

CONNECTING MEOTA WEEK 133 Dec 28, 2022

**This newsletter is meant to inspire, entertain, and keep everyone in the Meota Parish connected to one another throughout the week.**

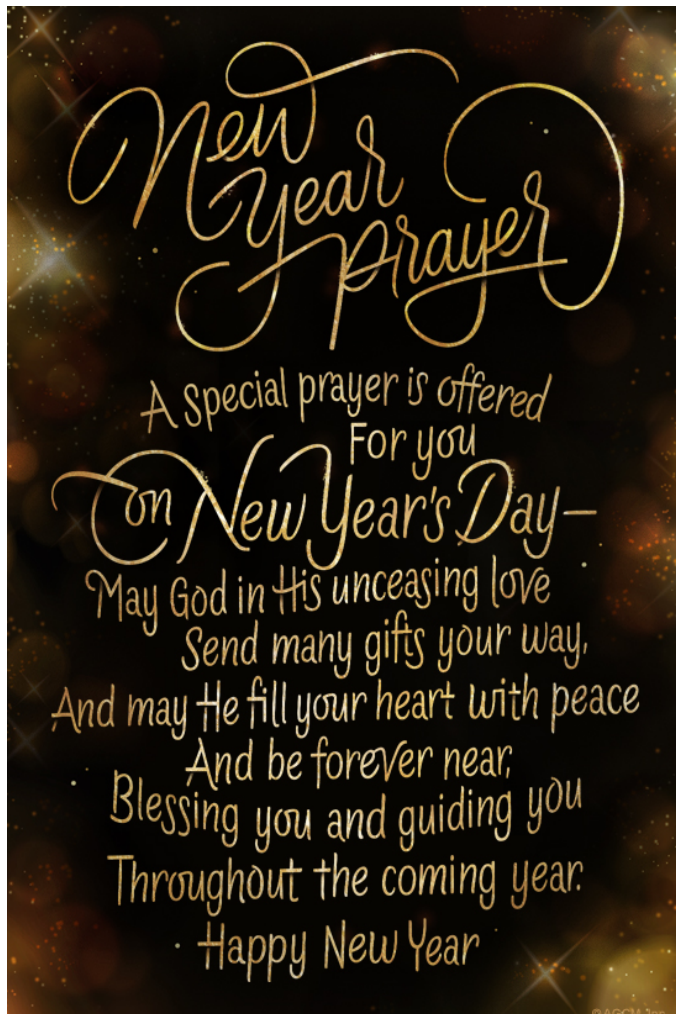
**Our next church service, will be**

**SUNDAY JANUARY 1<sup>ST</sup>, 2023, 10:30 am**

**One joint service at  
St. George's  
Turner / Diamond Valley**



# HAPPY NEW YEAR



# BIBLE READINGS FOR THIS COMING SUNDAY

Sunday, January 1<sup>st</sup>, 2023. Readings

NUMBERS 6:22-27; PSALM 8;

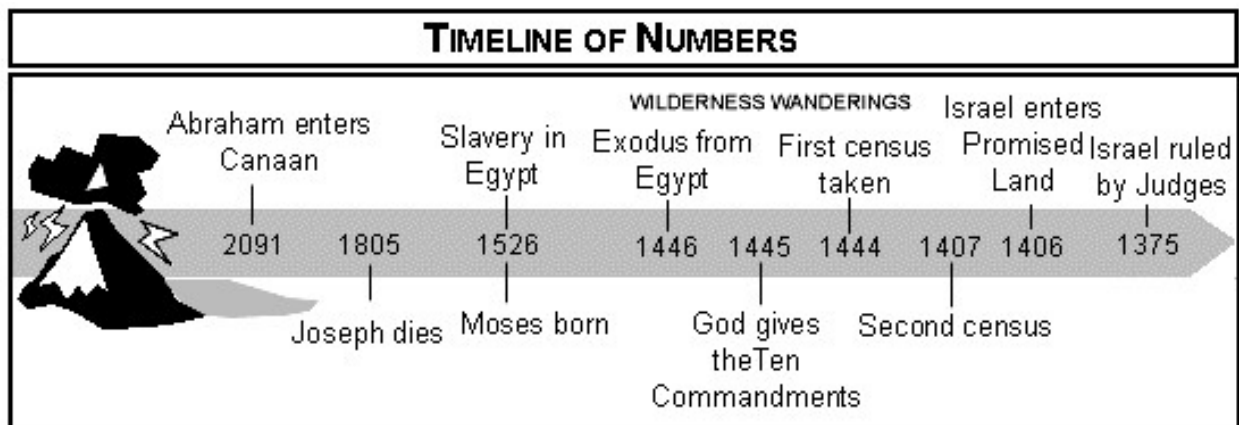
GALATIANS 4:4-7 OR PHILIPPIANS 2:5-11;

LUKE 2:15-21

FIRST READING - NUMBERS 6:22-27. One of my favourites!!!



The book of Numbers is the fourth book of the Bible



## **Gospel**

### **THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO LUKE**

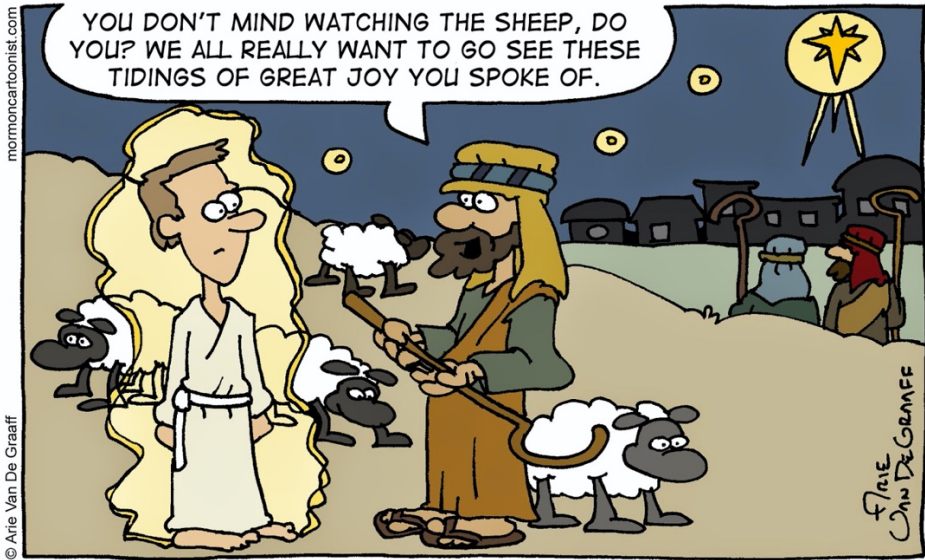
When the angels had left them and gone into heaven, the shepherds said to one another, "Let us go now to Bethlehem and see this thing that has taken place, which the Lord has made known to us." So they went with haste and found Mary and Joseph, and the child lying in the manger. When they saw this, they made known what had been told them about this child; and all who heard it were amazed at what the shepherds told them. But Mary treasured all these words and pondered them in her heart. The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them. After eight days had passed, it was time to circumcise the child; and he was called Jesus, the name given by the angel before he was conceived in the womb.

LUKE 2:15-21





# CHRISTMAS HUMOUR



# HAVE YOU MADE A NEW YEAR RESOLUTION?

## 20 Christian New Year's Resolutions

### You'll Actually Want to Keep.

#### This week: 1 - 10

### 1. Read Your Bible 5, or 10, or 15 Minutes a Day, Every Day

Sure, reading the Bible consistently may not sound like a very glamorous or interesting Christian New Year's Resolution at first, but let me tell you — it really does make a difference!

### 2. Go to Church Every Week Without Fail

[Is going to church really necessary?](#) I think it is. And New Year's is the perfect time to get back in the habit if it's been a while. (Or if you've fallen into the bad habit of skipping sometimes on days when you don't "feel like it.")

### 3. Set Aside 15 Minutes Each Day to Pray

Sometimes I feel like it's easier to *consume* information all day long — whether that's through reading a book, reading an article, listening to a podcast, listening to a sermon... And those things are definitely good. But we also run the risk of filling our brains with SO much noise that we crowd out all the space for quiet reflection and prayer. Carving out 15 minutes of quiet time in prayer doesn't have to be difficult. For example, you could:

- Wake up 15 minutes earlier
- Pray in the shower
- Pray while you're doing your hair/make-up
- Pray during your morning or evening commute
- Pray on your lunch break
- Pray while making dinner
- Pray with your kids before they go to sleep every night

The possibilities are endless!

### 4. Join a Bible Study

Does your church have a regular Bible study or **do you know of one in your area?** (**SHEEP RIVER LIBRARY**) If not — ask around! You can even create your own. Not only is this Christian New Year's Resolution a great way to dig into the Bible for greater insights, but you can find some great community and accountability this way as well, which are also super important.

## 5. Try Fasting

Fasting is a spiritual discipline that is very powerful, but often overlooked. Maybe this year is the year you want to read up on it and try it out? **START SMALL.**

## 6. Ask a Friend to Church

Do you have any non-Christian friends, family or co-workers? Maybe this year is the year you finally get brave enough to invite them to church with you. The worst they can say is no, right? *(And remembering that this is the Christian New Year's Resolution you picked will help you be brave enough to actually get up the courage to ask!)*

## 7. Begin Volunteering

Have a little extra time on your hands right now? Why not try volunteering? Not sure where to start? Here are a few ideas:

- [Five Ways You Can Help Your Community](#)
- [10 Community Service Projects Perfect for Introverts](#)
- [75 Ways You Can Serve Your Church](#)

## 8. Start Tithing

The Scriptures are very clear — Christians are called to be generous. If you haven't gotten in the tithing habit yet, now is a great time to start! Even if you can't give a lot, start with *something*. You can always work your way up as your faith grows *(and it will!)*

## 9. Read a Certain Number of Christian Books Each Month

While the Bible is the most important book you'll read all year, there are tons of other books out there that can help encourage you, challenge you and strengthen your faith. **We have some avid readers in our parish – ask them what they would recommend. The church hall at St. George's has a library – help yourself!**

## 10. Memorize Scripture

When is the last time you intentionally sat down to memorize Scripture? Has it been a while? If so, setting a Christian New Year's Resolution to memorize more Scripture is a great opportunity to start back up again! I can't even tell you how helpful it is to have a wealth of Scriptures right in my mind for easy access *(and I know I still have a lot of work to do in this area!)*

Alternately, this articles on memorizing Scripture should be very helpful as well!

- [5 Reasons All Christians Should Memorize Scripture](#)
- [10 Verses Every Christian Should Know by Heart](#)
- [6 Comforting Bible Verses for Hard Times \(Plus free printable!\)](#)



What did Adam say to Eve on December 31<sup>st</sup>???

It's New Year's, Eve!!!!!!

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Why did the man stand on one leg at midnight on New Year's?

He wanted to start the year on the right foot.



## Local News

### **Hello Diamond Valley** From High Country News

Since Black Diamond gets Light-Up, Turner Valley gets New Year's Eve! **Dress the family warm for this free celebration held on December 31 from 5-8 and head on down to the Flare and Derrick, the ice rink, and Millenium Park for all kinds of winter fun. Festivities include hay wagon rides, outdoor ice skating (helmets please, but no sticks or pucks), face painting, musical entertainment, a family dance, and fireworks!** At last check, Turner Valley is working hard to partner with another organization so that they can extend the evening until midnight, so check the Town's website for updates. Volunteers are always needed and appreciated for New Year's Eve, please give the Town a call if you can help out.

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One last note is that our Organics bins will be picked up every two weeks during the winter season, as we don't have any yard waste at this time of year. However, they do accept food waste, which I think is so nice not to just throw those items in the garbage bins. I always hate to throw away food, especially meat as that comes from an animal, but if you can't eat all the leftovers, you can set them in compostable bags in your green bins and they will go towards composting into the earth, rather than rotting in the landfill. Black Diamond's dates for December's Organics bins are the 14th and 28th, and Turner Valley's are the 7th and 21st. **Remember also you can leave your Christmas tree out by your bins after the season is over, the Towns will pick them up in January, chip them up, and use for mulch along pathways and trees in our parks.**

ANSWERS TO .....NAME THAT  
**CHRISTMAS CAROL**

“How lovely are thy branches”

Oh Christmas Tree

“Let earth receive her king”

Joy to the World

“The stars are brightly shining”.

O Holy Night

“O come ye, o come ye to Bethlehem”

O Come All Ye Faithful

“Round yon virgin Mother and Child”

Silent Night

“And stay by my cradle ‘til morning is nigh”

Away in a Manger

“Over the hills and everywhere”

Go Tell It on the Mountain

“Gloria, in excelsis Deo” (this one is tricky) Angels We Have Heard On High

“Remember Christ our Saviour was born on Christmas Day”God Rest Ye merry  
Gentlemen

“Said the little lamb to the shepherd boy”

Do You Hear What I Hear?

“In fields where they lay keeping their sheep”

The First Noel

“Haste, haste to bring him laud, the babe the Son of Mary” What Child Is This?

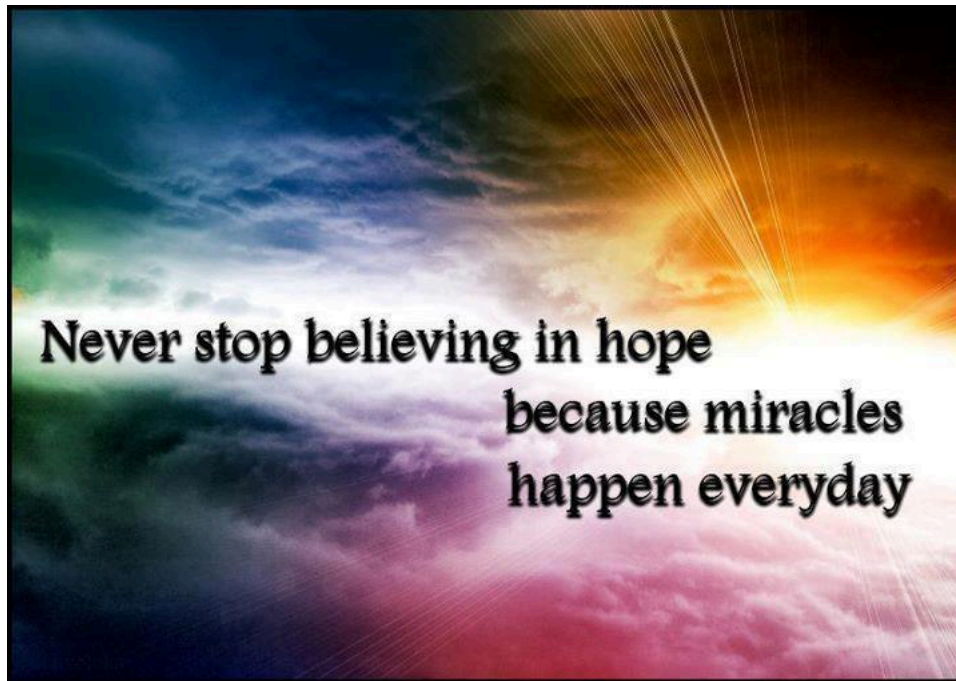


# Angels and Shepherds Wordfind

J M K N V U Y E Y L Y R P K P E W F C E N L M L  
M P Q H M F L H K P Y A U N P O X Z U D I Z B U  
G L E D U S A Z R I Q M D H B V C T O F C B O L  
U R S H E P H E R D S H E O B R G S Y I C S X P  
A Z F S A I Q R E O P N J K T M R A P E U I F R  
R R X W R S U X L H O U S I U I J V U L P Q Z X  
L F E E H D V A X H Z C K I F F V I V D U X U A  
C V K N N Z M S S L T E C B H M T O T A F J X S  
R G I D P W W N D S K S O Q O A W U U V W B E V  
H M E O M G O F U I R W L N U O R R E I U F C W  
Z E F O A L S T H G U H F X K E A E J D T D A X  
C L C G N J O B C N P G A N G E L P W W Y T P O  
Y P R O G T F G J Z N B L Q D K Q F G S C Q G D  
X O J O E U L N N T N Z O O P T Y F I H O M K Q  
U E C J R T T X W U Q X B P R A P P E A R E D O  
F P I M H I G V A A O F V S E Y U U S Z W V H E  
O F S D E U R T E R R I F I E D B P A R X W F X  
G R T U G S X D D X M H C H E Q A V A A H O H C  
G H T Z Y C S J P X Y J L V B S M P R Q S H N H  
C F Z U T P H I M P B U T Z D V P M R D H I J S  
B S Y X J N Q C A M A N V R E E R Z F A G T L Q  
Q O O N N L R W J H B P O L D C O T D H H E E W  
J H W C U X B U Z Q Y L R F S P D W T E P K O V  
A K I P Q P K Y O W E D C Q Z K X V O I S B J K

Manger	Wrapped	Baby	Sign	Messiah
Saviour	Today	David	Town	People
Joy	Good News	Terrified	Shone	Glory
Appeared	Lord	Angel	Shepherds	Flocks
Watch	Field	Night		

**GO IN PEACE**



**ALLELUIA!!**