	69cm **27"**	99 - 105cm **39 - 41"**
L	106 - 111cm **42 - 44"**	71cm **28"**	105 - 110cm **41 - 43"**
XL	111 - 116cm **44 - 46"**	73cm **29"**	110 - 115cm **43 - 45"**
2XL	116 - 121cm **46 - 48"**	75cm **29.5"**	115 - 120cm **45 - 47"**
3XL	121 - 126cm **48 - 50"**	77cm **30.5"**	120 - 125cm **47 - 49"**
4XL	126 - 131cm **50 - 51.5"**	79cm **31"**	125-130cm **49 - 51"**
5XL	131 - 136cm **51.5 - 53.5"**	81cm **32"**	130 - 135cm **51 - 53"**
6XL	136 - 141cm **53.5 - 55.5"**	83cm **32.5"**	135 - 140cm **53 - 55"**
7XL	141 - 146cm **55.5 - 57.5"**	85cm **33.5"**	140 - 145cm **55 - 57"**



YOUTH SIZES	A - CHEST	B - LENGTH	C - HIPS	D - OUT-SEAM
XS (6)	70 - 74cm **27.5 - 29"**	51cm **20"**	68 - 71cm **27 - 28.5"**	80cm **31.5"**
S (8)	74 - 78cm **29 - 30.5"**	53.5cm **21"**	71 - 76cm **28.5 - 30"**	82cm **32.5"**
M (10)	78 - 82cm **30.5 - 32.5"**	56cm **22"**	76 - 83cm **30 - 32.5"**	84cm **33"**
L (12)	82 - 86cm **32.5 - 34"**	58.5cm **23"**	83 - 87cm **32.5 - 34"**	86cm **34"**
XL (14)	86 - 90cm **34 - 35.5"**	61cm **24"**	87 - 90cm **34 - 35.5"**	88cm **34.5"**



WOMEN'S SIZES	A - CHEST	B - LENGTH	C - HIPS
XS (6)	83 - 87cm **32.5 - 34"**	60cm **23.5"**	82 - 86cm **32-34"**
S (8)	87 - 91cm **34 - 36"**	62cm **24.5"**	86 - 90cm **34-35.5"**
M (10)	91 - 95cm **36 - 37.5"**	64cm **25"**	90 - 94cm **35.5-37"**
L (12)	95 - 99cm **37.5 - 39"**	66cm **26"**	94 - 98cm **37-38.5"**
XL (14)	99 - 103cm **39 - 40.5"**	68cm **27"**	98 - 102cm **38.5-40"**
2XL (16)	103- 107cm **40.5 - 42"**	70cm **27.5"**	102 - 106cm **40-41.5"**
3XL (18)	107 - 111cm **42 - 43.5"**	72cm **28.5"**	106 - 110cm **41.5-43"**
4XL (20)	111 - 115cm **43.5 - 45"**	74cm **29"**	110 - 114cm **43-45"**



SOCKS	XS	S	M	L	XL
MEN	-	-	-	7-11	11-14
WOMEN	-	-	2-7	7-11	-
YOUTH	9-12	13-3	-	-	-

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