2019 ANNUAL MEETING & FALL PEDIATRIC UPDATE

September 27 - 29, 2019
Hyatt Regency Birmingham - The Wynfrey Hotel

Susan Walley, MD, FAAP
CME Chair
Friday September 27

**Practice Management Association (PMA) Annual Meeting**

- 7:30 a.m. - 8:00 a.m.  Registration and Continental Breakfast
- 8:00 a.m. - 9:00 a.m.  2019 PMA Annual Meeting and Executive Committee Elections—Christopher Byrd, PMA Chair
- 9:00 a.m. - 9:10 a.m.  Break & Transition to Practice Management Workshop

**Practice Management Workshop** (open to practice managers/staff and pediatricians)

—Sponsored by the AL-AAP Practice Management Association

8:30 a.m. – 1:00 p.m.  Registration
9:10 a.m. – 10:00 a.m.  Are We Having Fun Yet? —Gary Huckaby, PhD, Huckaby Consulting Group, LLC
10:00 a.m. – 11:00 a.m.  Top 10 Things You Can Do to Increase Your HIPAA Data Security Protections—Jennifer VanderWier, F1 Solutions
11:00 a.m. – 11:45 a.m.  Patient Satisfaction- Patient Surveys and Dealing with Angry Patients—Tammie Lunceford, Warren Averett, LLC
11:45 a.m. – 12:00 p.m.  Break
12:00 p.m. – 12:45 p.m.  Lunch & Session: The Scribe Paradox: Work Less and Earn More—Katrina Skinner, MD, FAAP
12:45 p.m. – 1:45 p.m.  Effective Patient Recall Strategies—Chip Hart, PCC Pediatric Solutions Consulting Group
1:45 p.m. – 2:45 p.m.  Medical Home Renovation: Better Care, Less Stress—Suzanne Berman, MD, FAAP
2:45 p.m. – 3:00 p.m.  Break

**Practice Management Workshop Designation**

Children’s of Alabama designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Practice Management Workshop Accreditation**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children’s of Alabama and the Alabama Chapter-AAP. Children’s of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

**Practice Management Workshop Learning Objectives**

Upon completion of this live activity, a participant will be able to:

- Describe the role that reinforcement plays in shaping culture and leadership style
- Discuss the choice he/she has in his/her own attitude as either a thermometer or thermostat and how this affects the people and culture around him/her
- Describe the role of humor and perspective as powerful tools in changing the world around us
- Discuss why data security is important to a practice
- Describe meaningful changes that he/she can make on a budget
- List the top ten things that can be done to increase his/her practice’s data security posture
- Discuss how technology can assist in communicating more effectively and improving patient/parent relationships
- Discuss how to improve efficiency and timeliness of services
- Describe how to use patient surveys to change negative aspects of practice and monitor new processes
- List tips on dealing with angry patients in order to improve relationships
- Describe the role of a scribe in the pediatric clinic setting and how to implement a new workflow
- Evaluate the business case for using scribes in the pediatric office
- Discuss how scribes improve efficiency of the medical home model.
- Recognize the importance of patient recall and the present state of low performance exhibited in most practices
- Design a practice recall process to improve preventive care response
- Assess the impact of an improved patient recall strategy on a clinical and financial level
- Assess whether his/her policies and procedures may be unwittingly impeding patient access to the practice
- Consider strategies to improve relationships in his/her medical neighborhood
- Devise improvements to his/her practice’s care coordination workflow.

**Loss Prevention Seminar**  (separate CME provided by ProAssurance - more details will be sent later)

—Sponsored by ProAssurance Indemnity, AL-AAP Pediatric Partner

3:00 p.m. – 5:00 p.m.  Out of Bounds: Previous Claims Under Review—Brandy Boone, JD, Senior Risk Resource Advisor; George Newton, JD, Starnes Davis Florie, LLC

Attendees will hear liability concerns of personally and professionally stepping out of bounds, and learn ways to help them “stay in the game.”

**Physicians**: Participation in this loss prevention seminar may qualify you for premium credit if you are in attendance for the full two-hour program and are insured by ProAssurance. Questions regarding any applicable premium discounts should be directed to ProAssurance. You may call 800-282-6242 and ask for your Policyholder Services Representative or Policy Specialist.

**Registration and Reception in the Exhibits**

5:00 p.m. - 6:30 p.m.  Featuring an Oktoberfest celebration!

**Special ACES Movie Screening: RESILIENCE: THE BIOLOGY OF STRESS AND THE SCIENCE OF HOPE**

6:30 p.m. - 7:30 p.m.  Chronicles the promising beginnings of a national movement to prevent childhood trauma and treat toxic stress
Saturday September 28

7:00 a.m. – 8:00 a.m.  Registration
7:15 a.m. – 8:00 a.m.  Breakfast in the Exhibit Hall
8:00 a.m. – 9:00 a.m.  Putting Your Trauma Lens On—Heather Forkey, MD, FAAP
9:00 a.m. – 10:00 a.m.  Panel Discussion: ACEs Screening and Intervention Strategies for the Practicing Pediatrician: T.I.P.P.s from the Field—Elizabeth Dawson, MD, FAAP; Heather Forkey, MD, FAAP; Erica Kierce, DNP; Sallye Longshore
10:00 a.m. – 10:30 a.m.  Refreshment Break in the Exhibit Hall
10:30 a.m. – 11:30 a.m.  The Bridge Between Pediatricians and School Nurses in Alabama—Katrina Trammell, MD, FAAP
11:30 a.m. – 12:30 p.m.  Luncheon/INDUSTRY-SPONSORED SYMPOSIUM: Newborn Nursery & Pediatric Care for Opioid Exposed Infants (not part of Chapter CME program) - sponsored by Mead Johnson
12:30 p.m. – 1:00 p.m.  Strolling Dessert in the Exhibit Hall
1:00 p.m. – 1:30 p.m.  Exhibit breakdown
1:00 p.m. – 1:45 p.m.  The Business Case for EPSDTs—Suzanne Berman, MD, FAAP
1:45 p.m. – 2:30 p.m.  The Five Biggest Business Mistakes Pediatricians Make—Chip Hart
2:30 p.m. – 3:00 p.m.  Child and Adolescent Health in Alabama: A Public-Private Partnership—Scott Harris, MD
3:00 p.m. – 4:00 p.m.  Chapter Annual Meeting/Reports (non-CME)—Chapter Leadership
4:00 p.m. – 5:00 p.m.  Tobacco in the 21st Century: E-Cigarettes, Vape, and JUUL—Susan Walley, MD, FAAP
6:30 p.m. – 7:00 p.m.  Reception Hosted by Children’s of Alabama
7:00 p.m. – 9:00 p.m.  Dinner Hosted by Children’s of Alabama

Sunday September 29

8:00 a.m. – 9:00 a.m.  Strategies for Talking with Vaccine-Hesitant Parents—Sean O’Leary, MD, MPH, FAAP
9:00 a.m. – 10:00 a.m.  Hey CHAMP, What’s a Pediatrician Supposed to do About Headaches?—Scott Turner, DNP
10:00 a.m. – 11:00 a.m.  Vaccine Safety: Separating Myth from Reality—Sean O’Leary, MD, MPH, FAAP
11:00 a.m. – 12:00 p.m.  Ankyglossia and the Role of Frenulotomy in Children—Brian Wiatrak, MD, FACS, FAAP

Speakers

Practice Management Workshop (Friday):
Suzanne Berman, MD, FAAP, Clinical Faculty, Vanderbilt Children’s Hospital; Assistant Medical Director, Office Practicum, Nashville, TN
Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winooski, VT
Gary Huckaby, PhD, President, Huckaby Consulting Group, Huntsville, AL
Tammie Lunceford, Consultant, Warren Averett, Birmingham, AL
Katrina Skinner, MD, FAAP, Pediatrician, Fairhope Pediatrics, Fairhope, AL
Jennifer VanderWier, CISA, President, F1 Solutions, Huntsville, AL

Main CME Meeting (Saturday & Sunday):
Suzanne Berman, MD, FAAP, Clinical Faculty, Vanderbilt Children’s Hospital; Assistant Medical Director, Office Practicum, Nashville
Elizabeth Dawson, MD, FAAP, Pediatrician, Charles Henderson Child Health Center, Troy, AL
Heather C. Forkey, MD, FAAP, Chief, Child Protection Program (CPP), Director, Foster Children Evaluation Service, (FaCES), Associate Professor of Pediatrics, Joy McCann Professor of Women in Medicine, UMass Memorial Children’s Medical Center, UMass Medical School, Worcester, MA

Scott Harris, MD, State Health Officer, Alabama Department of Public Health, Montgomery, AL
Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winooski, VT
Erica Kierce, DNP, PMHNP, PMHS, Psychiatric Mental-Health Nurse Practitioner, Pediatric Mental-Health Specialist, and Assistant Clinical Professor, Auburn University School of Nursing, Auburn, AL
Sallye Longshore, Director, Alabama Department of Child Abuse and Neglect Prevention, Montgomery, AL
Sean O’Leary, MD, MPH, FAAP, Associate Professor of Pediatrics, University of Colorado Anschutz Medical Campus/Children’s Hospital Colorado, Aurora, CO
Katrina Trammell, MD, FAAP, Assistant Professor, Department of Pediatrics, University of South Alabama, Children’s and Women’s Hospital, Mobile, AL
Scott Turner, DNP, Associate Professor of Pediatrics, University of Alabama at Birmingham, Birmingham, AL
Susan Walley, MD, FAAP, Professor of Pediatrics, University of Alabama at Birmingham & Pediatric Hospitalist, Children’s of Alabama, Birmingham, AL
Brian Wiatrak, MD, FACS, FAAP, Clinical Professor, Surgery & Pediatrics, Co-Director, Aerodigestive Program, Children’s of Alabama, Birmingham, AL
**Topics & Learning Objectives**

Upon completion of this live activity, the participant will be able to:

**The Business Case for EPSDTs**
- Identify financial and clinical reasons of why a focus on well visits benefits your practice and your clinicians
- Review strategies to increase his/her well child visit numbers

**The Five Biggest Business Mistakes Pediatricians Make**
- Evaluate the impact of common business mistakes on his/her practice
- Formulate an effective response or change to the practice to address the mistakes
- Analyze the changes for continued improvement to the practice and quality of care

**Child and Adolescent Health in Alabama: A Public-Private Partnership**
- Discuss the 2020 strategic priorities for child health outlined in the Title V – MCH Block Grant
- Describe how Alabama pediatricians can collaborate with the Alabama Department of Public Health (ADPH) on child and adolescent health priorities.
- Discuss how Alabama pediatricians can participate in the Title V – MCH Block Grant statewide needs assessment

**The Bridge Between Pediatricians and School Nurses in Alabama**
- Discuss established best practices to improve school nurse-pediatrician/family physician communication in Alabama
- Describe the role of the school nurse in Alabama in caring for children at school
- List ways to incorporate the school nurse into the medical home model
- List educational topics that Alabama pediatricians can help facilitate/adapt for use in Alabama schools

**Putting Your Trauma Lens On**
- Define the three characteristics of a caregiving relationship necessary for healthy attachment
- Recognize the most common symptoms of trauma in children
- Identify seven resilience skills that should be supported in children
- Formulate a strategy to respond to children who present with trauma symptoms

**ACEs Screening and Intervention Strategies for the Practicing Pediatrician: T.I.P.P.s from the Field**
- List different screening tools and strategies to implement screening
- Discuss what pediatricians, providers, and staff can do to start to address toxic stress of childhood with kids and families
- Describe how to become more trauma-informed quickly and efficiently
- Discuss barriers to screening and intervention and learn strategies to overcome barriers

**Tobacco in the 21st Century: E-Cigarettes, Vape, and Juul**
- Provide an overview of electronic cigarettes/vape devices
- Review the scientific evidence of the health effects of electronic cigarettes
- Discuss the public health impact of electronic cigarettes
- Review current recommendations for addressing youth electronic cigarette use and exposure in clinical practice

**Strategies for Talking with Vaccine-Hesitant Parents**
- Apply new knowledge to use in discussions with vaccine-hesitant parents
- Describe the architecture of vaccine conversations with parents in order to promote more effective and efficient communication.

**Hey CHAMP, What’s a Pediatrician Supposed to do About Headaches?**
- Identify three situations in which neuroimaging is clearly indicated (always recommended)
- Describe why and how pediatric headache disability should be assessed
- Develop a Migraine Action Plan, including a headache diagnosis and evidence-based prevention and acute treatment strategies based on a clinical scenario

**Vaccine Safety: Separating Myth from Reality**
- Describe vaccine safety surveillance mechanisms in the United States
- Differentiate fact from fiction regarding vaccine-adverse events

**Ankyglossia and the Role of Frenulotomy in Children**
- Recognize the symptoms of ankyloglossia in children
- Describe the indications for lingual frenulotomy in children

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**Designation**
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**Accreditation**
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Registration for all activities

Online registration is available (preferred) at www.alaaap.org, with credit cards accepted securely via Stripe. Or, complete the form below to register and enclose check made payable to: Alabama Chapter-AAP or enter credit card information.

First Name:____________________________________________ Last Name:_________________________________________
(As you would like it to appear on nametag)

☑ One:  □ MD  □ DO  □ RN  □ CRNP  □ Practice Mgr  □ Other  Day Phone #: (__________)___________________________

Full Mailing Address:_______________________________________________________________________________________

E-mail address (required):___________________________________________________________________________________

Spouse/Guest Name for Nametag :___________________________________________________________________________

RECEPTION AND DINNER SATURDAY EVENING (PLEASE COMPLETE IF REGISTERING FOR ANNUAL MEETING)
Attending Saturday Reception/Dinner?  ☐ Yes  ☐ No  My spouse/guest (one only) will attend with me.  ☐ Yes  ☐ No

PRE-REGISTRATION IS REQUIRED FOR ALL ACTIVITIES; CHECK ALL THAT APPLY BELOW.

FRIDAY

PMA ANNUAL MEETING (PMA members only)  ☐ $  0

PMA PRACTICE MANAGEMENT WORKSHOP Fee covers Fri. CME workshop, lunch, & Fri. pm reception.  Select one:
  Chapter Member or PMA Member/Practice Representative  ☐ $135
  Non-Chapter Members or Non-PMA Practice Manager  ☐ $200 *

PROASSURANCE LOSS PREVENTION SEMINAR  ☐ $  0

SATURDAY/SUNDAY

ANNUAL MEETING (ENTIRE PROGRAMMING ON SATURDAY AND SUNDAY)  Select one:
Fee covers one for Fri. reception, meals/breaks, CME credit, & Sat. reception/dinner for self & guest
  Chapter Members - early bird (before September 6, 2019)  ☐ $345
  Chapter Members (after September 6, 2019)  ☐ $395
  Non-Chapter Member Physicians  ☐ $500
  Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, or Nurse  ☐ $225
  NP/PA Non-Member of AL-AAP (includes Affiliate AL-AAP membership, a $40 savings!)  ☐ $300
  Pediatric Resident  ☐ (waived, value of $345)

Please consider adding a tax-deductible donation to Reach Out and Read-AI:
  ☐ $50  ☐ $100  ☐ $250  ☐ $500  ☐ Other $_________

GRAND TOTAL (sum of all fees/donations)  Enter total here:  $_________

☐ Check enclosed (made payable to Alabama Chapter-AAP)
☐ Charge my credit card (circle one):  VISA  MC  AMEX  DISC  Card #________________________________________
Expiration Date: ___/___ Name on Card:__________________________Authorized Signature:__________________________

*For non-PMA practice managers, this fee will include your 2019-2020 membership!
Hotel Reservations

A block of rooms is being held for our group at the Hyatt Regency Birmingham – The Wynfrey Hotel, at a special rate of $145 until August 30. After that date, we cannot guarantee availability of rooms at our group rate. PLEASE USE GROUP CODE GG GG-- --2APP 2APP 2APP 2APP when making reservations; call 800-233-1234; 205-987-1600, or go online at https://bit.ly/31Nbxru.

Special Showing of Resilience

The Alabama Chapter-AAP is very excited to host a screening of the movie, Resilience: The Biology of Stress and the Science of Hope on Friday night, September 27 from 6:30 p.m. - 7:30 p.m. in the movie theater of the adjoining office building. The screening will provide an opportunity to discuss the science of how stress affects our health and well-being, and how we can work together to combat Adverse Childhood Experiences. The screening will serve as a prelude to our Saturday exploration of ACES in our CME program.

Other Information

- Hotel Reservations
  - A block of rooms is being held for our group at the Hyatt Regency Birmingham – The Wynfrey Hotel, at a special rate of $145 until August 30. After that date, we cannot guarantee availability of rooms at our group rate. PLEASE USE GROUP CODE GG GG-- --2APP 2APP 2APP 2APP when making reservations; call 800-233-1234; 205-987-1600, or go online at https://bit.ly/31Nbxru.

Other Information

- The charge for self-parking at the hotel is $12 per day. There is no charge for parking in the adjacent mall lots.

- Dress for educational sessions is business/business casual. Meeting room temperatures can vary, so please bring a sweater or jacket.

Annual Meeting

Registration Packet

Hotel Deadline is August 30!