Gingham For Giants quilt
An original pattern by Tierney Barden

The classic gingham pattern has been scaled up for the giants among us, including those with a giant heart. This quilt comes together very quickly and has “snuggle” written all over it! Complete instructions are provided for Crib, Throw/Full and Queen sizes. You can easily stitch in the ditch (as shown above), or let your quilting personality shine and plan a more involved design. Either way, your quilt will look stunning!

Charm friendly, this quilt is excellent for baby gifts, whether you’re sewing for one baby or more. This modern take on a traditional design will look as amazing in the Family Room as it will in any bedroom, from toddler to teen to grown up! When choosing fabrics, take time to select three distinct shades (dark, medium, light) of one color.

For anyone interested in natural dyes: to achieve the dark, medium and light gradients, I dyed the purple quilt (above) using a Logwood vat followed by two exhaust baths. The pinks were dyed using Quebracho Rojo, following the same procedure. The substrate used in both quilts is 100% organic cotton sateen, and the cotton was grown in the US.

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www.tierneybarden.com
Gingham For Giants quilt

Materials

Sizes listed: Crib, (Throw/Twin, Queen)

Fabric A (dark) ⅝ yard, (1 ¾ yds., 3 1/4 yds.)
Fabric B (medium) ⅜ yard, (2 yds., 3 yds.)
Fabric C (light) 1 ⅛ yard, (2 yds., 2 ⅜ yds.)
* (Fabric C includes borders and binding.)
Back ing Fabric: 1 ¼ yard, (4 yds., 6 yds.)

Batting
Quilt label
Rotary cutting supplies
Fabric scissors
Coordinating quilting thread (100% cotton)
Sewing machine
Iron and ironing board

Cutting List

Sizes listed: Crib, (Throw/Twin, Queen)

Fabric A (dark): 20 Charms, (67, 175)
Fabric B (medium): 24 Charms, (110, 161)
Fabric C (light): 9 Charms, (48, 72)
Borders, Fabric C: 4-5” x 32” strips, (2-5”x60” and 2-5”x72” strips; 2-5”x86” strips and 2-5”x77” strips)
Binding, Fabric C: Cut 5 – 2 ¼” wide x wof strips, (8 strips, 9 strips)
Batting: 44” x 44”, (70” x 90”, 90” x 100”)

Please read through the entire set of instructions before beginning.

NOTES:
• Charm = 5” square
• ¼” seam allowance (S.A.) is used throughout.
• Width of fabric = wof

Finished quilt sizes:

Crib
40.5” x 40.5”

Throw/Twin
67.5” x 85.5”

Queen
85.5” x 94.5”

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INSTRUCTIONS

Layout your quilt top
Using your 5” squares of light, medium and dark, lay them out on your design wall in the pattern shown.

Quilt top assembly

Using ¼” S.A., stitch the squares together into rows. Keep your bearings and maintain the pattern. Try not to press your seams until the gingham panel is complete.

Once your squares are sewn into rows, it’s time to sew your rows together.

TIP: If you’re having trouble managing the quilt top under your machine as the top grows, you may find it easier to work in sections, starting at the top and stitching rows together until about half way down, or a third of the way down, then put it back on your design wall and begin sewing the next section of rows together, and so on until you’ve reached the bottom row. Then, sew together these larger sections. Remember to check often that you’ve correctly aligned your rows as you’re assembling the main panel.

TIP: Keep your bearings and regularly check to make sure you’re stitching the correct rows together, correctly aligning raw edges and nesting seam allowances as you go.
TIP: When sewing the rows together, stop the machine as you come to each seam making sure both seam allowances are nested and are going in opposite directions. See photo below. This will pay off when viewed from the front and all seams meet beautifully. Take your time, nesting (and pinning if you prefer) each seam.

Once your gingham panel is completely sewn together, press your seams.

TIP: With a dry hot iron press seams lightly from the back, then a little more aggressively from the front. When pressing from the front, try adding one or two layers of towel on your ironing board. This will give your seams a place to settle down into as the iron is passing over, which will avoid shiny seam lines visible on the front.

**Add borders**

Attach the left and right border strips.
Press seams to the outside.
Sew a dark 5” square to each end of the top and bottom border strips.  
Press seams toward the center.  
Attach the top and bottom borders.  
Press seams to the outside.

Layer the quilt  
Assemble the backing. Place backing right side down.

TIP: Place backing right side down on a wood/vinyl/concrete floor. Use a strip of blue tape along the top edge to secure the fabric and minimize shifting as you add layers.

Next, place the freshly pressed batting onto the backing, smoothing very well from the center outward.

Finally, place your freshly pressed quilt top (*) right side up on top of the batting. Smooth from the center outward. Pin baste (or preferred basting method) through all three layers.

*Mark the quilt top  
If you’re quilting a design other than stitching in the ditch, you might prefer to mark all quilting lines on your freshly pressed quilt top before layering.

Quilting  
Slightly increase your machine’s stitch length.  
Thread your machine with coordinating 100% cotton thread.  
If this is your first time quilting, try stitching in the ditch: work from the center outward, stitching all vertical seams first, then rotate your quilt and stitch the remaining seams.  
Take your time. Wearing quilting gloves helps you control the quilt as you’re stitching, and lessens fatigue.

Finish your quilt  
Trim and square your quilt.
Prepare and attach the binding
Prepare and attach the binding as you prefer. If this is your first time or you need a refresher, there are plenty of great books and online tutorials detailing these steps.

Quilt label
When ready, with an archival fabric pen, embroidery floss or your machine, fill out your quilt label. Consider including the maker’s name and location, the recipient’s name, completion date, special occasion or meaningful quote, and brief care instructions.

TIP: Consider testing on paper and making any adjustments before writing or printing on your label. The internet and quilt books are full of ideas and inspiration for making and attaching quilt labels. The important thing is to actually do it.

Care instructions
Hand or machine wash in warm-cold water with gentle detergent (only when soiled) and line or machine dry. If this quilt is a gift, please be sure to include these instructions, if not written on the quilt label.

All of the quilts designed by Tierney Barden have your personal experience in mind. These instructions assume you’re somewhat familiar with each step. As you make any of my quilts and accessories, please feel free to contact me with any questions. I aim to offer designs that are a pleasure to stitch, as well as support for your sewing success. Thank you.

For my naturally dyed, organic cotton fabrics & quilting and sewing patterns: www.tierneybarden.com

Gingham for Giants, two sweet crib quilts.