DVS Allergen and Sensitivities Guide

Guests with severe allergies, please note: Despite precautions, total allergen isolation cannot be guaranteed. Our kitchen uses shared equipment, utensils and fryer oil. Gluten Free (GF) and Soy Free (SF) options are noted within our menu. We use organic canola, coconut, olive oil and sesame oils in our dishes.
***The following dishes may be requested oil free: Steamed Kale, Sesame Broccoli, Seitan Peppersteak

MENU ITEM	Soy Free	Gluten Free	Onions & Garlic Free	Tomato Free	Oil Free	Corn Free	Nut Free (we only use almond milk)
Starters							
Spring Rolls	X					X	X
Black-eyed Pea hummus	X			X		X	X
Cornbread Muffins			X	X	X		
Yam Chip Fry Basket	X	X		X		X	X
Red Skin Potato Fry Basket	X	X		X		X	X
Southern Fried Tofu				X		X	
Soups & Salads							
Cesar Chavez Salad				X	X	X	
Community Garden Salad	X	X		X		X	X
Sesame Kale Salad	X	X				X	X
Okra Stew	X	X				X	X
Sandwiches & Wraps							
DVS Burger	X	X				X	X
BBQ Tofu Sandwich						X	
"Catfish" Tofu Sandwich						X	
DVS Breakfast Sandwich						X	X
Grilled Tempeh Wrap						X	X
Southern Fried Tofu Wrap						X	
Coconut BLT Wrap	X		X			X	X
Scrambled Tofu Wrap						X	X
Main Courses							
Soul Platter		w/o bread					X
Seitan Peppersteak	X			X		X	X
BBQ Tofu Meal		X		X			
Smothered Tempeh Meal		X		X		X	
"Catfish" Tofu Meal		X		X			
Sides							
Collard Greens	X	X			X	X	X
Cole Slaw	X	X		X	X	X	
Mashed Potatoes		X		X	X	X	X
Sesame Broccoli	(at request)	X		X		X	X
Steamed Kale	(at request)	X	X	X		X	X
Potato Salad		X		X	X	X	X
Candied Yams	X	X	X	X	X	X	X
Beans & Rice	X	X		X	X	X	X
Mac-n-Cheese		X		X	X	X	X
"Catfish" Tofu		X		X		X	
BBQ Tofu		X		X		X	X
Seitan Peppersteak	X			X		X	X
Smothered Tempeh		X		X		X	
MENU ITEM	Soy	Gluten	Onions & Garlic	Tomato	Oil	Corn	Nuts (we use almond milk)
Brunch							
Homestyle Breakfast						X	X
"Catfish" Tofu & Grits		X		X			

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Tofu Scramble with toast						X	X
Tofu Scramble in wrap		(at request)				X	X
DVS Breakfast Sandwich						X	X
Sweet Potato Stacks			X	X		X	X
Classic Oatmeal	X	X	X	X	X	X	X
Southern Fried Tofu & Waffles				X		X	
Biscuits & Gravy				X	X	X	X
Granola and Fruit Parfait	X	X	X	X	X	X	X