

7:15 a.m. – 7:45 a.m.	Polar Bear Swim (optional)
8:00 a.m. – 9:00 a.m.	Breakfast
9:15 a.m. – 10:15 a.m.	Program Rotation #1
10:15 a.m. - 10:30 a.m.	Snack
10:30 a.m. – 12:00 p.m.	Pursuit
12:00 p.m. – 12:30 p.m.	Cabin Time
12:30 p.m. – 1:15 p.m.	Lunch
1:15 p.m. – 2:15 p.m.	ZAP (zero action programming)
2:15 p.m. – 3:15 p.m.	All Camp Swim
3:15 p.m. – 3:30 p.m.	Snack
3:30 p.m. – 4:30 p.m.	Program Rotation #2
4:30 p.m. – 5:30 p.m.	Program Rotation #3
5:30 p.m. – 6:00 p.m.	Free Time
6:00 p.m. – 7:00 p.m.	Dinner
7:00 p.m. – 8:00 p.m.	Evening Program
8:00 p.m. – 8:45 p.m.	Campfire
8:45 p.m.	Juniors to Cabin
9:00 p.m.	Seniors to Late Night
10:00 p.m.	Seniors to Cabin