

GET UP! FALL 2016 Course Outline

For most updated syllabus, including homework and handouts, visit the Get Up! 2016 class page.

- Session 1**
Saturday 9/10
WELCOME TO GET UP! & RIGHT PLANT, RIGHT PLACE
Course goals, overview, and garden tour. First lesson: Right Plant, Right Place with Hilary Gordon.
- Session 2**
Saturday 9/17
VICTORY GARDEN DESIGN PLAN & URBAN COMPOSTING
This fall, Get Up! is giving a makeover to the Victory Garden at GFE. We'll talk about the plan for redesign then spend the afternoon on your first compost lesson.
- Session 3**
Wednesday 9/21
WORM COMPOSTING
City living composting - how to establish, maintain & harvest a worm bin - with our favorite worm enthusiast Lynn Adams!
- Session 4**
Saturday 9/24
BUILDING RAISED BEDS
Raised beds are a great solution for many urban gardening problems. In this hands-on class, we will build two new raised beds for the Victory Garden with local gardener Adam Long and landscape contractor, Elisa Baier.
- Session 5**
Saturday 10/1
SOIL HEALTH
Learn about the basics of soil, the foundation of a healthy garden. Abby Bell will cover different types of soil texture (and why that matters), soil nutrients, and what we mean when we say "soil solution."
- Session 6**
Wednesday 10/5
CLIMATE FOR GARDENERS
This evening we'll learn to investigate weather and climate from a gardener's perspective, and identify local micro-climates, with legendary Bay Area gardener and author, Pam Peirce!
- Session 7**
Saturday 10/8
WATER & IRRIGATION
Water is vital to plant health, but it's more complicated than just giving plants water. Tom Bressan will talk about how determine how much water your plants need, review the concept of hydrozones, and learn how to install a drip irrigation system.
- Session 8**
Saturday 10/15
FIELD TRIP - SF TRANSFER STATION & URBAN AG SITE
Why compost? Why recycle? We'll get a visceral understanding of why on this important and poignant field trip to the Transfer Station. After that, we'll head to a well known urban ag site here in San Francisco!
Meet outside Friends School, 250 Valencia Street @ 9:30 AM
- Session 9**
Wednesday 10/19
FILM NIGHT: SUSTAINABLE AGRICULTURE
We'll learn about the farmers, history and current issues facing sustainable agriculture in California, and the nation, through several recent films.
Location TBD; This class will end at 9:00 PM

- Session 10**
Saturday 10/22
PLANTING CALENDARS, CROP ROTATION
Your gardening year starts with a planting calendar. We'll learn how to read them, how to make them, & how and why to rotate your crops.
- Session 11**
Saturday 10/29
PROPAGATION
Starting plants from seeds, taking cuttings, and making divisions all rely upon understanding plant life cycles. We'll demystify and practice with Hilary Gordon.
- Session 12**
Wednesday 11/2
EXPERT PANEL: URBAN AGRICULTURE TODAY
This evening we'll unpack local food politics and issues facing San Francisco's urban agriculture movement with a panel of incredible guest speakers.
Location TBD; This class will end at 9:00 PM
- Session 13**
Saturday 11/5
INTEGRATED PEST MANAGEMENT
Central to growing edible and ornamental plants is the task of managing pests and plant diseases. Today Maggie Marks will introduce the Integrated Pest Management (IPM) approach that we use at the GFE.
- Session 14**
Wednesday 11/9
TEACHING YOUR COMPOSTING WORKSHOP: PART I
Tonight we'll learn about teaching outdoors with Trina Lopez, using the framework of the public composting workshop you will teach upon graduation.
- Session 15**
Saturday 11/12
PRUNING
Sound pruning is vital for plant health and we'll learn how to make basic pruning cuts, as well as the principles and techniques to inform our pruning decisions with Hilary Gordon.
- Session 16**
Wednesday 11/16
TEACHING YOUR COMPOSTING WORKSHOP: PART II
Preparing to teach your public composting workshop continues, and everyone will have the opportunity to practice public speaking and receive supportive feedback.
- Session 17**
Saturday 11/19
FIELD TRIP: URBAN AGRICULTURE IN SF
Today we'll visit two local and inspiring urban agriculture sites in San Francisco. First location will be the garden at AT&T Park, second site TBD!
Meet outside Friends School, 250 Valencia Street @ 9:30 AM
- Session 18**
Wednesday 11/30
PROJECT PLANNING: YOUR SPRING 2017 PROJECT
Learn about the different possible sites for your spring service project and begin to think about where you want to complete your service hours.
- Session 19**
Saturday 12/3
PUTTING IT ALL TOGETHER
On this our final day in the garden we'll put it all together. And take the final exam! Seriously! This is one last day to get our hands dirty in the garden and check on progress in the Victory Garden.
- Session 20**
Wednesday 12/7
GET UP! GRADUATION!
Invite your friends and family to your potluck graduation celebrating you, graduates of the 20th Annual Get Up! class!