

THE HOLY SPIRIT

Part w – The “Helper”

Trinity Groups Guide – May 27, 2018

Review It

The Holy Spirit speaks in a life-giving, refreshing inner voice. His voice never condemns or rejects you. As you come to know His voice you'll discover you have an ever-present friend...the truest friend you've ever known. He is the banisher of loneliness and fear; the comforter of a broken heart; the cure for insomnia; the enabler of supernatural confidence; and the convincer to change.

To develop an intimate relationship with the Holy Spirit, acknowledge that you're not alone by praying, “Holy Spirit, You are here and I’m listening.” Invite Him, first, to show you what needs attention in your life. Then pray, “Holy Spirit, come set me free.” Ask Him to change you on the inside and set you free from whatever is holding you back. Finally, pray, “Holy Spirit, I ask You to fill me.” As you are filled with the Holy Spirit, He will enable you to be better than you can ever be on your own.

Talk About It

1. What stuck out to you from this week’s message about who the Holy Spirit is and how he can help you? How is your relationship and understanding of the Holy Spirit changing?
2. When you think of the Holy Spirit, what words come to mind to describe Him? Describe how an intimate relationship with the Holy Spirit impacts your daily life.
3. Think about the statement “I’m not where I want to be, but I am not where I used to be.” Is this true for you? Share how you have changed spiritually in the past year and what keeps you growing. How is the Holy Spirit helping you?
4. As you conclude your time, pray together and invite the Holy Spirit to come and fill each one of you. If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!”

Think About It

Take time this week to memorize 2 Corinthians 13:14, MSG: *The amazing grace of the Master, Jesus Christ, the extravagant love of God, the intimate friendship of the Holy Spirit, be with all of you.*

Act On It

This week, work on your friendship with the Holy Spirit. Acknowledge His presence with you everywhere you go. Invite Him into your daily life and listen for the voice of the Holy Spirit. Tell Him

you are listening and welcome His guidance. Take a step forward in your spiritual journey based on His guidance. Spend time in God's word and pray every day this week.

Pray About It

This week, pray using (Psalm 139:23-24, NLT).

“Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.”

1. “Holy Spirit, You are here and I’m listening.”
2. “Holy Spirit, come set me free.”
3. “Holy Spirit, I ask You to fill me.”