Vegetable Crops and the Region's Microclimates

All-Region List: Crops that are likely to flourish in all areas covered by the book. In inland areas, some of these crops are better grown in cooler parts of the year.

Moderate Fog List: Crops that need a bit more warmth and sunlight, so will not thrive in the foggiest areas.

Less Fog List: Crops that will produce a satisfactory harvest only in the warmest parts of the near-coastal region, or in more inland areas away from coastal influence.

Inland Microclimate List: Crops that will thrive only in warm-summer inland microclimates, away from most of the coastal influence.

All-Region List
Arctichoke
Arugula
Asparagus
Bean, scarlet runner*
Bean, fava
Beet
Bok choy
Broccoli
Cabbage
Carrot
Cauliflower
Celery
Celery
Chayote squash
Chervil
Cilantro
Florence fennel
Garlic
Greens (mustard, chard, collards, kale, etc.)
Ground cherry
Herbs, perennial
Kohlrabi
Leek
Lettuce
Onion
Parsley
Parsnip
Pea (including snap and snow peas)
Potato
Pumpkin*
Radicchio
Radish
Salsify
Spinach
Spinach, New Zealand
Squash, summer*
Squash, winter*
Sunchoke*
Sunflower*

Moderate Fog List
Amaranth*
Basil*
Bean, snap (bush and pole)*
Corn (short-season varieties)*
Cucumber*
Tomato (cherry and very short-season varieties)*
Tomatillo*

Les Fog List
Bitter melon*
Corn (most varieties)*
Eggplant (early)* (borderline)
Tomato (midseason varieties)*
Pepper (especially cool-tolerant varieties)* (borderline)
Winter melon*

Inland Microclimate List
Bean, asparagus (yard-long bean)* and black-eyed pea*
Cucumber (Asian varieties)*
Eggplant*
Jicama*
Melon*
Okra*
Pepper*
Spinach, Malabar*
Sweet potato*
Tomato (late-season varieties)*

*warm-season crop
(the rest are cool-season crops)