



ISABEL PEREZ, MA, LPC  
INNER NOURISH COUNSELING, LLC

**AUTHORIZATION TO RELEASE INFORMATION**

I, \_\_\_\_\_, authorize Isabel Perez, MA, LPC, with Inner Nourish Counseling, LLC to obtain from and share information with:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Relationship to Client: \_\_\_\_\_

Regarding: \_\_\_\_\_

Client's Name

DOB

Client or Parent/Guardian Signature

Information may include:

- \_\_\_\_\_ Social History
- \_\_\_\_\_ Psychological Testing/Reports
- \_\_\_\_\_ Hospitalizations
- \_\_\_\_\_ Progress in Therapy
- \_\_\_\_\_ Court Reports/Investigative Reports
- \_\_\_\_\_ Academic Progress
- \_\_\_\_\_ Placement History
- \_\_\_\_\_ Other \_\_\_\_\_

- \_\_\_\_\_ Dental
- \_\_\_\_\_ Immunizations
- \_\_\_\_\_ Medical Records
- \_\_\_\_\_ Transcripts
- \_\_\_\_\_ Test Date
- \_\_\_\_\_ Attendance Data
- \_\_\_\_\_ Health Records

Information to be used for:

- \_\_\_\_\_ Assessment
- \_\_\_\_\_ Service Planning
- \_\_\_\_\_ Continuity of Care
- \_\_\_\_\_ Other \_\_\_\_\_

- \_\_\_\_\_ Leaving School
- \_\_\_\_\_ Entering School
- \_\_\_\_\_ College Admission
- \_\_\_\_\_ Employment

I understand that I may revoke this authorization to release/request information at any time by giving written notice to Isabel Perez, MA, LPC. Without such revocation, this authorization shall expire on \_\_\_/\_\_\_/\_\_\_ (date). If left blank, ninety (90) days from the date of my signature. I also herewith release Isabel Perez, MA, LPC, from all liability for releasing such information.

**NOTICE TO WHOM THIS INFORMATION IS GIVEN:** This information has been disclosed to you from records whose confidentiality is protected by Federal Law. Federal regulations prohibit you from making further disclosure of this information without the specific written consent of the person to whom it pertains.

I hereby revoke this Authorization to Release/Request for Information:

Client Name:

Date:

Witness:

Date:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

A copy of this Authorization is as valid as the original.