

The Marriage Course Recommended Book List

The Marriage Book, Nicky and Sila Lee - ISBN 9781905887392

The first seven sessions of The Marriage Course are based on the seven sections of the book. Covers additional material from The Marriage Preparation Course in the appendices. Practical advice on what builds a strong marriage for engaged and married people. Also gives single people an insight into marriage.

The Sixty Minute Marriage , Rob Parsons - ISBN 9780340671450

Covers the essential elements for a strong marriage in a format that could be read in sixty minutes, and should be read annually.

The Highway Code for Marriage, Michael and Hilary Perrott - ISBN 9781853453311

The Highway Code for Marriage offers practical wisdom on how to build or rebuild a sure foundation for marriage.

The Mystery of Marriage, Mike Mason - ISBN 9781590523742

An honest, profound and beautifully written book on the benefits and challenges of marriage.

Loving Against the Odds, Rob Parsons - ISBN 9780340709832

Full of humour, engaging stories and practical advice on how to keep love at the heart of marriage and family life.

Hope for the Separated, Gary Chapman - ISBN 9780802436399

Contains sound and practical advice for those who are separated to know how to give their marriage the best chance of being restored.

The Five Love Languages, Gary Chapman - ISBN 9781881273158

Highly recommended for any couple, an exploration of the different ways people feel loved.

Boundaries in Marriage, Dr Henry Cloud and Dr John Townsend - ISBN 9780310243144

Only when we know and respect each other's needs can we give ourselves freely and lovingly to one another. Boundaries in Marriage takes the principles of boundaries and applies them to the marriage relationship.

Anger – Handling a powerful emotion in a Godly Way, Gary Chapman - ISBN 9781881273882

Gives a good understanding of the nature, role and dangers of anger in relationships and how to use and control it effectively.

What's So Amazing About Grace? Phillip Yancey - ISBN 9780310245650

Describes how experiencing God's love and forgiveness for ourselves will profoundly affect all our relationships.

A Celebration of Sex, Douglas Rosenau - ISBN 9780785264675

Excellent book on how to build the sexual relationship within marriage. Practical and positive as well as addressing common problems and frequently asked questions.

Getting Your Sex Life Off to a Great Start, Clifford and Joyce Penner - ISBN 9780849935152

A guide through an encouraging process that begins by dispelling sexual myths followed by getting to know yourself and your partner emotionally and physically.

The Gift of Sex, Clifford and Joyce Penner - ISBN-10 0849944155

Gain a greater understanding of sexuality and how it fits into God's design for marriage. With the latest information on sexuality and intimacy, this best-selling book is ideal whether you are newlyweds or have been married for many years.

For Men Only, Jeff and Shaunti Feldhahn - ISBN 9781590525722

Do you love and want to please the woman in your life, but just can't seem to figure her out? That was before For Men Only. Now at your fingertips is the tool that will unlock the secret to her mysterious ways.

For Women Only, Shaunti Feldhahn - ISBN 9781590523179

Men want to be understood, but they're afraid to "freak out" the women they love by confessing what is happening inside their heads. This book will guide women in how to provide the loving support that modern men want and need.

Every Man's Battle, Stephen Arterburn - ISBN 9781578563685

Sexual addiction is on the rise - even within the church. In this compassionate guide, Stephen Arterburn and Fred Stoeker tackle the problem head-on, offering a practical battle plan for men, married or single.

Every Woman's Battle, Shannon Ethridge - ISBN 9781578566853

The only way you as a woman can survive the intense struggle for sexual integrity is by guarding not just your body, but your mind and heart as well. Every Woman's Battle can help you learn to do that.

30 Days, Nicky Gumbel - ISBN 9781902750811

A good resource for couples who want to start praying together. Gives a biblical passage for each day, a short commentary and then suggestions for prayer.

Questions of Life, Nicky Gumbel - ISBN 9781842913284

Based on the talks given at the Alpha course. Helpful for couples or individuals wanting to explore the Christian faith or find out more about Alpha.

Sixty Minute Debt Buster, Rob Parsons and Katie Clarke - ISBN 9780745953427

In this book Katie Clark and Rob Parsons guide you through the smart way to get out of debt and transform your finances - in 60 minutes.

Sixty Minute Family, Rob Parsons - ISBN-10 0745953832

Combining practical wisdom and accessible advice with a wide range of case studies - and an engaging style - the book addresses 10 life lessons for a strong family life.

The Parenting Book, Nicky and Sila Lee - ISBN 9781905887361

Drawing on their own experience of bringing up four children and talking to thousands of parents over the years, Nicky and Sila Lee bring fresh insights and time-tested values to the task of parenting. Full of valuable advice and practical tips.

The Meaning of Marriage, Timothy and Kathy Keller - ISBN 9781444702156

A powerful book, which looks at the purposes of marriage from a Christian perspective and shows how the challenges that marriage presents us with can lead to personal growth.