

Head Coach Report – ARC AGM 2017

It's been another hugely successful year for the coaching programme at ARC. But instead of boring you with yet another rambling speech – I'll get festive and sum up our year through the medium of song.

(To be sung to the tune of "the 12 days of Christmas")

At the end of the year, ARC's Coaching programme has...

1. An under 12 county player
2. 2 200 open days
3. 305 on the programme
4. 4 Multi-school festivals
5. A 5-strong coaching team
6. 6 tennis for Kids courses
7. 70 hours of weekly coaching
8. 8 Red sessions weekly
9. 9 Tennis Leaders
10. 1000 Facebook likes
11. A new disability programme
12. 12 links with primary schools

That's just a taster of some of our highlights.

The major achievements for myself have been breaking past 300 on the programme and growing a larger and more professional team.

Improving the quality of the coaching we deliver has been very much on my radar over the past few months, with our two youngest coaches Lottie and Tom both completing their Level 3 and 2 qualifications respectively and myself holding monthly coach's meetings and CPD sessions for the coaches.

Its also worth mentioning the growth we've seen in our disability outreach this year. We've established regular learning & physical disability sessions with Northam Lodge, Pathfield School and WINGS charity and are starting new links with Lampard school and North Devon Forum for ASC & ADHD Conditions in January.

I'd like to thank my team who have been hugely supportive to date. Without their passion and creativity, we would not be where we are today – however there is still lots of work to do.

We now face the challenge of transposing our 6 court outdoor programme to a 10 court one which includes 4 indoor courts. My focus will very much be on maintaining as much outdoor tennis as possible throughout the year. We will release the full details of the planned coaching programme next week, but

I can tell you now that it offers a wide range of choice and has been extremely carefully considered based on customer feedback, court availability and financial requirements.

Tom Vinall

Head Coach & Sports Development Officer

Atlantic Racquet Centre