

Sample Myers-Briggs Type Indicator® Workshop Schedule

Before the workshop

Participants will receive a personalized link to take the MBTI® instrument at least two weeks before the engagement.

Room set-up

The workshop will take place in a space where participants are seated at tables, with ample room to move around for activities that require standing/walking. The space must support a PowerPoint presentation. No technology is required for individual participants.

Schedule

9:30-9:45am	Introduction and Objectives <ul style="list-style-type: none"> → To understand and support each other and their clients better in their work → To appreciate the different gifts each person brings → To communicate more effectively with all constituents
9:45-10:45am	Presentation by facilitator (PowerPoint) <ul style="list-style-type: none"> → Provide background/context of the MBTI® instrument → Define the term <i>preference</i> as used by the MBTI® instrument → Define the four sets of opposites and two preferences in each
10:45-11:00am	Return individual assessment results and verify type (in group setting)
11:00-11:15am	Break (participants may also use this time to read their MBTI® report more fully and ask facilitator questions about their “best-fit” type)
11:15am-12:15pm	Apply type information to the team and stated objectives <ul style="list-style-type: none"> → Discussion of team type distribution, strengths/blind spots → “Living Type Table” activity
12:15-1:15pm	LUNCH: Participants provide their own lunch
1:15-2:15pm	Apply type information to the team and stated objectives, cont’d <ul style="list-style-type: none"> → Activities that highlight preferences most relevant to team → Create action plans for applying type awareness
2:15-2:30pm	Review and closing