



A Plan for the Future of New York

MODERNIZING LONG TERM CARE SERVICES AND SUPPORTS FOR OLDER NEW YORKERS

Currently, 20 percent (3.7 million) of NYS residents are 60 years of age or older for the first time in history, and due to longer life and the aging of the baby boom generation. The "age wave" will accelerate during the next three decades. With more people living longer than ever before, the State faces both a challenge and an opportunity. By 2025, 51 counties will have 25% or more of their population over the age of 60.

New York State must have a comprehensive plan to address the millions of older New Yorkers now and the thousands that will turn age 60 over the next few years. Waiting lists for community based long term care services already exist and will only continue to grow without adequate funding and a strong infrastructure.

Our citizens who are just above the Medicaid level should not have to go without a nutritious home delivered meal, personal home care, transportation or case management as they age in place in their homes. The community based long term care services provided by the 59 county bases Area Agencies on Aging and the 1,200 community based partner organizations.

Between 2015 and 2016, local funding for aging services increased by \$25 million whereas state funding for these same services has only increased by \$3 million.

As non-profit organizations dedicated to supporting the work of the aging services network, we present the following plan.

NYS Aging Service Network

- Comprised of 59 county based Area Agencies on Aging (AAAs)
- Over 1,200 community-based partner organizations (subcontractors)
- Provides cost-effective, non-medical long-term services and supports in the homes and communities of at-risk older adults
- No Wrong Door/NY Connects statewide advertising campaign will result in a significant increase in the demand for community-based services

Aging Network Prevents Nursing Home Admissions *SOFA Community Living Program Grant results*

- 89% of 114 participants did NOT enter a nursing home during the program
- The actual monthly cost for all 114 participants was \$253,764-compared to \$788,538 if these individuals had spent down to Medicaid and either entered a nursing home or received home care.

Modernizing New York's Aging Network A \$177 million Plan for the Future of New York

NY CONNECTS - NO WRONG DOOR (NWD) SUSTAINABILITY - \$28 MILLION ANNUALLY

The federal BIP (Balancing Incentive Program) grant provides funds to expand and enhance NY Connects so that it becomes New York's No Wrong Door (NWD) for information and assistance for long term services and supports for both Medicaid and non-Medicaid individuals. The roll-out of the State's NWD has begun, but a fully functional, reliable NWD system for accessing unbiased information and assistance on long term services and supports will depend on a commitment of funding -- \$28 million annually -- by New York State.

COMMUNITY SERVICES FOR THE ELDERLY (CSE) – ADDITIONAL \$24 MILLION ANNUALLY WITHOUT LOCAL MATCH

There are over 15,000 older adults on waiting lists. Community Services for the Elderly (CSE) funds are used for a wide array of programs and services: transportation, adult day services, in-home care, and personal emergency response systems, among others. The additional \$7.5 million added over the past two years has helped reduce waiting lists and ensure older New Yorkers receive critical community based-services, but waiting lists still exist and will likely grow as a result of demand generated by both an aging population and the expansion of NY Connects/NWD.



ELDER ABUSE - \$10M ANNUALLY

The hidden crisis of elder abuse is under-recognized, under-reported and under-prosecuted. According to one New York State study, 260,000 cases of elder abuse go unreported each year, and for every one case of elder abuse reported, 23 cases are unreported. Financial exploitation is the most common form of elder abuse with only one out of 44 cases reported.

Community-based programs are on the front lines for connecting with elder abuse victims. They educate older adults about elder abuse prevention; provide social and legal services; link victims to resources, such as law enforcement and APS; work with families; help victims access public benefits; and run victim support groups.



The Rochester-based Enhanced Multi-Disciplinary Team (EMDT) model program has recovered more than \$500,000 for financial elder abuse victims - more than the previous 10 years combined. Funding to expand and sustain EMDTs throughout the State is crucial.

The NYS Office of Children and Family Services recently released (2016) a report, "***The NYS Cost of Financial Exploitation Study***." Thirty-one local Adult Protective Service agencies, Lifespan of Greater

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Rochester and the NYC Adult Protective Services unit participated in the study. The data collection included the service agency costs, public benefit costs as a result of the exploitation and actual victim losses. It is estimated that the total monetary value of assets taken from older adults within a single 12-month period are as high as **\$1.5 billion**.

NEW YORK ELDER CAREGIVER SUPPORT PROGRAM - \$25 MILLION ANNUALLY



The additional funding proposed would build on the existing Elder Caregiver Support Program and provide for enhanced services for the four million-plus family caregivers in New York State whose voluntary unpaid care is worth an estimated \$32 billion annually. The New York Elder Caregiver Support Program, offered through the State's area agencies on aging (AAAs), provides a multifaceted system of support services for informal caregivers of older adults. Among the services offered are: respite (a top workforce issue), with home care and adult day care; one-on-one counseling; support groups; training; and education through public presentations at the community level.

TARGETED EISEP - \$25 MILLION ANNUALLY WITHOUT LOCAL MATCH

The Targeted Expanded In-home Services for the Elderly Program (TEP) will build on the successful EISEP system and provide communities with enhanced tools to divert nursing home placement through intensive case management, additional home care, community-based services and maximization of family supports, targeting older New Yorkers who are at imminent risk of Medicaid spend-down and nursing home placement.

HOME CARE WORKER SHORTAGE

Older consumers on waiting lists are due to a lack of adequate funding to the network of area agencies on aging and their subcontracted licensed home care providers. In addition, these agencies are challenged by the home care worker shortage. In a recent survey of Association on Aging in New York members there were approximately **over 1,000 individuals, approved and waiting for over 6,507 hours** of in home personal care services. **These consumers were unable to be served due to funding challenges and workforce shortage issues by the personal care service agencies.**



TRANSPORTATION - \$2.5 MILLION ANNUALLY

In order to achieve the state's goals of proper discharge planning, care transitions, reduction of hospital readmissions, and population health; it is important seniors are able to get to their medical appointments. Waiting lists for transportation have increased dramatically over the past year. In addition, there are maintenance and operation needs on existing vehicles. As we look towards the

future, there are also many innovative transportation and mobility models that could be explored by localities. Many AAA and nonprofit aging network partners utilize a volunteer based assisted transportation program while others have incorporated a system of paid drivers and mobility managers. Adequate funding is needed to expand and enhance these existing systems and ensure they are able serve the growing demand for rides for older New Yorkers.

AGING SERVICES WORKFORCE INVESTMENT - \$35 MILLION OVER 2-3 YEARS

New York State's aging services network has historically relied on volunteers to deliver its Health Insurance Information Counseling Assistance Program, Long Term Care Ombudsmen Program and Home Delivered Meals program. While volunteers are and will always be critically important to the aging network service delivery system, volunteers cannot be a substitute for professional staff. The aging services workforce needs to be strengthened and expanded.

EXPAND POOL OF CASE MANAGERS STATEWIDE BY 500 OVER 2-3 YEARS - \$35 MILLION



In addition, 700 senior centers across NYS provide integral health and wellness programs, such as evidenced-based preventative health programs, but these centers lack funding support from the Federal and State governments. They need funding to sustain and enhance their staffing and programs as well as strengthen their infrastructure to serve the increased needs – and numbers – of older New Yorkers.

Individuals receiving services through the aging network are assessed to determine a care plan and cost sharing. With a shift in demographics from young to old, and a concentration on data analysis, area agencies on aging will require a new and expanded pool of case managers and Licensed Master Social Worker (LMSW) professionals.

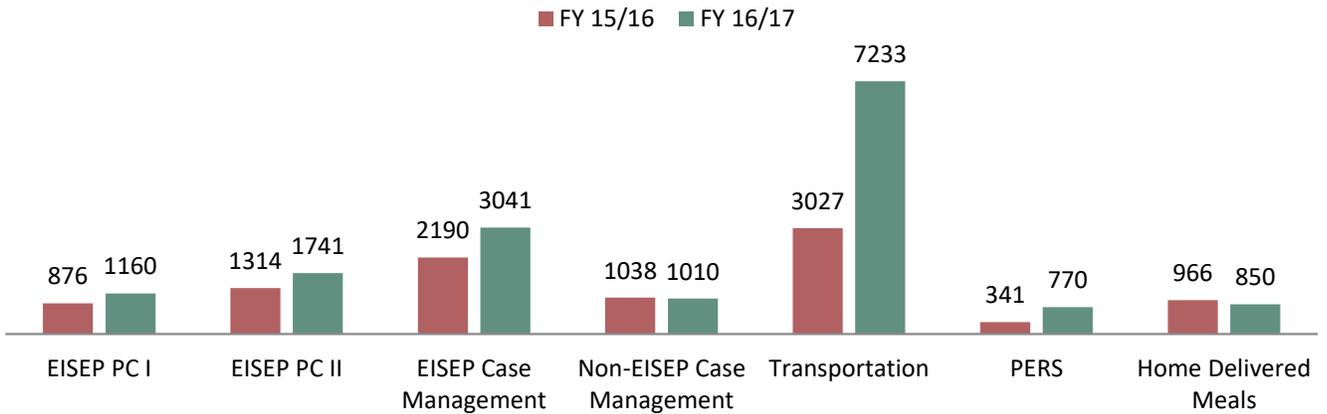
TECHNOLOGY UPGRADES - \$1 MILLION ANNUALLY

The aging network's IT systems are aging and in need of software and technology upgrades. State-of-the-art program management software should be utilized throughout the aging services network in order to increase efficiency and better coordinate services.

NETWORK STAFF CORE COMPETENCIES TRAINING - \$500,000 ANNUALLY

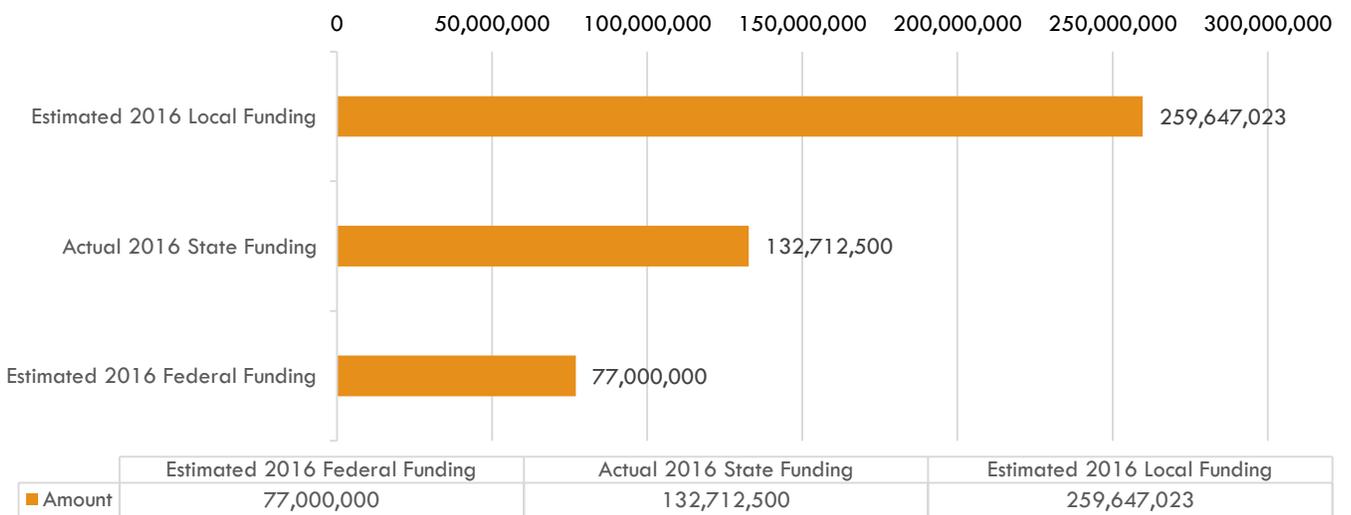
To support a growing number of older adults, caregivers and persons of all ages with disabilities, ensuring that the aging services network meets basic core competencies is a priority. These funds will help to develop a comprehensive core competencies training program for those working in the network.

No. of Older New Yorkers on Wait-Lists for Services



Source: AAA Reported to the Association on Aging in New York

NYSOFA Administered Funds by Funding Source



Source: New York State Office for Aging

FOR ADDITIONAL INFORMATION:

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